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CAMBRIDGE RINDGE AND LATIN SCHOOL

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The Falcon Flies: CRLS-Themed Art Created From Old Tree Stump

By
Lucas Raagas
Register Forum Contributor

The Cambridge Rindge and Latin School recently acquired a new symbol of school spirit in the form of a wood carved falcon. The carving was finished in late August by Mitch Ryerson, a Cambridge native who has chiseled many structures around the city.

Students have had many reactions to the carving itself, with the overwhelming response saying that it will promote school spirit. In contrast, many other students don't see the purpose of the newly developed icon and would rather have the school budget be spent elsewhere.

"It's a great addition to the campus, and will promote school spirit," said senior Liam Potter. "They made something that can represent our community out of only wood, which is astonishing.

Not only is the idea of it inspiring, but the sculpture itself is visually appealing."

Most of the CRLS community seems to agree with Potter's opinion on the matter. After a long winded debacle over the notorious "Taking Note" public art sculptures added throughout the building two years ago, some students feel that the CRLS budget is not being put to good use.

The shapes added last fall are enlargements of selected notations from CRLS students' notebooks in various subjects. Senior Anna Mc-

Carthy saw said sculptures as "a waste of money."

Unlike the "Taking Note" installations, the new carving adds more than just a pretty sculpture to our school. Junior Arianna Thenor said, "The sculpture is going to be known better than by just walking outside the arts building. As photos are taken, our school spirit will



Artist Mitch Ryerson sculpts the falcon statue outside Rindge.

Photo Credit: Steven Matteo

be spread across social media networking such as Facebook. In this sense it represents our school well, but it honestly wasn't necessary for our campus."

The new sculpture has been in the works for more than a year, and was only recently constructed. This

icon of school spirit was elaborated upon ideas given by Rindge's own student artists.

Junior Josh Kuh finds that the depiction of the school mascot on a former tree stump is overall "super swell" and makes our school look "tasteful."

Reviewing Rindge Lunch Spots

By
Liam Greenwell
Register Forum Editor

In order to better serve you, our faithful readers, Editor-in-Chief Tomek Maciak and I embarked on a magical journey to find the best lunch spot around. This month we detail impressions on the three markets/sandwich shops (Broadway, Harvard, and Darwin's). Next month, we will offer impressions on the two nearby pizza joints and Rindge's school lunch options, and pick our overall winner.

Broadway Market

One of the most

popular lunch spots because of its wide variety, Broadway offers sushi, a hot buffet bar, a bagel and egg sandwich kiosk, a sandwich bar, and an associated Starbucks. In addition, Broad-



The CRLS Cafeteria

Photo Credit: CRLS

"sushi Wednesdays," the only rolls that fall under that promotion are the California and the Tokyo Fantasy (a shrimp roll). Otherwise, the sushi is extremely expensive: my simple salmon and tuna mix roll was \$6.25. Make sure you grab some chopsticks and soy sauce.

The hot bar, meanwhile, is usually meat-heavy, and can be unhealthy, but is overall a solid choice. Tomek's fried chicken tenders came to about \$6.

Bang for Your Buck: Low **Pro-Tip:** Avoid the rice in the hot bar: the price is by weight, and so "filler"

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Say Aloha to Aloha Day

By
Diego Lasarte
Register Forum Contributor

Every year, on one Friday in September, the halls of Cambridge Rindge and Latin are decorated in the style of a Hawaiian Luau so as to distract the students from the bleak and impending winter. This tradition is long and storied, but for the recent CRLS Freshman, this past month was their first ever Aloha Day, and one of (hopefully) many more.

One such Freshman, Sam Costa, appreciated the festivities, saying "It was good — I didn't participate in the activities (limbo), but it seemed like a good way to build school spirit, and it succeeded in bringing me at

least a small amount close with my community meeting."

He later added that "It seems like it is a cool tradition, but the decorations were definitely limited to only a few Community Meetings."

This sentiment seemed to be echoed by the majority of his brand-new Class of 2019, as one could see many of the young students sporting colorful lei's and helping decorate their Community Meetings.

Speaking to a one-year veteran of the school celebration, Sophomore James Kubicek, there was the same sense of positivity. "I love Aloha day! It's the only

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As fall begins and classes gear up, how is the freshman class dealing with the transition to CRLS?

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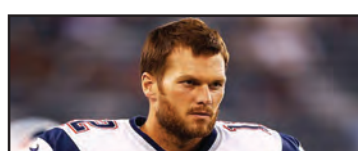
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THE DRESS CODE

Charlotte Rosenblum offers a second, further look at Rindge's dress code for the new year.

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FALL SPORTS

A preview of some of CRLS' fall sports teams, and their upcoming match-ups in the DCL.

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*"Listening to every voice,
printing what you need to hear"*

Welcome Class of 2019!
Newest Rindge Students Adjust and Excel

By
Tomek Maciak
RF Editor-in-Chief

For the Class of 2019, the road ahead is long but exciting. From trying out for quarterback on CRLS' resurgent football team (see Fall Sports Update on page 7), to putting their health in the hands of Lou at the eerily cheap Angelo's establishment (see next month's Rindge Lunch Spots review), the array of both opportunities and challenges that this year's incoming freshmen face is expansive. Nonetheless, with the help of their own buoyant nature and the support of their CRLS comrades, they are ready and willing to take all of it on.

Many freshmen have expressed a great eagerness to take advantage of CRLS' many extracurriculars. Freshman Fred Dillahunt said, "I am really excited to join clubs and sports." When asked if there was anything about high school that intimidated him, Dillahunt responded boldly, "Nothing." However he later added, "Maybe homework."

CRLS has over 50 clubs where students can develop new skills, take

part in community service projects, interact with their peers, and have fun while being productive. The school also offers over 30 sports at varying levels, which enable students to improve their skills, build tight connections, stay healthy, and let their competitive spirit loose in a safe and supportive environment.

Freshman Josie Kuchta professed her enthusiasm for the assortment of classes at her disposal. She said, "[I am excited] about the opportunity to take a bunch of new classes. I am taking a lot of cool art classes."

A common worry expressed by incoming freshmen is the size of the state-of-the-art facilities, extending from the five-story Main Building to the three-story Art Building to which the War Memorial Recreational Facility and the Field House are attached. Freshman Anthony Grassi reflected on the challenges of getting to all of his classes on time. He said, "The stairwells are really busy, and sometimes people get mad at you when you are still just trying to figure out how to get around."

Some of the freshmen class has inquired about the zone system utilized by

Rindge, which divides different parts of the building into color-coded and numbered zones. Senior Sarah Lipset addressed these concerns, "To be frank, I didn't know they existed. Yesterday I got lost going to my AP Lit class. I just walked too far. It's rare for a CRLS student to be cognizant of the workings of the zone system."

Freshmen have a great deal of support available to them, one of which is the chance to receive advice from upperclassmen through the Mentor Program.

One of the members of the leadership team within the program and Senior Lilly Keats gave her salient words of advice to the newcomers, "Do things that you've never done before because you might find something that you really enjoy. Also never eat Angelo's food before any sort of Athletics."

For those interested in taking advantage of the many options that CRLS has to offer, Club Day will be held on September 30th and October 1st during lunches A and B. It is a place for clubs to display information and appeal to potential new members.

An Itinerary to Iceland
Glocal Returns, Seeking the Future of Energy

By
Liam Greenwell
Register Forum Editor

EF Education First and the City of Cambridge have announced the fourth annual Glocal Challenge, which will task CRLS students to design ways to reduce energy consumption in Cambridge.

Winners will receive free scholarships to participate in the March 2016 EF Global Student Leaders Summit in Iceland, where they will witness firsthand the use of green energy in the Nordic country's economy.

Additionally, for the first time, winners this year will also receive funding from the City of Cambridge to start their projects and paid internships for the summer of 2016.

Cambridge is seeking to win the \$5 million Georgetown University Energy Prize, and "wants CRLS students to be part of a solution," according to a letter sent

to CRLS students' homes by the school.

However, in a major change for this year's challenge, students will not be able to choose their own teams. Instead, students will be assigned teams "based on their skill sets" and assigned an "expert mentor," again according to the letter sent home. "Our goal is to set up every team for success and a chance to win."

During the 2012-2013 school year, EF sponsored a trip to the summit in Costa Rica; for the 2013-2014 school year, the summit was in Shanghai; for the 2014-2015

*"I definitely learned about
working alongside others in an
intimate group setting."*

school year, the summit returned to Costa Rica.

Senior Izzy Gray, who was part of a team which won the 2012-2013 competition, states that the ex-



The Challenge will kickoff on October 5th.

perience was worthwhile and fun, albeit intense. "I definitely learned a lot about...working alongside others in an intimate group setting," she says. "The competition was intense -- and extremely stressful -- at times, but the research and professional skills I learned were invaluable."

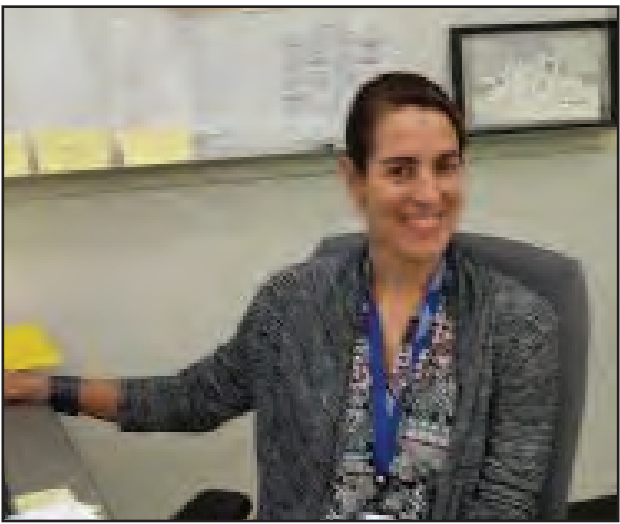
As in past years, all participants will receive ten community service hours.

This year, the challenge will

Photo Credit: EF Education First consist of six in-school sessions between October 6th and December 10th. Students must attend the kick-off session in order to compete.

The 2016 summit was initially planned to be in Dubai, but the destination was abruptly changed this past summer with no official explanation.

To sign up, keep an eye out for sign-up sheets during the week of September 28th around school, or visit facebook.com/EFGlocal.



By
Will MacArthur
Register Forum Contributor

Register Forum: What drew you to World History?

CB: World History’s great cause it’s a little sampling of lots of different places.

RF: Could you talk a bit about what your AP World class entails?

CB: AP World History is really an overview of history from 5000 years ago to today. It’s a lot to cover in one semester. Students are super motivated and really awesome and I’m learning a lot from them. We’re looking at empires, religion,

Teacher Spotlight: Caroline Berz

Talking Race and History With the New CRLS History Teacher

philosophy, and how those things evolve and emerge, and trade and global interconnectedness. The class is 20% or less of Europe, so the focus really is on Asia, Africa, South America, and Central America. So it’s really exciting!

RF: If you could choose one place and time period in world history to live for a year, where and when would you go?

CB: I’d probably choose now, and there are so many places I’d love to live. I’d love to live in India, Thailand, China, Australia, anywhere in Southeast Asia, South Africa, Morocco...

RF: Why did you choose now?

CB: It’s such a great time to be a global citizen!

RF: What did you teach before this year?

CB: World History, U.S. History, Modern European History, and I actually taught a lot of race classes. I taught a Race and Membership class, so we were looking at race and identity in the 20th century and into the 21st century and facilitating conversations between different groups of kids around experiences and history but mostly about today and how we connect to different parts of

our racial identities and what’s been imposed on us by society, by teachers, by each other, by neighborhoods.

RF: Where did you teach before you came to Rindge?

CB: I’ve taught at Lincoln-Sudbury Regional High School and Somerville High School.

RF: What drew you to CRLS?

CB: It’s more connected to the world that I actually live in, in terms of being in Cambridge and being truly multicultural and diverse, and welcoming. The school lives in the 21st century in that sense.

RF: Do you have any advice for prospective history students at CRLS?

CB: Great question! I would say be curious, be open, and be engaged.

RF: Have you been to any of the local eating establishments around Rindge yet?

CB: Before I worked here I went to the Broadway Market, and I’ve been to Darwin’s! So there are still a lot more places to visit!



Room 2309 brought an aquatic POV to the competition.
Photo Credit: Liam Greenwell

ALOHA DAY

Continued from page 1

excuse to wear this incredibly ugly Hawaiian Shirt I own.”

In addition to the limbo and dressing-up, there is also a CM decoration contest, where the best decorated Community Meeting is awarded a free continental breakfast from S&S as well as bragging rights and a place in the annals of CRLS history.

While the winner has yet to be announced, the competition is the fiercest it has ever been, dramatically

shown in the photo above. Whoever wins will surely know they went the extra mile.

Junior Nora Goodale, said that she took the competition very seriously. “After two years of a mediocre display on the door of room 2309, I decided I really wanted to try and win that free breakfast.”

Whatever happens, at least the school will have the festive decorations (no one seems to ever throw them away) and the warm spirit of Aloha Day to turn to in the cold weather of a Cambridge winter.

LUNCH SPOTS

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choices will cost you more than they should.

Harvard Market

The other “market,” Harvard is considered the cheaper option of the two. Accordingly, there are also fewer options.

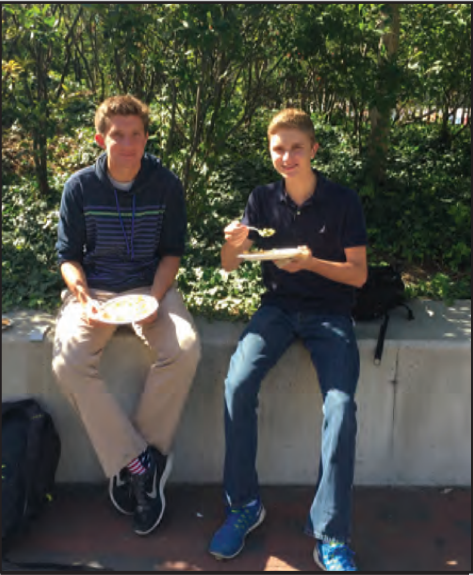
The main draw is the “school special,” which gets you a sandwich, a bag of chips, and an Arizona, Brisk, or can soda. Though in theory you can get any of the sandwiches as part of this deal, it’s rare that students will go for anything except the Southwest (chicken, BBQ sauce, cheese). Another favorite is the breakfast sandwiches (egg, cheese, and bacon on a bagel will run you \$3; \$2.50 without meat).

Tomek said his Southwest was “the kind of food you don’t really want to look at too long.” My egg and cheese was passable, and Harvard gets cred in my book for using actual eggs rather than the egg patty things found at Broadway’s bagel bar.

The atmosphere is hectic inside the cramped market, so don’t be afraid to be assertive while shouting your order and while waiting in line to pay.

Bang for Your Buck: High **Pro-Tip:** Want your egg

and cheese on a croissant? Grab the croissant yourself. The stand filled with muffins and baked goods is near the door: get a croissant on your way in and hand it to the person making sandwiches when you order. Otherwise, you’re getting it on a bagel (you can also specify the kind of cheese: otherwise, you’re getting American).



RF Editors grub on some school lunch
Photo Credit: Liam Greenwell

Darwins Ltd.

Though Darwins is known for its high prices, if you know what to order it can actually fit the \$5 lunch bill.

First of all, even though it’s delicious, avoid the coffee: even a basic cup will set you back at least \$3. Secondly, the full sandwiches are huge -- a half sandwich isn’t as big as Harvard’s school special-size, but it’s often enough for a light lunch.

Finally, bagels are super cheap: not much more expensive than Harvard’s, and much better quality. And though you can’t add meat (then, officially, it would be a sandwich, and the price would increase accordingly), you can add vegetarian toppings and make yourself a sandwich of sorts for only around \$3 (need ideas? How about mozzarella and pesto? Or tomato and brie?).

The line is often massive, and it pays to rush out of class, ignoring friends, to get a spot at the front. Additionally, wait times for sandwiches can be upwards of 10 minutes at peak times: another reason to get there a little early.

Though the prices are sometimes outlandish, Darwin’s is the most delicious and wholesome lunch spot around, period.

Bang for Your Buck: Low

Pro-Tip: The oft-overlooked soups sit right behind the counter and are reasonably priced. Ask for some bread (free with purchase), and make a nice light lunch for a price tag of under \$5.

Next month, Tomek and I will review Mona Lisa’s, Angelo’s, and school lunch; then, we will offer our overall thoughts and pick a winner.

With *Compton*, Dr. Dre is Back West Coast Rap's Founding Father Returns



By
Christo Hays
Register Forum Contributor

Andre Romelle Young, aka the man who changed rap forever, but more commonly referred to as Dr. Dre. As the founder of gansta rap and the G-funk sound, Dr. Dre has given more to the hip-hop community than most artists can ever hope to. There is no such thing as Eminem or “My Name Is” without the Doc, no “Big Poppa” without “Nuthin’ but a ‘G’ Thang” before it. He owes hip-hop nothing and yet, sixteen years later, he’s back with his “grand finale”: *Compton*.

Picking up after a bombastic intro, “Talk About It” throws the modern side of the album in the listener’s face. Hit-hats and mechanical percussion rattle off in rapid succession as Dre’s signature heavy bass underscores the carefully crafted noise.

This mix sets the tone for the rest of the album—part trip down

memory lane, but mostly a fast-lane catch-up to the present. It’s the sound of an artist who recognizes his immense talent while understanding he holds no obligation to be revolutionary.

For all his forays into new soundscapes, Dre is at his best when in familiar territory. *Compton* reunites Dre with many of his old friends. Ice Cube, Xzibit and even Eazy-E make memorable appearances on the album.

The icing on the cake is a strikingly poignant collaboration between Dre and his former rival in the east, DJ Premier. “Animals” combines both their styles wonderfully, creating a theme of unity that carries over into the racially-cen-

“1, 2, 3 and to the 4, third album done now Dr. Dre is out the door.”

tered lyrics. Newcomers are present in full-force as well, and while they are generally the weakest links, they are only comparatively subpar.

With such a chaotic mix of talented people involved, *Compton* remains impressively focused and coherent—a clear sign of Dre’s tal-



Dr. Dre Poses for a Portrait

Photo Credit: Dr. Dre/Beats

ented ear.

Every instrument, every vocalist has their place and each remains unobtrusive yet undeniably effective. The only drawback of the meticulously crafted songs is that nearly all of the gritty textures are gone, which many of Dre’s old fans may have trouble getting over.

It’s no secret that Dre uses ghostwriters for his albums—he understands that he can create better music with the help of others—but a changeup in his writing team proves near-disastrous for *Compton*. For his latest venture, Dre entrusted the role of head writers to

King Mez and Justus. Despite being decent emcees in their own right, as up-and-comers they have no idea how to write for others. They do not understand that Dre excels when using his signature laid-back-yet-commanding style, resulting in Dre’s voice being strained out of its comfort zone for too much of the album. It takes some of the power out of one of hip-hop’s most unique voices, which is shame because we hear so little of it.

As a whole, *Compton* is triumphant, an ode to what is great about rap—new and old. It is a masterwork of hip-hop and a fitting end to the solo career of one of the greatest artists of all time.

Revisiting Life in Maycomb, Alabama with *Go Set a Watchman* Why Read Harper Lee’s First Published Novel Since Her Revolutionary Debut

By
Grace Ramsdell
Register Forum Contributor

Many people have chosen to write off *Go Set a Watchman* by Harper Lee. Contrary to popular assumption, it is not a book about Atticus Finch being racist.

It’s much more than that; it’s about his daughter, Scout, realizing that her father is flawed. More than anything, Atticus’s startling views about race are the device that makes Scout realize she needs to develop her own moral compass.

Set years after the story of Lee’s first and only other novel, *To Kill a Mockingbird*, the premise of *Watchman* is that the trial of Tom Robinson and all the other major plot points of *Mockingbird* are just some of many childhood memories that Scout looks back on later in her life.

Watchman takes place as Scout, now 26 and more commonly referred to as

Jean Louise, returns home to Maycomb, Alabama from New York City. During her visit, Scout is just as alarmed as we are to discover that Atticus is not as perfect as she had always viewed him.

It is hard to reflect on *Watchman* apart from the formidable backdrop of *Mockingbird*; I can’t help but consider them together. Therefore, it’s worth noting that similar to *Mockingbird*, the companion novel is peppered with influences from Harper Lee’s own life, proving the authenticity of the book, and debunking the theory that *Watchman* is not her work.

The book is thought provoking because most of us go through an experience similar to Scout’s; we realize, at some point in our

...*Watchman serves as a reminder that the people and even the literary characters that we revere are flawed.*

lives, that our parents or other people we never doubted are, in fact, imperfect. Scout’s situation is particularly interesting because



The Cover for *Go Set a Watchmen*

of how highly elevated Atticus was in her mind, “[She] never even realized that before she made any decision of importance the reflex, ‘What would Atticus do?’ passed through her unconscious...she did not know that she worshipped him.”

Then very suddenly she discovers that she needs to follow her own moral compass, even though that may mean deviating from her father’s beliefs.

For readers, *Watchman* serves as a reminder that the people and even the literary characters that we revere are flawed. That is exactly why I believe people should read it.

Put aside whatever controversy you may have heard about whether Harper Lee wanted *Watchman* published.

Take this book as an author revealing what she knew to be true for over 50 years - that Atticus is neither a hero nor a god. *Watchman* pushes us to

understand that just because a person does the right thing in one instance, or even many years worth of instances, it does not make them perfect.

Knowing this should not make us appreciate *Mockingbird* less.

Rather, it adds a new perspective to the familiar subject of growing up by emphasizing the importance of developing one’s own moral compass rather than spending our whole lives trying to follow someone else’s.

Photo Credit: HarperCollins Publishing

Europe's Refugee Crisis

How the Western World is Reacting

By
Ursula Murray-Bozeman
Register Forum
Contributor

"We would be willing to take migrants if they have them," Boston Mayor Marty Walsh announced in a press conference on September 9th. The mayor reflects the recent change in attitude among many US politicians as the US pledges to take 10,000 Syrian refugees.

Refugees have been pouring into Europe at alarming rates since 2010, when the Arab Spring began. Conflicts in the Middle East have brought a deluge of asylum-seekers into Europe, both from civil wars in Syria and Libya, and from sub-saharan Africa, as the Libyan civil war has opened pathway into Europe. Prior to Libyan civil war, the

exploitation: many are forced by human traffickers to work in labour camps to pay for their travel and make deadly crossings across the Mediterranean in overcrowded and badly equipped boats. Approximately 219,000 refugees and asylum seekers crossed the Mediterranean last year. 3,500 died or went missing during the crossing. Many then live in unsustainable refugee camps or transit camps, waiting to be granted asylum and relocated.

Fewer than 10% of the 3 million Syrian refugees have fled to Europe. Many seek asylum in Turkey, Lebanon, Jordan, and North Africa, putting a massive political and economic strain on many of these countries. The situation has gotten so bad that in Lebanon, for example, there are more Syrian children in schools than Lebanese children.

Europe, however, has detected 350,000 refugees and asylum seekers this year alone, a massive number that the EU and



Refugees from conflict zones across the Middle East have faced extreme circumstances getting to Europe.
Photo Credit: Time Magazine

other European entities are unable to cope with. Under the EU's "Dublin Procedure," refugees must apply for asylum in the first EU country they enter, putting enormous strain on countries along migration routes.

German Chancellor Angela Merkel appeared to be leading the way in suspending the Dublin Procedure and welcoming refugees to Germany, although the country began border control recently. Merkel urged other European countries to take equal responsibility for relocating refugees.

The US has also taken some initiative, albeit

limited. Obama pledged to take 10,000 Syrian refugees, a miniscule fraction of the refugees Germany, for example, plans to take. Refugees entering the US face approximately two years of screening and bureaucracy, due to security concerns.

Critics claim that the Western world isn't doing enough to help refugees, and it is Western countries' responsibility to give assistance. However, not all countries are easily able to do so. CRLS junior Marius Dainora stresses that nations have a choice on whether to help refugees. "It takes up a lot of resources," he pointed out.

Mr. Dagher, the

CRLS Arabic teacher, believes that countries who do have the resources should help refugees more than they currently are. "Countries have the right to protect their security, but not to use such issues as excuses to keep people out," he argued. He also suggested that there are other ways to help refugees than to allow relocation in one's home nation.

Countries all over the world have stepped up to help refugees, but still more leave their homes daily, fleeing war, oppression, and economic problems. They are looking for a better life, and many have not yet found it.

Cambridge Voter Registration

Some Seniors Have First Opportunity to Vote

By
Liam Greenwell
Register Forum Editor

With the 2016 Presidential race in full swing, many may have forgotten about another important election day.

On November 3, those registered to vote will be able to cast their vote for their favorite City Council and School Committee candidates in the Cambridge Municipal Election. The deadline to register is October 14.

Twenty-three candidates, including all nine incumbents, are running for nine seats in the City Council election; eleven candidates, including five incumbents, are running for six seats in the School Committee election.

In order to register, you must fulfill three requirements. Firstly, you must be at least 18 on or before election day. Secondly, you must be a resident of Massachusetts. Finally, you must be a US citizen.

Jacob Brill-Weil, a CRLS

senior who recently registered to vote, said that it was a feeling of duty which influenced him to register. "As a citizen of this, the greatest country on earth, it is my responsibility to contribute to the beauty that is democracy through my participation in the electoral system," he replied when asked about his choice. "#feelthebern," he concluded.

Although Brill-Weil's answer is tongue-in-cheek, he answered that he was serious about voting in this coming municipal election as well as the presidential primary.

If you are 18 and interested in voting, please visit www.sec.state.ma.us/ovr/ to register online (requires an ID) or to download a mail-in form, or visit Cambridge's Election Commission office to register in person at 51 Inman Street before October 14.

Keep an eye out next month for the *RF*'s extensive coverage of each School Committee candidates' policy positions in our first-ever roundup.

"It is my responsibility to contribute to the beauty that is democracy."

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To The RF



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Why the Dress Code is Sexist

How the School's Dress Code Affects Females at Rindge

By
Charlotte Rosenblum
Register Forum
Contributor

School may have started, but the temperature outside is still reminiscent of summer, having reached up to the high 80s and low 90s these past few weeks. To combat the weather, students everywhere have donned appropriate clothing for their comfort, well-being, and health, including but not limited to; shorts, skirts, dresses, tank tops, crop tops, etc., clothing items which are often deemed “dress code violations”.

Within the first three days of school, over ten female

students reported that they had been “dress coded”, and those were just the ones we heard from.

Sophomore Sydney White states “The dress code makes me feel judged and uncomfortable in one of the few places that’s designated to be a safe space for children, girls specifically.” Dress codes unfairly treat female students as merely

bodies, objects or “distractions”, instead of individuals, students, and minds.

Though the legitimacy and fairness of a dress code has recently been up for debate with the school committee, which is a huge step, the student handbook still states “Clothing will be deemed inappropriate if it is disturbing to other students or in any way interferes with the educational process. This includes, but is not limited to, bare midriffs, short shorts, low slung trousers and other clothing which is offensive and/or violates acceptable standards of dress.”

In the article written

...the dress code is blatantly sexist - demonizing the female body...

last year on this topic I covered how school dress codes are blatantly sexist - demonizing the female body, prioritizing male education over female education, referring to women as objects of distraction rather than students present to learn, and how the dress code contributes to what is known as “sex-shaming”.

On a deeper and

more disturbing level, it is important to recognize how the concept of a dress code itself inherently contributes to rape culture.

Teachers always refer to high school as preparing us for “real life”. In “real life” there is no dress code. By having a dress code in high school boys are taught that they will never have to control themselves, because if a girl is distracting them, that girl is breaking the rules and will be punished and removed. Dress codes punish girls because someone else is objectifying their body, but never punish boys for being the objectifier, teaching boys that objectification

and sexualisation of women is okay.

High school dress codes teach boys that women are not people, they are just bodies. And immediately after children are released into this wild “real world”, aka college, there is no dress code. There is no person to remove girls from a situation where a boy is objectifying them. The internalized effects of what dress codes teach are very clear - the percentage of girls who



Students in New Jersey protesting their high school's dress code.
Photo Credit: NJ.com

have been raped at college is 1 in 5.

When a dress code excuses and turns a blind eye to boys behavior, it sets a precedent that sexual assault is unavoidable and victims are completely responsible because “boys will be boys”. The idea that dress codes exist to protect women from assault is a facade, dress codes exist to excuse boys from punishment for their dangerous mindsets and subsequent behaviors. “Boys will be boys” unless they are taught to be respectful human beings, which administrators seem to neglect as a possibility.

In addition to a nec-

essary change in the dress code, another important entity which all high schools lack is a comprehensive portion of sex-education which focuses on rape, and teaches that rape is never the fault of the victim or how the victim was dressed.

This teaches boys to control themselves in situations where they are “distracted” by women, and if they can’t, they should remove themselves from the situation. If men are as weak as the dress code paints them to be, so weak that they can’t pass algebra 2 if they can see a girls’ upper thighs, then perhaps they shouldn’t be running this country.

Why Isn't the Mainstream Media Feeling the Bern?

By
Ursula Murray-Bozeman
Register Forum Contributor

The mainstream media has an enormous effect on presidential race. The feat of making one’s name known to the entire country takes more reach than any individual can have. Advertisements, interviews, debates, and simply recognition from journalists are essential to any election.

Which is why the media has such a big responsibility in spreading the word about candidates honestly and to every extent possible, without bias. Unfortunately, albeit more than a year away from the 2016 presidential election, the media has not fulfilled its duty.

Although Bernie Sanders is, without argument, in second place for the democratic candidacy, he does not get even the airtime that many of the flailing Republican candidates do. Marginalized by the mainstream media because of his socialist beliefs, and underfunded for campaign ads because of his anti-corporate policy, it is possible that many people will never become informed enough to properly consider voting for him.

In the past, the government has tried to regulate how much effect the media can have on an election. According to the “Equal Time” rule, news sources have to give equal amounts of time to opposing candidates. This, however, only applies to “news events,” such as network hosted debates, and actual airtime. There are no regulations on how much anchors discuss certain candidates.

Nor can Sanders spread his appeal with advertisements, as he seeks to overturn Citizens United, a Supreme Court case allowing

Sanders has drawn the biggest crowds so far.
Photo Credit: Jaqui Oakley

corporations to spend unregulated amounts of money to support candidates. His campaign is proudly funded by individuals, “Not the billionaires.” And he has received enormous support from almost one million monetary contributors with an average donation of \$31.30, ac-

cording to the New York Times. Nevertheless, without more media attention, it is possible that some people simply will not have heard enough of him to vote.

When Sanders held the then largest voluntarily attended (Ted Cruz began his campaign with a rally at

Liberty University that turned out to have mandatory attendance) campaign rally last May, with 5,000 people, the New York Times published 12 articles on Bernie Sanders within two days. In the two days after Clinton’s major rally last June, the New York Times published 33, or 2.75 times the articles.

Yes, Clinton has more supporters than Sanders, and that may be a good reason for the press to write more about her. However, the New York Times has not followed this trend in the past-- in 2007, they

published 23 articles about Clinton within two days of her entrance into the race, and 19 about Obama within two days of his first rally and announcement. There were approximately 1.2 times the articles about Clinton than about Obama, although at this time, Obama was in a similar position to Sanders, a far second to Clinton.

The good news is that this trend is changing. On September 9th, the New York Times’ Margaret Sullivan acknowledged the newspaper’s inattention to Sanders and what she characterized as “A regrettably dismissive” tone in the writing of many of the stories. However, the New York Times has also claimed to write about Bernie “More than any [mainstream] news outlet,” implying that every other popular news source has done even worse.

The press is free to write about whatever they want; however, it is their moral obligation to understand the extent of their influence and make fair decisions that give an equal opportunity to all candidates. There are ways to accurately portray the options available to voters and maintain a newspaper’s freedom and rights.



Sanders has drawn the biggest crowds so far.
Photo Credit: Jaqui Oakley

Fall Sports Round-Up

By
Rafael Goldstein
Register Forum Contributor

Girls Varsity Volleyball (3-3):

The volleyball team is off to a good start after being long-time rival Somerville and new DCL enemy Weston.

Words from the Captain:

Junior Tenzin Dotsang is optimistic about the season, “It’s definitely looking better than last year because the potential and hard work is through the roof, now more than ever. It’s too early to tell, but so far we have been doing great and all we’re focused on is to qualify for states and right now things are looking up.”

Boys Varsity Soccer (1-2-2)

The boys soccer team has many new additions, as well as a youthful team. There are many great times to come for this group of boys.

Words from the Captain:

Senior Julian Cohen is looking forward, “ To showing the rest of the state what Cambridge soccer is all about.”

Co-ed Varsity Golf (2-6)

The golf team is as strong as ever.

Words from the Captain:

Captain Rafael Goldstein: “We started off the season with a tough schedule, but two recent wins has us feeling great. Catch us at the Fresh Pond Golf Course on any given day if you wish to witness greatness.”

Sailing:

Words from the Captain:

Captain Jonah Kane: The team has a lot of new faces this year and we’re excited to keep the legacy of the team going through them, hopefully by the end of the season we’ll have a team of committed sailors who will stay for years

Girls Varsity Soccer (1-3)

The girls soccer team is looking up this season after a dominant win over Bedford.

Words from the Captain:

Captain Ally McCarthy: “ We lost a lot of really great seniors, but weve got some new underclassmen that are already really pushing the team forward. I’d say we have a lot of potential this season to make it to tournament. Last year we didn’t make the tournament at all.”

Falcon Football Wins Big Cambridge Beats Waltham in First Home Game



(From Top) #83 Daniel Rhymer celebrates a pass with fellow teammate en route to their 16-10 victory over Waltham, The CRLS student section gets R-O-W-D-Y.

Photo Credit: Sam Brill-Weil, Zohar Propp-Hurwitz

The Saga of Deflategate How QB Tom Brady Got Away Scott-Free

By
Shuvom Sadhuka
Register Forum Contributor

After months of deliberation, negotiation, and argumentation with the NFL, New England Patriots QB Tom Brady was cleared of his four-game suspension in a federal ruling by Judge Richard Berman.

Tom Brady returned to the field for the Patriots season-opener against the Pittsburgh Steelers, leading them to a 28-21 victory while throwing for 4 TDs.

The scandal, commonly known as

“deflategate,” involves allegations that the Patriots deflated foot-

balls in the AFC Championship game, and that Tom Brady was aware of such wrongdoings.

Sophomore I-Jah Armstrong expressed disapproval over the matter: “It’s silly that we’re still talking about this after all these months; we should talk about football”

The Indianapolis Colts filed a complaint shortly after the AFC Championship, and, following the Super Bowl, the NFL launched an investigation lead by attorney Ted Wells. Wells later published a report detailing the accusations of cheating.

Wells concluded that it was “more probable than not” that the Patriots intentionally deflated the footballs and that Tom Brady was “generally aware” of the deflation.

Roger Goodell imposed a harsh penalty on the Patriots and Brady including a four-game suspension for Tom Brady and the docking of

the Patriots’ first- and fourth-round draft picks along with a \$1 million fine. Brady appealed the suspension, but the it was upheld by the NFL.

Tom Brady then took the NFL to court, where Judge Richard Berman cleared Brady’s suspension.

He also implicitly scolded the Goodell and the NFL for giving an unduly harsh punishment to Tom



Tom Brady plans his vengeance on his NFL.

Photo Credit: NFL

Brady with a lack of significant evidence.

The deflategate ruling brings into question many of the practices of the NFL. For one, Commissioner Roger Goodell’s image certainly took a blow after this ruling, coming on the heels of another fumbled suspension ruling in Ray Rice.

Senior Dawit Tadesse was critical of Goodell, explaining, “Goodell should be fired. I don’t know if they really cheated or not, but I’m like 99.99% sure Brady was innocent...it all comes down to the evidence just like the judge said before the ruling.”

Further, the accusations of cheating in the NFL seem to be concentrated on the Patriots, a team

which has been consistently dominant in the NFL for over a decade.

It is of note that both the Falcons and Browns were caught cheating around the same time as deflategate (Falcons for pumping noise into stadium, Browns for using cell phones), but both teams received a fraction of the media attention that the Patriots received for an alleged crime that had little effect on the result of the game.

The NFL is expected to appeal Judge Berman’s ruling in a federal court, a process which is not expected to commence until February of 2016, after the Super Bowl. Meanwhile, an impassioned Tom Brady will continue to play the season and look to win a fifth ring.

Athlete of the Year: Brianna Duncan Gets National Honor

CRLS Track-Star Blows The Competition Away and Brings Three Titles Back To Cambridge

By
Sophia Nikolayev
Register Forum Contributor

This past season, senior Brianna Duncan became the first female in Massachusetts history to capture three individual titles at the All-State championships, leading the Falcons to the team title.

This past winter’s Girls’ Indoor Track All-Scholastic Athlete of the Year as named by The Boston Globe, Duncan broke the tape in the 100-meter dash with a time of 11.97 seconds, soared 18 feet, 8.75 inches in the long jump and leapt 38-6 in the triple jump.

She placed ninth in the long jump at the New Balance Nationals Indoor championships this past winter and also won the long jump title at the 2014 All-State meet as a sophomore.

“It’s huge,” said Cambridge track and field coach Jamalh Prince. “We’ve come up second so many times. We’ve come close, but never

sealed the deal. It’s an amazing, amazing accomplishment.”

Along with being a track icon, Duncan also manages to maintain academic achievement and prove to be an exemplary character in her community by working as an intern at a local rehabilitation center as part of a certified nursing program throughout her junior year.

Duncan herself spoke to the subject of juggling all of these things: “It’s all about time management. I know that how you do in school has a huge impact on where you are going to college so when I’m up late doing projects I know that it’s worth it because I know that I have to put in the same time I put in track into my school work.”

“To be able to stay that focused mentally and not let it get to her is amazing,” said Cambridge coach Scott Cody. “She’s come a long way.” Sophomore William Daniels, who looks up to Brianna Duncan, passionately exclaims, “I



Duncan wins three individual titles at Fitchburg State meet. Photo Credit: Boston Globe

mean I’m a baller, but wow she’s like a whole other level of impressive. She’s who I want to be when I grow up.”

Along with Daniels, Katelin McCallum greatly admired Duncan: “I tried cross country for a bit and sucked. I really don’t know how she does it.”

Duncan is extremely grateful for being named athlete of the year.

She is proud to represent Cambridge on the national sporting stage and she looks forward to her future. “It feels great and motivates me to grind harder because I know I can do anything I put my mind to.”



Duncan prevails in the close race at All-States. Photo Credit: ma.milesplit.com



The falcons win a heartfelt victory at All-States. Photo Credit: ma.milesplit.com

Young Stars are Carrying Sox

New Players Hint at a Promising Next Season

By
Rosa Munson-Blatt
Register Forum Contributor

After having reached the pinnacle of baseball success in 2013, the Boston Red Sox have plummeted from being first to worst in the past two years. However, in the second half of the 2015 season the outstanding performances of many young players on the team demonstrate there is hope for the future and a possible pennant.

Sports prognosticators predicted the Red Sox would find success this year after paying exorbitant salaries to hopeful aces and clutch hitters. The success of those players have yet to be prevalent in games.

Most of the season the Red Sox have consistently

lost more games than they have won, had a 9 game losing streak, and lost a majority of their series according to the Boston Globe. “It’s frustrating to see them on TV or to go watch them. The one time I did this year, they lost!” says Jalisa Poin-dexter, a senior and player on the school softball team.

There is a glimmer of hope, and that has been found in players all born the same decade as junior and seniors at CRLS.

Mookie Betts, who is seventh on the American League Top 25 hitters boasts a batting average of .287 and an on base percentage of .342, which essential for a lead off hitter.

Not only is Betts at 23 years old offensively but has also been a defensive star in the outfield. Similarly, Jackie Bradley Jr. who

has been up and down from the minors is known for having the best defense in the American league, but had struggled offensively, hitting at one point, a pathetic .116. After the All-Star Break Bradley made a spectacular turnaround with a significantly augmented average of 336 .

“The Red Sox have been pretty terrible this year, but, young talented players like JBJ, Mookie Betts and Xander Bogaerts give me hope for a World Series Championship soon!” exclaims Sophie Lipkin, a junior and dedicated fan. 2013 winner veteran Xander Bogaerts was a predicted star and ranked high on the list of Major League prospects. He, like the team, fell significantly short of expectation in the last two years, but, this year has finally showed



From Left: Brock Holt, Jackie Bradley Jr., and Mookie Betts Photo Credit: NESN

the quality work he is capable of. He has lead the Red Sox in hits and batting average. In contrast, the newest addition in May of 2015 of the young players, catcher Blake Swihart, is batting a .287 with 67 hits.

This year, perhaps the largest adversity the Red Sox face is finding a stable starting pitcher. This may be located in, who at 22 is the team’s youngest player, Eduardo Rodriguez or ERod. He has currently won 9 games and has the team lowest Earned Run Average of any starter on the Red Sox at 4.05. As Noah Epstein, junior notices, “The Sox have lacked pitching consistency over the last few years so it’s awesome to have him performing so well.”

The Red Sox may be taking the “L” this season, however, as Manny Ramirez, a former great of the Red Sox, said “There’s always next year!”