

# The REGISTER FORUM

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CAMBRIDGE RINDGE AND LATIN SCHOOL

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From top: Alicia Stewart shares experiences and answers questions from the group; J2 and SJ students practice with the equipment in the studio.

Photo Credit (both pictures): Steven Matteo

## Nieman Fellow Visits Media Arts Studio, Shares Insights with Students

By  
Tomek Maciak  
Register Forum Editor

On November 5th, students from CRLS' Journalism 2 (J2) class joined forces with the Sports Journalism (SJ) class in the Media Arts Studio to conduct and record a live-to-tape interview.

The interview, orchestrated by Media Arts instructor Ms. Brisk, was with Alicia Stewart, a Harvard University Nieman Fellow who previously worked at CNN as an editor and also at PBS and NBC. The Nieman Fellowship is a Harvard program which seeks to foster the talents of mid-career journalists. Stewart has focused her work on bringing attention to groups of people who she feels have been undercovered by the news community.

The SJ class quickly in-

troduced the J2 students to the set on which the interview was to be conducted, and also explained the many tasks which need to be done simultaneously in order to film a successful interview.

While the interview was being conducted, the remaining students had plenty to do. SJ students had a variety of tasks, from setting up the microphones to operating the cameras and monitoring the sound and light levels. Although the SJ students performed these tasks, toward the conclusion of the interview the prepped J2 class took over certain roles.

Stewart ended on a message to aspiring journalists, saying that an important part of being a reporter is "knowing what your story is, knowing why you're interested and [what] you're interested in, and being able to communicate that to people."

## Euthanasia Used in Oregon, Debate Over Morality of Death

By  
Sophia Nikolayev  
Register Forum Correspondent

Brittany Maynard, a euthanasia activist, was suffering from an aggressive malignant brain tumor and died in Oregon from taking lethal drugs prescribed by a doctor. She and her husband moved to Oregon earlier in 2014 due to the state's Death with Dignity law, which permits the use of euthanasia.

Euthanasia is the practice of ending a life prematurely in order to cease pain and suffering and is typically performed when a person has a terminal illness. The process is commonly known as "mercy killing" and is legal in Belgium, the Netherlands and Luxemburg. It is also legal in Oregon, Washington and Montana.

Passive euthanasia is carried out by terminating a medication that is keeping a patient alive or not performing a life-saving procedure. Active euthanasia involves the administration of a lethal drug or otherwise actively ending the life.

Maynard died on November 1st, as she had intended. In her final message, she wrote: "The world is a beautiful place, travel has been my greatest teacher, my close friends and folks are the greatest givers. I even have a ring of support around my bed as I type. Goodbye... Spread good

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## The Benefits and Drawbacks of Stress

By  
Stella Yeung  
Register Forum Editor

Stress -- a hindrance to all thinkers and creators in the world, but also an unappreciated driving force and a natural fight-or-flight defense mechanism. The implementation of deadlines for favors, papers, and projects pressures people into time constraints that actually improve working abilities. A recently conducted survey of 53 responses, from a diverse pool of students, revealed that CRLS students suffer from a great deal of stress, particularly from school, work, and family. However, the cause and effects of stress still

vary from person to person.

Some students find relief in unique hobbies that are specific to their interests. Junior Aida Muratoglu says, "Journaling is a main source of stress relief for me; for some reason, collaging always, always makes me feel

of heart disease, and high blood pressure, or cause everyday pains like headaches, stomachaches, and diarrhea.

Stress does not always have to be surrounded by negative connotations. Learning Community C psychologist Robin Sperling, when asked about his thoughts on stress, responded, "Stress can be good because it can motivate us to change, perform, or re-evaluate our current conditions."

When asked how students deal with stress, the majority -- 37 out of 53 responses -- admitted sleeping was a major distraction from stress. Eating and exercising came in

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How CRLS Students Deal with Stress

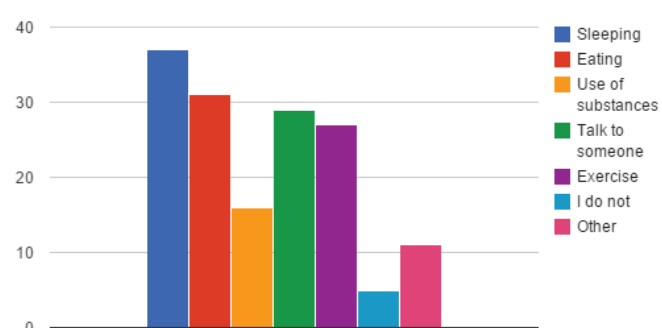


Photo Credit: Stella Yeung

better."

Although stress originates in the mind, its effects take a toll on physiological aspects of the body through graying hairs, breakouts, and more. Stress may also increase the risk

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There's a perception that men don't care about feminism. How about male students at CRLS?

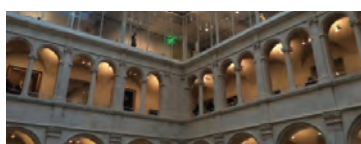
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### FANTASY

Fantasy football seems to rise in popularity every year, especially at CRLS. What's the draw?

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# FOCRLS Continues Helping Rindge

## Organization Offers Opportunities for Success

By  
Hugh Dougherty  
Register Forum Editor

This fall, Friends of CRLS is celebrating 8 years with over \$400,000 in collected donations. Friends of Cambridge Rindge and Latin School, or FOCRLS, is a 501(c)(3) non-profit organization started by two CRLS parents, Elaine Schear and Donna Spiegelman, in December 2006 to develop, support, and enrich the academic and social programs at CRLS and to support the alumni of CRLS and its predecessor schools.

The mission of FOCRLS is to create and fund new opportunities and resources for all CRLS students. They do this by providing funds to create opportunities for CRLS students who achieve academically.

FOCRLS provides travel fellowships to help students attend school trips, like past trips including a

service trip to El Salvador and a Model UN trip to New York City. This year’s travel fellowships include a trip to the Galapagos Islands and a math and science trip to London.

In addition to scholarships, FOCRLS has programs that help students achieve. Included in those programs is the “College Success Program,” a program for first generation college students and pro-

vided program enrichment for school clubs, such as robotics, and a master workshop for students in a CRLS a cappella group.

The FOCRLS “Faculty Distinction Awards Program” provides all CRLS seniors the opportunity to nominate a teacher or staff member who has made an impact on them throughout their four years of high school. This is made possible through the FOCRLS Faculty Distinction Awards Program.

Friends of Cambridge Rindge and Latin School is a strong organiza-

*The mission of FOCRLS is to create and fund new opportunities... for all CRLS students.*

viding college oriented test prep, counseling, and scholarships.

Each year, FOCRLS strives to provide the faculty of CRLS with financial grants and personal recognition. In 2007, Friends of CRLS launched their flagship “Faculty Innovation Grants” program. This program has funded approximately 139 Faculty Innovation projects that have

tion that has many opportunities for CRLS students who apply for them. For students interested in a “travel fellowship” or any other type of scholarship that FOCRLS provides, please visit [www.focrls.org](http://www.focrls.org). In addition, keep your eyes out for a Scholarship Booklet coming in February 2015. As the president and a founder of FOCRLS Elaine Schear would say, “Apply! Apply!”

# Students Debate Merit of Dress Code

By  
Desiree Campbell  
Register Forum Editor

Short shorts, low-cut tops, showing underwear, and crop tops are just a few of the dress code violations here at CRLS. But is the dress code gender biased? How well is it enforced? How is it interpreted? These are all questions that were investigated in a recent survey conducted at CRLS.

Over the years there has been a lot of debate among the students about whether or not the dress code is necessary. A student might go all day with a dress code violation and not get called out until fourth period, another student could go all day without any punishment, or a student could be asked to change as soon as they step in the building. According to the CRLS handbook, “Clothing will be deemed inappropriate if it is disturbing to other students or in any way interferes with the educational process.”

After surveying about 50 CRLS students, many were quick to name their concerns about this policy. Senior Isabel Goldstein states, “It’s sexist. I didn’t know a leg could be ‘disturbing to other students’ and ‘interfere with the educational process.’”

Perhaps it could be interpreted in many different ways. Junior Victor Nunes has a different take on the issue. He claims, “Due to the way society

survey of 50 CRLS students, 20% of girls said that at one point they were either sent home because of what they were wearing or asked to change, but only 7% of males had the same experience.

When asked if he thinks the dress code is fair junior Nabi Tall said simply, “No it targets girls.” On the other hand, Victor Nunes adds, “I do think the dress code is fair, however it is not enforced properly.”

This idea of enforcement sparks more controversy among the community. 70% of students say only some faculty members enforce the dress code, 18% said they don’t enforce it well at all, and 12% say it is enforced very well. Whether students are familiar with the dress code or not, the issue is not as simple as it seems.

Time will tell whether there will be any enhancements or changes to the overall dress policy, but for now it will continue to be the standard protocol here at CRLS.

*“However, there should be a limit as to how far the boundaries can be pushed.”*

is today, people are free to express themselves by dressing as they please and feel comfortable with themselves. However, there should be a limit as to how far the boundaries can be pushed.” It’s questionable whether limits can or should be pushed and if so to what extent.

Furthermore, many students have claimed that the dress code is targeted towards girls. In a recent

# CRLS RESPONDS:

What’s your favorite thing about Thanksgiving?



**Traevon Mosely**  
Class of 2018

*“Spending time with my family.”*

**Cesar Neves**  
Class of 2017



*“Sleeping in, and the delectable turkey.”*



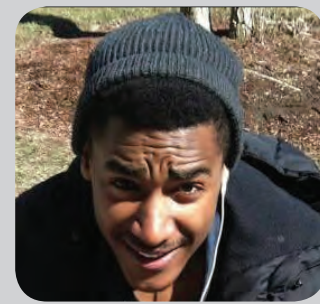
**Bella Fix**  
Class of 2016

*“I like how it’s an introduction to the Christmas season.”*

**James Kubicek**  
Class of 2018



*“It’s the first real break [of school]. Also football...”*



**Marquis Taylor**  
Class of 2015

*“The insane amounts of food, and all of the family members.”*

**Donald Labraico**  
Class of 2016



*“The football! And the grubbing!”*



**Veronica Santos Puim**  
Class of 2016

*“The best part is that it forces you to think about what you’re thankful for.”*



# Fashion At CRLS: Who, What, Why?

By  
Daniel Walsh  
*Register Forum Editor*

Walking through Rindge hallways, one can see a plethora of fashion styles. CRLS is home to Vineyard Vines, Polo button downs, and boat shoes. There are flashy Air Jordans topped off with jeans and a bright hoodie. Home to leather jackets, skin tight jeans, and spiky boots, CRLS even has the occasional slacker who pretty much came to school in what they slept in the previous night. By the amazing array of dressers in the student body, it is clear that there is no prevalent “style” that rules Rindge -- but is there a widespread mentality about the way that students dress?

There was a clear division in responses to the question: “do you care what others think about the way you dress?” CRLS houses both sides of the spectrum. The majority of students (57%) care about others’ opinions of their stylistic choices. Part of the minority is senior Miles

Bigelow, who said, “I don’t care if people don’t like what I wear. I know what I think looks good and that’s all that I care about.” Interestingly, the students who answered similarly to Miles were more likely to think that their style was unique at Rindge. Out of 100 students, 35 claimed that they had a signature style.

According to the results, there is certainly a pattern in which students draw influence in the way they dress. Most students cited themselves as their biggest influence, while the majority of other students said that celebrities set the tone for the way they dress. Junior Stella Sieniewicz listed her inspirations as follows, “My biggest inspirations in the way I dress are models, style bloggers, and musicians. Right now I would say I draw the majority of my inspiration from Jeanne Damas and Kate Moss.” So why are celebrities so influential to students?

Junior Colin McNeely believes, “Because celebrities are so successful, many people look up to them and try to model their behaviors. For many, this in turn influences the way they dress.” Celebrities like Kanye West (who 5% of surveyors listed as their most prominent influence) are commonly imitated in the fashion world. Over the years, West has developed a signature style: with the publication of the Nike



Rindge students showcase their personal style.  
Photo Credit: Daniel Walsh

Air Yeezy sneaker in 2009 and Kanye’s new contract with Adidas, the hip-hop giant is anywhere but finished with his mark on the fashion industry.

Like the outfits in the hallways of CRLS, the survey results have proved diverse. Rindge has a fair amount of students who dress to impress, while others -- to please themselves. Next time you roam the halls, see if you can pick apart a Kanye devotee from an individual style.

# Tom Magliozzi, Source of Advice and Joy, Passes Away

By  
Rosa Munson-Blatt  
*Register Forum Editor*

Tom Magliozzi could lift anyone’s spirits with his expressive humor and jovial laughter just as well as he could aptly fix a car’s internal combustion engine. He combined both, expertly, on the hit Boston based radio show “Car Talk” for over 30 years. On November 3 he passed away as a result of complications from Alzheimer’s disease.

With deep roots in Cambridge and here at Rindge, Magliozzi was born in Cambridge on June 28, 1937. He attended the Pilot School, which was one of the separate schools of CRLS prior to the merging. After graduating from high school, he attended Massachusetts Institute of Technology. When he finished MIT, he worked a variety of jobs ranging from being a car technician to a teacher at Northeastern and Suffolk universities to running the locally well known Good News Garage. Eventually a weekend talk segment he recorded with his brother was picked up by National Public Radio (NPR).

Also known on the show as “Click and Clack, The Tappet Brothers,” Magliozzi, along with his younger brother Ray Magliozzi, provided their Bostonian accent and eccentric, lovable personalities to “Car Talk.” Ever since NPR satrted broadcasting the show nationally in 1987, the show’s audience grew to 4 million, airing on



Magliozzi was the co-host of the hit radio show “Car Talk.”  
Photo Credit: Slate

700 stations. Network executives have said that this is more listeners than any other NPR entertainment program.

“Car Talk” entertained people in a variety of ways. The brothers had the unique ability of interweaving automobile advice with conversations on everyday life. Normal people would call in and contribute to the show, including their mother who called in regularly. The show helped pave the way for programs that also featured average Americans lives, such as “The

Moth” and “This American Life.” The Magliozzis and their radio program were also the subject of a recent show, “Car Talk: The Musical,” produced at Suffolk University and locally in Cambridge at Central Square Theater.

Tom Magliozzi will be remembered by all for his ease in spreading laughter, his infectious happiness, and expansive intellect. As the brothers’ producer Doug Berman memorialized, “He was a genius. And he happened to use that genius to make other people feel good and laugh.”

*“He [used his] genius to make other people feel good and laugh.”*

# Where Do CRLS Students Eat Lunch?

By  
Tommy Ward  
*Register Forum Staff*

It’s 11:08, you just got out of class. Your stomach is growling, and the rush to the stairway begins. If you decide too late you are forced to wait in a crowd full of hungry teens. You’re walking down the main stairway and you still haven’t decided what to eat. Do you go left, right, or straight?

50 students at CRLS have been asked, “Where is the best place to get lunch?” Is it the media cafe or the main cafeteria? Or is it one of the five eating spots across the street?

Out of the 50 students surveyed, 26 of them -- over half -- go to the cafeteria to eat lunch. When asked whether the main caf or the media cafe is better, junior Colin Lee replied, “The main cafeteria, because the pasta and chocolate milk is great to eat while maintaining an active workout week.”

According to Mass Health, “The goal of the standards is to ensure that public schools offer students food and beverage choices that will enhance learning, contribute to their healthy growth and de-

velopment, and cultivate life-long healthy eating behaviors.”

When asked about the success of school lunch, Chef Vin responds that he is “not surprised by the results, [since] we have been getting more and more students every year I have been working here. Through the winter we are anticipating more customers because the open campus isn’t as easily accessible.”

Mona Lisa’s fell in second place with 13 out of 50 students advocating for their cuisine. Senior Ayenew Belay thinks Mona Lisa’s is the place to go: “[They have] heaping quantities of food, but is also very delicious.” Sophomore Bukhari Farah adds, “They’ve got the best pizza in town.”

Surprisingly Darwin’s Ltd. only received one vote for the best place to eat lunch. Although the quality of food may be delicious, it seems as though it is out of most students’ price range.

CRLS school lunch is just as diverse as its student selection. With CRLS’ open campus, there are plenty of delicious options.

So where do most students grab lunch? At the main cafeteria: where everyone can get a high quality and inexpensive meal.



26 of 50 CRLS students surveyed eat lunch in the main cafeteria.  
Photo Credit: Liam Greenwell



# Learning the Trade

Register Forum Editors Attend  
Harvard Journalism Conference

By  
Lucas Raagas  
Register Forum Editor

The Harvard Crimson, the university’s nationally recognized newspaper, offers an annual journalism conference to students nationwide. Two Register Forum editors -- Liam Greenwell (Editor-in-Chief) and Lucas Raagas (Opinion-Editorial Editor) -- had the opportunity to attend the conference this fall on October 18, 2014.

The two editors gained extensive knowledge about many aspects of journalism, including ethics, the use of social media, and how to write columns and opinion pieces. The editors also met the conference’s keynote speaker, David Jimenez.

Jimenez has worked for El Mundo (based in Spain), CNN, BBC, and the

Guardian. He is most well-known for being a field reporter during conflicts in Afghanistan, Kashmir and North Korea. According to Jimenez, in order to succeed in journalism, you need three things: curiosity, honesty, and an independent spirit.

“What we do in journalism is giving a voice to people who don’t have one,” Jimenez later said, “We need journalists who have that will to be good.”

The Harvard Journalism Conference was an overall positive experience for both editors and for the paper itself. The paper will experience many changes (some major, others minor) all of which will result in the betterment of *The RF*.



# Boy Meets Feminism

By  
Katraya Wier  
Register Forum Staff

65% of surveyed male students at CRLS, when asked to list words they associated with feminism, wrote the word “woman” or “female”, but almost none wrote that they associated feminism with “man” or “male.” Most people might say this result isn’t a problem, that it’s normal.

The way that feminism is presented to men rarely holds a positive connotation and often becomes synonymous with “manhating.” 54%

of surveyed male CRLS students did not identify as feminists and of that 54%, 43% identified more with the term “gender equalist”. Ethan Hermanson, a sophomore at CRLS, says, “I don’t want to align towards either sex. Both males and females can suffer and both struggles need to be fixed.”

However, the definition of “feminism” is “the theory of the political, economic, and social equality of the sexes.” Meaning that,

contrary to popular belief, the idea of feminism is not one sided and in fact is intimately related to the term “gender equalist”.

The modern feminist movement often only advocates against the oppression of women. But what about the oppression of men?

For example, men, please answer the following questions privately: have you ever been told that you weren’t big, strong, slim or tough enough? Were you discouraged to like femi-

of feminism to be effectively practiced, it requires both men and women to stand together. Emma Watson captured this in her recent U.N. speech on feminism when she said, “How can we effect change in the world when only half of it is invited or feel welcome to participate in the conversation?”

If you still think feminism only advocates for women, just listen to what CRLS’ male feminists have to say. Raul Torres, a freshman at CRLS, says, “[Feminism] has taught me that there is no superior gender.” He is joined by Liam Curran, a junior

at CRLS, who says, “I see feminism as a movement to make everyone equal.”

Feminism isn’t about two genders fighting for power, it is about all genders standing together and fighting for one goal: equality.

If you are male and want to know more about how you can join the feminist movement, go to heforshe.org to take the HeForShe Commitment to advocate for equality.

“*[Feminism] has taught me that there is no superior gender.*”

# CRLS Students Ponder the Roots of Prejudice

By  
Tomek Maciak  
Register Forum Editor

Prejudice takes all forms, and whether it is acknowledged or not, it has played a huge role in both the history of CRLS and the United States. The Merriam-Webster Dictionary defines prejudice as, “(1) : preconceived judgement or opinion (2): an adverse opinion or leaning formed without just grounds, or before sufficient knowledge.”

While a majority of CRLS students have faced prejudice during the course of their lives, according to the survey, most of them consider it to be less significant of an issue at CRLS than in the United States overall.

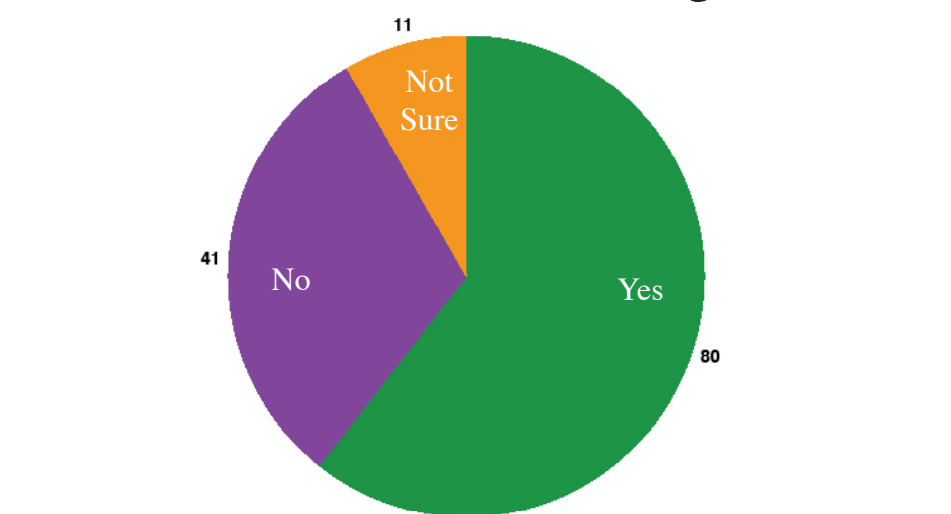
52 out of 132, or 35% of students considered prejudice to be important or very important at CRLS, while 111, or 84% of CRLS students said the same of prejudice as a nationwide issue. 6 out of 10 students reported having been judged based on their gender, religion, ethnicity, or sexuality.

While almost no CRLS students dispute the negative implica-

tions of prejudice, many disagree over its overall trend in the United States. CRLS junior Joann Casama voiced her opinion that the existence of prejudice is inevitable in society, saying, “It will always exist because people will always have that mentality that they think they know a lot of a certain group of people. It’s like a never-ending cycle.”

A story about prejudice recently made US headlines with the shooting in Ferguson, Missouri, a predominantly African-American suburb of Saint Louis, where an unarmed black teen named Michael Brown was shot by a white police officer. The shooting provoked a passionate debate about the prevalence of prejudice in the United States.

Many have voiced different theories on the roots of prejudice. CRLS senior Rachel Ruwe ascribed blame for the existence of prejudice to society’s inability to acknowledge it. She said that prejudice will prevail over society “until people recognize its existence. The moment our society acknowledges prejudice in its backyard is when it can be addressed, and it can start to



Responses by CRLS students to the question, “Have you ever felt judged because of your race, gender, ethnicity, religion, or sexuality?” Photo Credit: Tomek Maciak

go away.”

Prejudice has played a large role in American history, as well as that of CRLS. In the early 1990s, nearly a quarter of a century ago, CRLS administration decided to change the official school mascot, after many claimed the mascot was racist.

The previous mascot was a caricature of a Native American, named “The Warrior”. After a heated debate, the School Committee changed the mascot to a yellowjacket wasp, then to the current mascot, the falcon.

Others believe that preju-

dice is merely the byproduct of unfamiliarity with the individual. Sophomore Sophie Lipkin said that prejudice is “not knowing much about a person or a group of people and basing your knowledge of them off of stereotypes and rumors.”

The heart and soul of CRLS’ peer mediation program, Ms. Chandra Banks spoke on the importance of realizing that prejudice still exists and is an important issue, stating, “If people get the idea that they’ve done the job, [prejudice] goes right back; there is evidence that the brain goes right back to its original bias.”



# Making a Deal with India

By  
Shubhan Negandra  
*Register Forum  
Correspondent*

1949 saw the arrival of India’s first Prime Minister, Jawaharlal Nehru, to the United States. Upon his arrival, he expressed his shock at the commercialism of the US by remarking “one should not visit America for the first time.” And so it was that India’s newly elected Prime Minister, Narendra Modi, visited the United States for the second time, two months ago.

The advent of Mr. Modi brought a colossal number of Indians and Indian Americans to New York to witness the ‘rock-star’ reception that he received.

Speeches at the United Nations, Madison Square Garden, and a dinner at the White House with President Barack Obama were all thrills Mr. Modi enjoyed. However, the fun-

damental question remains: did Mr. Modi’s visit improve the Indo-US relations?

Indo-US relations have been irksome since 1947, and the past few years have seen relations debilitate: in 2005, Modi’s visa to the United States was revoked on the grounds of his inciting violence in the wake of communal riots in

*“You have given me a lot of love; this kind of love has never been given to an Indian leader before.”*

2002 in Gujarat. However, the visa revocation has been placed on a temporary hold until the end of Mr. Modi’s term as Prime Minister.

Moreover, in 2013, the arrest of Indian diplomat Devyani Khobragade outraged the Indian government, and led to a diplomatic spat.

The need for relations to stabilize is clearly important, and while Mr. Modi and Mr. Obama both

realize the significance of the situation, the meeting failed to produce any deal. Instead, the first meeting involved discussions on Martin Luther King and Gandhi, rather than possible economic and political ties.

Although the media did not view the meeting as successful, the visit produced a strong sense of hope in the large Indian-American community. The ebullient reception for Modi in New York led him to remark,

“You have given me a lot of love; this kind of love has never been given to an Indian leader before.”

While the approval of Narendra Modi from the Indian-American community is important to consider, the failure of tying economic or political ties between the two nations leaves a sour taste in the mouths of both nations. Ultimately, any potential deal will only stem from Modi’s next visit to the US.

## REGISTER FORUM

Cambridge Rindge and Latin School  
459 Broadway, Cambridge, MA 02138  
twitter: @registerforum  
bit.ly/crlsrfr  
crlsregisterforum@gmail.com

Editor-in-Chief  
Liam Greenwell ‘16

Managing Editor  
Tomek Maciak ‘16

Club Managing Editor  
Hugh Dougherty ‘15

Around School Editors  
Lucia Brown ‘15  
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Faculty Advisor  
Steven Matteo

Established in 1891 as the C.M.T.S Register

*“Listening to every voice,  
printing what you need to hear”*

# Recent American Ebola Quarantines Violate Rights

By  
*The Register Forum Editorial Board*

The 2014 Ebola epidemic, one of the largest disease outbreaks in recent history, remains ongoing in many West African countries. Several cases of Ebola have been reported in the U.S, and select states have quarantined travelers recently returning from the Ebola zone in West Africa, triggering a nationwide debate.

As of now, there is no unified plan of attack, and it is at each state’s discretion how it wishes to deal with the crisis. Although some disagree, ultimately quarantines should not be mandatory if someone is suspected of having Ebola, but has not yet exhibited symptoms.

Kaci Hickox, an epidemiologist who had just returned from helping Ebola patients in Sierra Leone, became the first American quarantined. Although she was asymptomatic and tested negatively twice for Ebola, she was placed in isolation for 21 days at a New Jersey hospital. Hickox believes she should have been treated with honor and dignity upon her return, not locked in “prison”. She feels the quarantine violated her basic human rights.

Through mandatory quarantines, the very fear that authorities are trying to prevent could actually spread. It is implied that those quarantined have Ebola, when in actuality, many do not. Because of this, the number of people who can actually transmit Ebola is fewer than the public thinks it is.

People who do genuinely get sick might not seek out the treatment they need, for fear of being quarantined. This fear could also deter doctors and nurses from voluntarily traveling to West Africa and helping to eradicate Ebola.



Health Assisting classes at CRLS train students to follow safe medical procedures, such as quarantines when necessary.

Many doctors are taking time off from their careers to volunteer in West Africa. The possibility of three additional weeks in quarantine away from their full-time jobs, possibly without compensation, could be enough to stop many health professionals from volunteering their services.

Not only does mandatory quarantining have long-term consequences, but the policies are also poorly thought-through. Politicians have not released details about how exactly the quarantine will work, leaving the public with many unanswered questions.

Medical workers who fly into any New York or New Jersey airport will be quarantined, but what about those who enter the states by oth-

er means? If individuals are to be quarantined in their own homes, what will happen to family members living in the same dwellings? Others question the humaneness of the conditions in which people are quarantined.

Those in favor of mandatory quarantines believe that if there is even the slight possibility that an individual has Ebola, they should be quarantined. By quarantining, supporters say that authorities are ensuring that any suspected cases are handled both quickly and effectively.

However, widespread quarantines, have not proved to be very effective. In the case of Ebola, quarantining would ultimately only worsen the epidemic.

Photo Credit: Lucia Brown



# Harvard Art Museums Reopen After \$350 Million Renovation

By  
Nate Quigley  
*Register Forum Editor*

After 6 years and a \$350 million renovation, the Harvard Art Museums reopened to the general public on Sunday, November 16th. It was designed by architect Renzo Piano, who was also responsible for the Gardner Museum’s recent renovation. The new collection, composed of pieces from the old Fogg, Arthur M. Sackler, and Busch-Resinger museums, is located at the site of the old Fogg, a short walk from the CRLS campus.

The new museum contains the vast majority of Harvard’s prolific art collection of over 200,000 pieces which is available for public viewing. Included in this display are a collection of newly restored Mark Rothko murals, works by Picasso, numerous Rembrandt sketches and etchings, and a masterful Van Gogh self-portrait.

Senior Caroline Kuchta, an art student at Rindge, is thrilled at the school’s proximity to the new museum and its world-renowned collection. Kuchta states that “it’s really exciting that we’re going to have access to this



The renovated Harvard Art Museums have a beautifully redesigned courtyard and offer free admission for all Cambridge residents.  
Photo Credit: Nate Quigley

incredible resource so close to our school.”

The most impressive aspect of the new museum is the building as a whole. Only the brick facade and the interior courtyard remain from the old Fogg Museum. The rest has been modified. As Museum Director Thomas Lentz put it, “It’s essentially a reinvention. We broke everything

down and reassembled it for 21st-century users.”

This concept is evident throughout the redesigned space, but nowhere more so than in the drastically altered courtyard. In what had previously been a dark and enclosed portion of the building, sunlight now floods into the courtyard through a glass roof that protrudes out the building’s

roof in the shape of a pyramid.

CRLS senior Robbie Kelley, who visited the new museum on its opening weekend, attests to the new aura of the building stating, “The older part of the building was structurally still the same, but the entire place had a much more open and light feeling to it. The new glass roof certainly helped,

but the entire place seemed a lot more open and accessible.”

Furthermore, CRLS students have the added bonus of free admission to the museum any day of the week, due to their status as Cambridge residents. Whether or not you’re a huge art fan, there is now a new wonderful opportunity for learning down the street.

## Catherine Gund’s “Born To Fly” *A Filmmaker Expresses Her Passion for Activism*

By  
Klara Ingersoll  
*Register Forum Correspondent*

Recently screened at the Institute of Contemporary Art in Boston, “Born To Fly” is a film telling the story of the unique dance-like troupe led by Elizabeth Streb.

I sat down at the ICA to talk with filmmaker and activist Catherine Gund to ask her about the film. The troupe, STREB Extreme Action Company, performs incredible mentally and physically challenging moves: hang-

ing and jumping from high platforms, running into walls, and ultimately challenging the ideas of what the human body is capable of.

Based around flight, STREB shows different parts of human flight, much of which is landing. Her dancers learn to fall, and even

to fall flat on their faces.

When hearing STREB referred to as a theatre troupe, Gund laughed and said, “People often call it theatre but STREB is really not theatre; it is not for the audience.” There are no smokes or mirrors to disguise any aspect of the moves, and it is not always completely safe. STREB is solely for the experience of the dancers. Elizabeth Streb knows that people likely will get hurt and everyone who participates goes in with that understanding.

Catherine spoke about how evident the significance of STREB

*“People often call it theatre but STREB is really not theatre, it is not for the audience.”*

was to each of the different people she followed in her film. Although Streb does not outright identify the troupe as ‘feminist’, people of many different gender identities are involved and support each other in proving their high abilities.

Some dancers are dealing with emotional trauma, or are coming from



The film Born to Fly documents the STREB Extreme Action Company, which uses special equipment and specializes in challenging acts.

Photo Credit: Catherine Gund

difficult situations. For most, the SREB Extreme Action Company is the best experience of their lives. Even a dancer who is shown in the film and is greatly injured does not regret taking part in STREB. STREB is more than just a physical challenge but is an emotional awakening for many participants.

In addition to this film, Gund is well known for other projects and for spreading awareness about a variety of social issues. Gund is a co-founder of the Third Wave Foundation which gives money and support

to youth led feminist movements (under the age of 35), and “supports gender justice work that is rooted in the leadership, power and voice of women of color, low-income communities, youth, trans & queer communities.” Gund says that making films about social movements is an incredibly powerful way to get involved in activism, as well as a great way to learn about a political or cultural movement; as you have to commit yourself to understanding and communicating unique voices.



# Sexual Assault Protests Spread

By  
Ursula Murray-Bozeman  
*Register Forum  
Correspondent*

CRLS students who visited colleges on October 28th might have seen an interesting sight: dozens of students carrying dorm mattresses to classes in protest of lenient sexual assault policies at their schools.

The movement was started by a Columbia University student who was raped last year, and after bringing it to the school's attention, found that her rapist was not expelled or suspended. Since then, campus sexual assault has become massively publicized.

On October 20th, Congress passed a new update to the Violence Against Women Act, a part of the Clery Act, which addresses schools' responsibilities to take action against the perpetrators of sexual crimes. The Clery Act, among other things, allows both parties to have an advisor present at a school hearing. Originally, the school could limit the advisor to a person within the school, but the new Violence Against Women Act

states that the advisor can be anyone -- including a lawyer.

It may seem counter-intuitive that colleges have the responsibility to judge cases of sexual assault. Survivors of campus sexual assault often prefer to go through their school's judicial system because many sexual assault cases have little evidence besides the testimony of the victim and the accused, although according to the National Sexual Violence Resource Center, fewer than 2% of rape charges are false.

Colleges judge sexual assault cases based on a "preponderance of the evidence," while criminal

"Schools shouldn't have sexual assault policies -- it should be handled by the criminal courts."

Rowan Frost, the Assistant Dean of Sexual Assault Prevention and Response at Reed College, argued that "By focusing on colleges, we take [sexual assault] out of the public arena. It's not just a college problem, it's a community problem."

Although the new Violence Against Women Act is meant to help schools be more fair, it can also have negative repercussions. Schools have no responsibility to provide either party with legal representation. "The person who doesn't have an attorney doesn't have the benefit of their perspective," said Ms. Frost.

With one in four women sexually assaulted on college campuses each year, and new controversial legislation, understanding campus sexual assault policies is important for high schoolers. "As someone who has been in college for four years...I would urge high school students looking at colleges to consider the statistics," stated one college student.

*"It's not just a college problem, it's a community problem."*

courts require a higher standard of evidence. Schools also generally provide counseling for survivors, whereas in the judicial system, a survivor interacts with a detective.

Not everyone agrees that schools are the best system to go through. According to one CRLS senior,

## EUTHANASIA *Continued from page 1*

energy. Pay it forward!" In reaction, senior Jackson Damon says, "Her words are eye-opening."

Maynard's messages have reopened the debate over assisted suicide throughout the entire country. CRLS junior Gabriela Thompson shares her opinion: "Terminally ill people who suffer greatly should have the right to end their own lives if they so wish."

Similar to Gabriela, sophomore Emiliano Durán proclaims that "We do it for pets to grant them mercy, we should be able to do it with humans. It should be highly regulated of course, but no less present."

The controversy surrounding euthanasia involves many aspects of religion: most Christians believe that taking a life is interfering with God's plan and is comparable to murder, because of the ideology that God gave us life, and he is the only one who has the right to take life away.

A related dispute is whether euthanasia and

physician-assisted suicide violates the Hippocratic Oath which dictates that physicians can never deliberately do harm to their patients.

According to sophomore Katie Chun, "In my opinion, euthanasia does not violate the oath because rather than harming the patient, it is putting them at ease.

Nonetheless doctors should not be forced to carry out euthanasia if they believe it goes against their oath or their morals."

Along with the doctor's will, CRLS graduate and former register forum faculty member Evan Kuh emphasizes the importance of granting euthanasia appropriately.

"I think that anyone should have the choice to end their suffering. However, doctors need to be extremely careful about who has access to the lethal drugs and need to use their authoritative power meticulously rather than without consideration of all factors in their decision."

*"Anyone should have a chance to end their suffering."*

# GOP Seizes Control of Senate, Keeps Control of House

By  
Shuvom Sadhuka  
*Register Forum Correspondent*

The 2014 midterm elections marked yet another change in Washington. After eight years of control, Democrats lost the Senate, handing it over to the GOP (Republican Party).

The last four years have seen unprecedented amount of inefficiency and deadlock in Congress, largely due to both parties' stubborn attitudes and refusal to compromise. To put it in context, the current Congress is on pace to be the least productive (i.e. passing the fewest laws) in American history.

The GOP is promising to break this deadlock with control and put bills on President Obama's desk. Their agenda includes reevaluation of Keystone XL pipeline, repeal of Obamacare, and a corporate tax overhaul.

Some, however, are skeptical on the GOP's agenda. Senior Sheikh Nasher weighed in on his opinion on their agenda. "It's going to be bad news for immigrants because [the Republicans] have anti-immigration policies," commented Nasher.

The Democrats, meanwhile, had a poor showing during this election. The Republicans needed a net gain of six Senate seats to gain the majority, but came away with a gain of nine. This will leave 53 Republicans, 45 Democrats,



Senate Majority Leader Mitch McConnell (left) and Speaker of the House John Boehner (center) discussing future plans with President Obama (right).

Photo Credit: Getty Images

and 2 Independents in the Senate over these next two years. Democrats also lost all "key" (tight) races except New Hampshire, where incumbent Jean Shaheen was able to defend her seat against former Massachusetts Senator Scott Brown.

Junior Max Zegans credited the Republicans for their win, "If they won the House and

Senate, then they deserve the House and Senate."

President Obama expressed similar attitudes on the following day admitting, "Republicans had a good night, and they deserve credit for running good campaigns."



# CP, HN, and AP: CRLS Speaks Up About Education Gap

By  
Lucas Raagas  
*Register Forum Editor*

At CRLS, like many other high schools, there are three main levels of classes: College Prep (CP), Honors (HN), and Advanced Placement (AP). The classes generally raise in intensity and workload and, in some cases, the differences between classes have been defined by the racial diversity within them, according to a recent survey conducted at CRLS.

In the survey, each student had their own opinion about the question, “What’s the difference between the three levels of classes?” The overwhelming answers from the survey dealt with the speed of which the material is learned, and the workload put onto the students.

“I am currently in one CP class and one AP class. In the CP class I’m in, we’re learning the exact same material as the Honors, just at a slower pace,” said junior Andrea Smith.

There are also many valid reasons as to why people take the level of classes they do, but within the study students were given four possible options for answers to the question, “Why do you take these classes?”

36.6% of students take certain classes for a challenge, and 1 out of every 3 students take the classes they do to impress colleges. However, the other two options (to satisfy parents and for a challenge) didn’t go above 15%.

It has also been no secret around the school that CP classes are known to be more racially diverse. While that was also a prevailing response as a difference, the

*“In the CP class...we’re learning the exact same material as Honors, just at a slower pace.”*

racial diversity within the classes only seemed to be mentioned by people who are “normally” enrolled

in CP classes.

“There are definitely more minorities in the CP classes,” said senior Robert Hinson, “which ties into the achievement gap.”

According to the National

*“There are definitely more minorities in the CP classes, which ties into the achievement gap.”*

Research Council’s Division of Social Sciences, the vast majority of students in the higher academic classes are white, while black students take up the lower sections. This fact is the main contributor to the achievement gap between the races, and it doesn’t help that 73% of students enrolled in Massachusetts schools were white as of 2006.

Hypothetically, CP and Honors classes of the same duration (most commonly, a semester) are supposed to cover the same amount of information, with the key differences being the

depth of the information taught and the work expected of the students (neither of which were specifically mentioned in any of the responses). Taking higher level classes does come with some advantages: one of the most important being the assistance to a student’s GPA. The higher level classes, HN and AP, add additional points to a student’s GPA because of the extra workload and more in-depth knowledge of the subject.

Within the survey, students were asked to voice their opinion on whether “all classes should be taught at the same level.” A surprising number of people agreed with the statement, and many believed the differences between the levels aren’t enough to warrant extra emphasis on a student’s GPA.

“Other than the pace at which the material is taught, I haven’t seen many substantive differences between different varieties of classes,” concluded junior Will MacArthur.

## Gap Year, College, Straight to Work: Differing Plans After High School

By  
Lucia Brown  
*Register Forum Editor*

The prospect of a college or university education is looming high in the futures of many high school students. More young adults are attending college than ever before. This year, about 21 million students are attending American colleges and universities, which is a 5.7 million increase since 2000. A recent *Register Forum* survey polled 42 CRLS students and investigated why more students are looking to pursue higher education.

Out of 42 CRLS students, 39 plan on going to college and only 3 are interested in taking some time off beforehand. Following graduation, most CRLS students go on to attend college, rather than taking

a gap year or entering the workforce right away. Why do CRLS students overwhelmingly believe attending college is so important? For some, going to college is an entryway into a higher social class. According to CRLS senior Rebecca Bonilla, “If I do well in school, my possibilities will expand to new horizons that my mother and father have never set foot in.”

To others, college is solely about obtaining a job. Samerawet Tsgie, a CRLS junior, argues that “the main purpose of college is to get more education that can prepare you for a career.” And still to some, college is solely about furthering one’s knowledge and learning.

Only three surveyed students are interested in taking time off from school before heading to college.

According to the American Gap Association, students who take gap years are as much as 75% more likely to be “happy” or “extremely satisfied” with their careers post-university than those who did not take a gap year. A gap year can also be a way to explore one’s interests more fully.

In the same American Gap Association poll, 60% of participants said that their Gap Year experience “set [them] on their current career path/academic major” or “confirmed [their] choice of career/academic major.”

However, if there are so many benefits to taking a gap year, why are students so eager to rush into college?

One reason is that a college degree is rapidly becoming the new high school diploma: the new minimum

Do you plan on going to college?

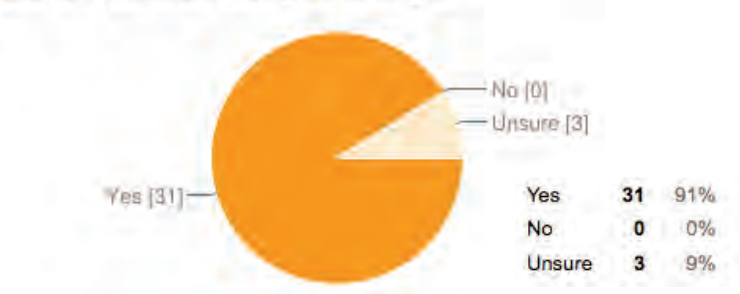


Photo Credit: Lucia Brown

requirement for even the lowest-level jobs. For example, the law firm, Busch, Slipakoff, & Schuh, based in Atlanta, GA, now solely hires those with bachelor’s degrees. This even applies to receptionists, file clerks, and the “office runner” whose only job is to transport documents back and forth from the courthouse to the office.

In a recent study conducted by CareerBuilder.com, one-third of the company managers surveyed have sent employees back to school for higher

education and 81% say they covered part of the cost. Employers seem to believe that higher education is a necessity in the workforce.

Overwhelmingly, the greater emphasis that employers put on bachelor’s degrees spurs many CRLS students and high-schoolers nationwide to pursue higher education. But, the reasons students give for attending college vary immensely, which creates a multitude of diverse colleges and universities each with unique mission statements and course catalogs.

### STRESS

*Continued from page 1*

a respectable second and third place. On a 1-5 scale of general stress, students tended to be at a 4, stress rising in higher grades, with many seniors and juniors noting that college was a large factor. But is sleeping off stress truly the best solution?

“Some students will avoid dealing with stress, have adults make the issue go away, or turn to more dangerous behaviors,” Sperling reveals from first-hand experience.

When asked how much parents exacerbate stress, 65% of students surveyed said “somewhat”, 19% said “very much”, and 16% said “not at all”. If family is not the ones inflicting stress, why is there still so much impending stress on students?

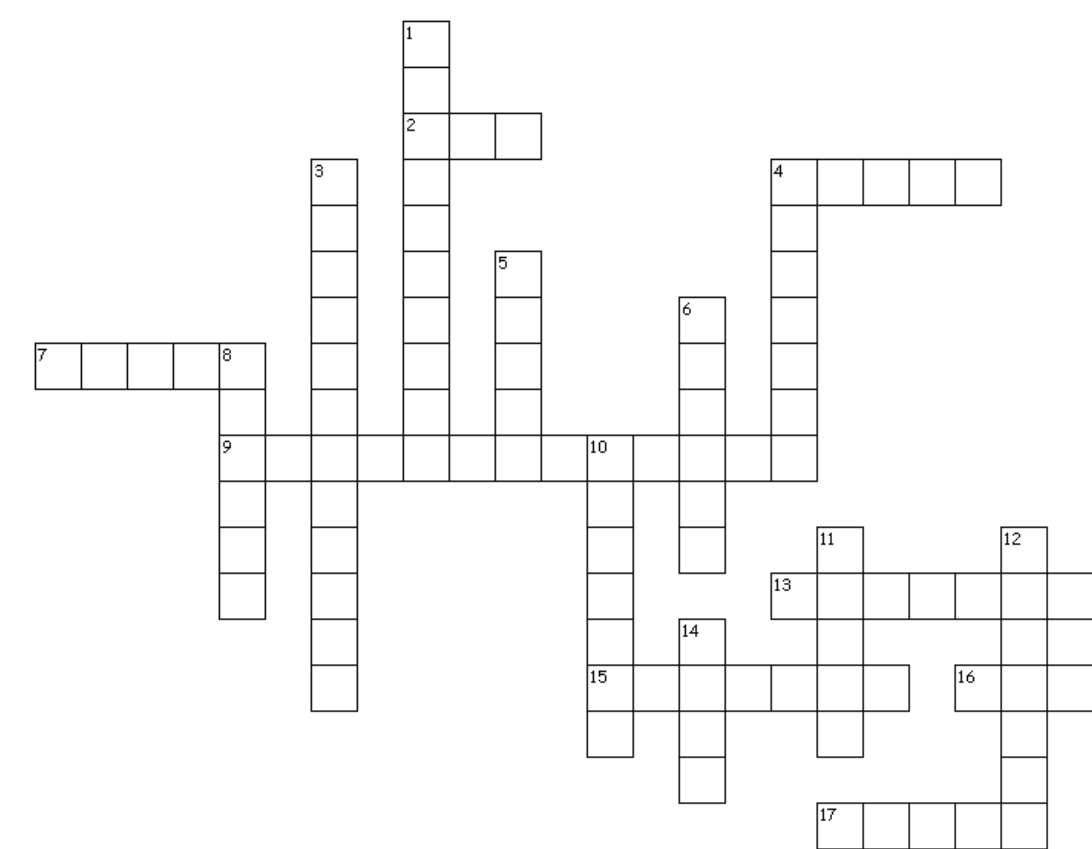
Senior Lucia Solorzano believes, “Stress is so prevalent as a student because I know whatever I do know directly correlates with my future and society sets up expectations that I don’t want to disappoint.”

When the body is stressed, adrenaline, the hormone that allows the body to work with

more force, and cortisol, fuel for the body, is released. But when the body is psychologically stressed, the body won’t use this fuel which then leads to health problems. Students who exercise actually deal with stress more effectively because it trains the body to handle stress.

Sperling advises all students that “confronting what is causing stress and understanding why it causes stress can be helpful...or taking a brief moment to remove oneself from the situation to be able to return more ready to deal with what is happening.”





Crossword created with Discovery Education Puzzlemaker

- ACROSS
2. The number of the ballot question which repealed indexing of gas tax to inflation

4. Former MA senator who can't catch a break

7. Patriots' new signing

9. Established in 1891 (one word)

13. Previous CRLS mascot

15. Follow us on \_\_\_\_: @registerforum

16. Born to \_\_\_\_

17. 30/100 have signature \_\_\_\_
- DOWN
1. "Fantasy football is like a box of \_\_\_\_"

3. Holiday with "dope food"

4. European country where euthanasia is legal

5. "Bound 2" fashion icon

6. 51% of students found that this could be distracting

8. Can be a good motivator

10. 70% of students say only some of the \_\_\_\_ enforce the dress code

11. Your new Governor!

12. 39 out of 42 CRLS students plan on going to \_\_\_\_

14. Republicans will have gained \_\_\_\_ seats in the Senate

Answers on Page 11

Note: ***BAustin's Corner*** is a work of EDITORIAL SATIRE and does not represent the views of The Register Forum.



# BAustin's Corner

## Student Successfully Breaks Ice on First Date

By  
Ben Austin  
*Register Forum Correspondent*

Emerging from his local pond, Theodore Bartholomeu gleefully announced to reporters that he had successfully followed his father's instruction of breaking the ice on his first date.

Though both he and his date were shivering and both had severe cases of hypothermia, both seemed jubilant that they had finally found someone else who shares similar interests.

Co-ice breaker, and lucky lady, Eunice Forme added: "Even though it took us 45 minutes to break through the 4-inch ice, it was a bonding experience that truly brought us together. While we were out there it just felt so right, you know?"

Bartholomeu is looking to further the relationship on the next date by going down to earth, but also wants to ensure that no unexpected occurrences come up that might possibly rain on his parade.



Theodore Bartholomeu thought his date was successful.  
Photo Credit: Above the Law, Wikimedia Commons

## Kaplan Announces New SAT Class for Toddlers

By  
Ben Austin  
*Register Forum Correspondent*

The popular test prep company Kaplan recently announced a new SAT planning course for toddlers. In collaboration with Gerber, Kaplan plans to bring much needed SAT prep to toddlers across America.

Kaplan spokesperson Ivie Leeg announced it to the Associated Press at a recent press conference. Leeg told reporters that "in order to ensure a 2400, prospective students need to get a strong head start."

Under the new program, toddlers will need to answer a Kaplan SAT Question every morning, which will be placed under the lid of Gerber baby food. The new program is in response to a desperate fight by the Gifted and Talented Toddlers Guild of America, a group of young children committed to getting into an elite college. Group leader five-year old Dr. Ineed Togetin announced that his "critical reading scores are perfect, but he felt like there was a deficiency regarding self-studying mathematics."

Others in the Guild said that the program will be tough to squeeze in, alongside other extracurriculars they are pursuing.

Ian Best, a 3 year-old aspiring esoteric studies major, added his concern, "In between my internship at the research lab and all of the community service I do, this class will be really difficult to squeeze in." Despite this, Best concluded: "Everything I do, I do for that acceptance letter, so I am not going to let only getting 4 hours of sleep stop me."

Since Kaplan announced this, the Princeton Review has proposed a competing plan that involves using ultrasound technology to get the SAT Question of the Day to developing fetuses.

## Walmart, Forever 21 Decide to Close on Black Friday

By  
Ben Austin  
*Register Forum Correspondent*

Smiling Walmart CEO Les Muney announced at a recent press conference that they will be closed for Black Friday. Muney cited the fact that "consumerism is just getting to be too much. We want the best for our clients, and seeing thousands of them sleep outside every Black Friday simply isn't healthy."

A few days later, Forever 21 spokesperson, Cunsumé Poco, followed up with a similar statement. Citing that it is important to stand in "solidarity" with Walmart during this tumultuous time.

"Money is but a number for us. We care more about our consumers. When you have thousands of people waiting outside all night, it just isn't healthy, and we care more about health than profit," Poco declared.

Lead Massachusetts Institute of Technology Professor Adam Smith also weighed in on the issue: "Sure, other companies see a 1000% increase in profit on Black Friday. However, studies show that it is this kind of compassion towards clients really can boost up the public profile of a company, which often times results in thank you notes from consumers."

At the time this publication went to press, Hobby Lobby, a well-known arts and crafts organization, sent out a press release suggesting that they may not sell Christmas cards this year in an effort to reach out to consumers who may have other religious affiliations.



# Off to a Promising Start

By  
Shuvom Sadhuka  
*Register Forum  
Correspondent*

After a dismal beginning to the 2014 season and a lackluster start by Tom Brady, the New England Patriots have silenced critics with a red hot onslaught in October and through early November.

Tom Brady won the AFC Offensive Player of the Month in October, Darrelle Revis brought receivers back to ‘Revis Island,’ and Rob Gronkowski (Gronk) resembled his old self.

The Patriots, as of writing this article, sit atop the AFC with a 8-2 record. Since the team beat the Denver Broncos in a matchup between all-time great quarterbacks Tom Brady (New England Patriots) and Peyton Manning (Denver Broncos), the Patriots have the upper hand when it comes to home-field

advantage in the playoffs. Before the playoffs, however, they must first face a brutal string of teams which include the Detroit Lions, Green Bay Packers, San Diego Chargers, and the Miami Dolphins, all teams with winning records.

The win against the Broncos marks Brady’s 11th win out of sixteen matchups against Manning. The Brady-Manning debate, has created some havoc here at CRLS. Freshman Patrick Armstrong added that “People expected [the Patriots] to lose to the Broncos, but with Tom Brady, the best quarterback of all time, under center, they won.” After a disappointing loss against the Broncos in last year’s AFC Championship game,

*We must wait and see if this team can hold it together and earn a trip to Super Bowl XLIX.*

both teams added star power to their lineups. The Bron-



Rob Gronkowski and Tom Brady prepare for an epic low-5.

Photo Credit: ESPN

cos signed cornerback (CB) Aqib Talib (who played for the Patriots in 2013), safety (S) T.J. Ward, defensive end (DE) DeMarcus Ware, and wide receiver (WR) Emmanuel Sanders, adding talent on both sides of the ball, and stacking the roster to win the Super Bowl. The Patriots responded by signing WR Brandon LaFell, CB Brandon Browner, and

CB Darrelle Revis. Revis was once considered the league’s top CB, but after a knee injury a couple of years ago, many doubted his ability. Revis has proved his doubters wrong in his time in New England, giving the other elite cornerbacks in the league a run for their money. The Patriots offense, a unit which experts believed to have lost its signature firepower in the first

four weeks of the season, has responded well. Senior Antonio Horatius believes that the offense has regained much of that firepower. “They have a tighter, stronger offense,” said Horatius, “they’ve capitalized on the passing game with players like [Gronkowski].” We must wait and see if this team can hold it together and earn a trip to Super Bowl XLIX.

## To Score a Goal or an A?: The Dilemma of Being a Student-Athlete At CRLS

By  
Rosa Munson-Blatt  
*Register Forum Editor*

Sports, for many people, are the pinnacle of their high school career. A student athlete, however, must find a balance between success in their sports and academics among the many other demands of being a teenager.

A recent Register Forum survey shows the outpouring of appreciation for playing sports. 71% of the 90 Rindge students surveyed asserted that they have found being a student athlete rewarding. Furthermore, it has helped many students in alleviating stress and refining important skills such as time management. An example of the benefit of high schools is expressed by freshman Sophie Harrington, who says, “Playing sports helps me with time management skills. When I get home, I don’t have time to procrastinate.”

However, the survey also surfaced the



Balancing schoolwork and athletics may be difficult, but many student-athletes nevertheless find it rewarding.

Photo Credit: Rosa Munson-Blatt

many difficulties and complications in being a student athlete. 51% of the respondents found that sports could be distracting as a student. The distraction took many forms, often posing complications with the lack of time to do everything students need to do. Sophomore Syed Hoque expressed what he believed was the cause: “Most teachers don’t take extra-curricular activities into consideration when planning homework. Ultimately, I’m left with the decision of having sleep, doing homework, or practicing hard.”

Senior Lucy Sternbach, who plays sports in every season, voices what she believes to be both the benefits and issues that have arisen stating, “I’ve always sort of envied people that can organize their schedules as they want to, day by day, and I’ve definitely missed out on other things as an athlete. Sports taught me to manage my time. I’ve found that I’m actually more productive when sports are in season.”

Rindge has also taken various measures in assisting students that participate in sports.

Many teams require a form that ensures each player is passing in their classes. On every team students face suspension if they are failing a class. Teams can also set up homework groups, which is the practice of the boys basketball team, which has mandatory homework sessions after school. They have received help from teachers such as former math instructor Ms. Samek.

Juan Casillas, a Spanish teacher and assistant coach to the Boys Varsity Tennis, believes strongly in a Greek philosophy regarding physical activity. It pertains to that of the vital balance between a healthy mind and body. He believes that a hefty mind and body are specifically beneficial to high schoolers who face various stressful situations throughout high school.

For many Rindge students participation in organized sports can hinder academic progress, but also being a student athlete is a rewarding experience that has helped students develop a multitude of important skills.

1) Chocolates	2) One	ACROSS
3) Thanksgivg	4) Brown	
4) Belgium	7) Revis	DOWN
5) Kanye	9) Registerforum	
6) Sports	13) Warrior	FALCON CROSSWORD
8) Stress	15) Twitter	
10) Faculty	16) Fly	PUZZLE ANSWER
11) Baker	17) Style	
12) College		
14) Nine		



# In the Midst of a Difficult Season, CRLS Football Perseveres

By  
Nate Quigley  
Register Forum Editor

After consecutive successful seasons, culminating in an absolute beat down of rival Somerville on Thanksgiving, CRLS football looked to be on the rise. However, due to an enormous roster turnover and the school's move to the tougher DCL, the team's expected success has been fraught with many challenges.

In 2012, the CRLS team had its first winning record since 2007 at 7-4. Last year's squad was the first team to make the playoffs in several years, a fact due in a large part to veteran leadership from seniors such as Shaquille Anderson and Elijah Booker.

This year's team, though determined, doesn't have quite the same expe-



Head Coach Ryan Saulnier addresses the football team.

Photo Credit: Sam Goresh/Wicked Local

rience on its roster. The program lost much of last year's varsity team to graduation, which has been a large reason for the team's 0-10 start.

Even in the midst of such a disappointing season, Head Coach Ryan Saulnier sees plenty of positives that the team can take away from its experience.

Saulnier argues that the numerous players who have stuck with the team, "Are getting much more out of this season than they would of a winning season. They're learning so much about what success really is and what it requires."

In a recently conducted Register Forum survey on this topic, CRLS

students shared various opinions on the matter. A significant 60% of students surveyed stated they had experienced a disappointing sports season at some point in their lives.

Additionally, a few students were able to empathize with the football team's plight. Junior David Watt, a member of the

Cross-Country team, states, "They're in a new league, lost a bunch of talented seniors, and don't have as much depth as other teams they come up against. That's sort of the case with most sports in the DCL: the programs are much larger, and benefit from massive youth leagues."

Coach Saulnier understands the challenges that the team faces, but sees renewed success for the program in the not-too-distant future. Citing the fact that the freshman team is undefeated and that many sophomores are seeing valuable playing time, Saulnier states that for the program, "The future is very bright."

Natnael Zemene, CRLS junior and member of the football team, echoes Saulnier's sentiments. Zemene's message for the rest of the school was simple: "STAY TUNED, next year belongs to the class of 2016."



School officials pose with members of the CRLS Boys Crew Team who placed highly in the Head of the Charles Regatta. From left to right: Principal Damon Smith, Athletic Director Tom Arria, junior Alex Shulman, Coach Marcus Caimi, junior Zachary Rothenberg, junior Nate Dempsey, junior Lincoln Craven-Brightman, and junior Will McManus.

Photo Credits: Rosa Munson-Blatt

# Fantasy Football Takes CRLS by Storm

By  
Rafael Goldstein  
Register Forum Correspondent

Some prefer fall's foliage, others enjoy fall activities such as apple picking and Halloween. However, many see fantasy football as their favorite thing to do during the fall. For those who don't know what fantasy football is or how it works, it is fairly simple. A team manager drafts players, and the drafted players get points for every yard or touchdown they score. Playing head-to-head against a different opponent each week, the team with more total points wins the week.

Fantasy football is enjoyed by CRLS students for several reasons. Register Forum Correspondent Ben Austin states, "Fantasy football is a little bit like a box of

chocolates. There are some players that look like a sweet caramel fudge, but when you dig in, disgusting raspberry syrup contaminates your tongue. Others look like they came from Deer Island, but taste just like sitting at home around a warm fire." What Ben is trying to say, is that the anticipation keeps one on the edge of one's seat all Sunday long.

Fantasy football can also be very superstitious. Sophomore Bill Preytis adds that, "Spiritually calling up my players and asking them how they are doing and also seeing what mood they are in for the day is always a must." Crazy as it sounds, Bill posts a great record this season. If it works, why stop?

Fantasy football also relates to social status. Junior Suzannah Gifford sadly admits, "Sometimes I wish I had a fantasy team just to fit in." It does not take a genius to

realize the incredible advantages to being a fantasy football-er.

However, some people have other opinions on fantasy football. Junior Aida Muratoglu complains, "Fantasy football is a forum for bored professional sports-obsessed people to live vicariously through randomly selected idols who aren't good role models in any sense of the

term. Fantasy football only serves as a place for people to get even more worked up about professional sports - a pastime our nation does not need any more of." Clearly people are very divided on their opinion about this fantasy world. But whatever you think about fantasy football, it is affecting the CRLS community in many ways.



League leaders and RF Correspondents Rafael Goldstein and Ben Austin stress over their weekly fantasy football decisions.

Photo Credit: Tomek Maciak