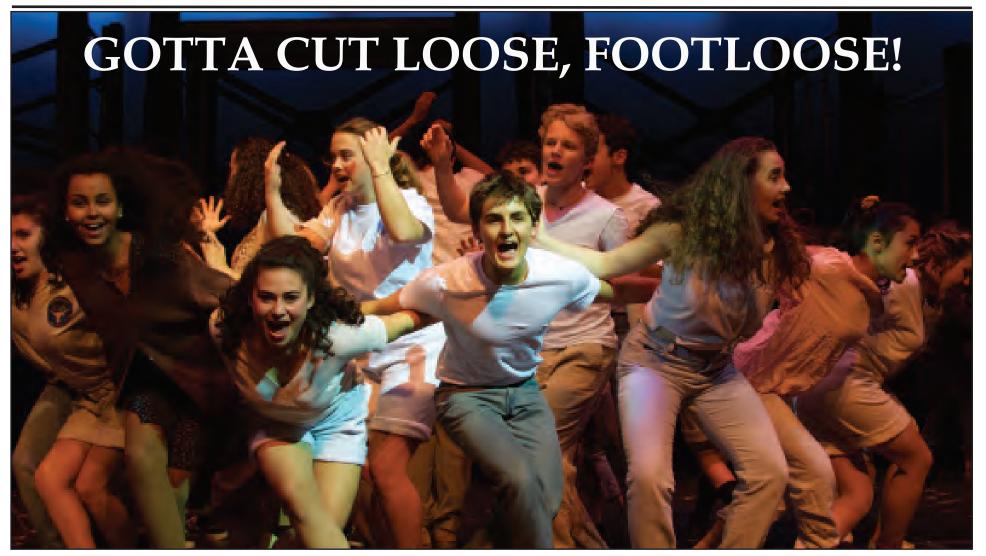
### The **REGISTER FORUM** Established 1891

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The Footloose Cast performed November 13th, 14th, 20th, 21st, and 22nd in the Fitzgerald Theatre.

Photo Credit: Diego Lasarte

#### *Footloose* Rocks the House CRLS Drama Brings their Dancing Shoes

By Wini Austin Register Forum Contributor

During the weekends of November 13th and 20th, the Fitzgerald Theatre was filled to the brim with crowds anticipating one of

the biggest theater department of the events fall year: the musical, Footloose. Three months of hard work paid off in a night filled Sunday, Nov. 22 2:00PM with song, dance and undeniable CRLS talent. Footloose is a 1998 musical based on the 1984 film that tells the tale of rebellious teenager Ren McCormack, who moves to a small midwestern town where dancing has been outlawed by the pastor, Reverend Shaw. Reverend Shaw's



daughter, Ariel, falls in love with Ren, much to the chagrin of her father and roughneck boyfriend Chuck, who try to set the rest of the town against him.

Determined to teach the uptight town of Bomont that the ban on dancing has to end, Ren rallies

his fellow classmates in a fight for the right to throw a townwide dance.

Footloose celebrates the power of dance, but it also

### Class of 2019: Check In

#### By Grace Austin Register Forum Contributor

It's only been three months, but the CRLS class of 2019 has already hopped aboard the rollercoaster of high school. Some are scared for what the future holds. Some are just counting down the days until graduation.

When asked about aspects of high school that have surprised freshmen, Max Mian says, "I am definitely surprised at how short I am compared to everyone else."

There are always going to be

pared to the middle school atmosphere. The fear of missing class because of getting lost has simmered down for now. "It's a lot easier to get around, but only if you pay attention to signs and let people help you. I've gotten lost twice, which is a miracle!", says freshman Stella Engel-Worman. Although students have found their way around this semester, there is still fear of where their second semester classes are.

One adjustment that has been positive is the food. The universal excitement about the delicious food reflects the overall feelings about entering high school.

Charleen Amisial preaches it when stating that what she is pumped for in high school is graduating. Not many of us could disagree with that!

Photo Credit: CRLS Drama Dept.

Opinion, p. 9

teaches more serious lessons about the importance of standing up for your beliefs, the struggles of parent rela-

tionships, and the wisdom of listening to teenagers. But as CRLS junior and Ethel McCormack actress

*Continued on page 11* 

surprises in high school. 9th graders still have specific things that they are looking forward to. Many can't wait for Falcon Pride Day. In Nathan Muz's case, it is a certain class. He exclaims, "I am definitely looking forward to Concert Band next semester."

People have gotten well adjusted to the differences here, com-

It seems easy to think of what the future holds, but reflecting on the high school experience can be

Continued on page 3

#### FOCRLS

The scholarships offered by different organizations and individuals have helped many Rindge graduates.

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### **INSIDE THIS EDITION**

#### HILLARY CLINTON **KASPAROV VISIT**

Famed chess player took controversial stances on geopolitical issues while visiting Cambridge.

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#### SPORTS PREVIEW

An insightful look at the upcoming season, examining expectations and challenges of the teams.

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### <u>Around School</u>

#### **REGISTER FORUM**

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Established in 1891 as the C.M.T.S Register

"Listening to every voice, printing what you need to hear"

### FoCRLS Awards Scholarships and Grants

#### By

Cameron Lane-Flehinger Register Forum Editor

Last year Friends of Cambridge Rindge and Latin School (FoCRLS) awarded \$24,600 in scholarships and awards to 24 graduating seniors, up from \$5,000 in 2013.

Executive Director Elaine Schear is confident that FoCRLS can continue this growth going forward, saying, "this coming year we'll have at least 30 scholarships, and probably more... right now, there are about \$200,000 in scholarships from the school and other organizations, and we're aiming for at least a half-million, and even more."

One of the new scholarships is the Patrick Ewing Scholarship. Ewing, who graduated from CRLS in 1981, went on to be a star basketball player at Georgetown University and in the NBA. The \$1,000 scholarship will be awarded yearly to an African-American student who plans to compete athletically in college.

Lack of visibility among the student body has been a significant obstacle for FoCRLS in recent years.

Unlike organizations like Friends of Cambridge Athletics (FoCA), which hosts a walk-a-thon fundraiser around Fresh Pond every fall, FoCRLS does not have a headlining event that alerts students to their presence. As a result, many students don't know about FoCRLS until applications for scholarships open in February of their senior year. Said senior Norman Garcia, "I think they should be better known for sure, they definitely help students and maybe a bigger social media presence would help them be better known."

Visibility is an issue that FoCRLS is very concerned about. "We are thinking about how to be more visible to and inclusive of all the students in the school so they know who we are and what we do. We're talking with FoCA about hosting a joint event for the student body," says Schear.

FoCRLS' scholarships and other college preparation resources are especially important at CRLS, where 89% of graduates go on to attend a two or four-year college, and 45.4% of students live below the federal poverty line. Says senior Alex Shulman, "[Finding ways to help students afford the costs of college] is very important, because we need to be making sure that students are concerned about getting educated not affording education."

Beyond providing scholarships, FoCRLS also awards Unsung Hero Awards, Faculty Distinction Awards, and has helped organize funding for trips to London, the Galapagos, and Tanzania. Although they may not be widely known, these awards can be extremely meaningful for the students and faculty who receive them.

Says history teacher Ms. Read, [Receiving an Unsung Hero Award] makes them feel really proud of themselves and I think it also allows other people to see their accomplishment, especially because they are students who wouldn't expect recognition.

Students, parents, or community members interesting in learning more or getting involved with FoCRLS can stop by room 2136, go to focrls.org, or attend one of the many community meetings FoCRLS hosts for more information.

### Rindge Students March in Solidarity with Mizzou

By Adrienne Ashe Register Forum Editor

On November 13th, dozens of students gathered after school to march on City Hall in solidarity with the Students of Color Union due to the alleged epidemic of racial harassment at the University of Missouri.

Beginning in early September, reports of black students being harassed on campus grew rapidly, and experiences such as being aggressively called various racial slurs quickly went viral. Several similar instances continued through October 5th, when protests erupted on the campus. Concerned Students 1950, named after the first African American students who desegregated MU, led a protest during the homecoming parade.

To make matters worse a swastika was drawn in human feces on a bathroom wall at MU two weeks later. Student activists looked for support and later the resignation of President Tim Wolfe, but did not get it until players from the MU football team refused to play.

CRLS was among many high schools and colleges throughout the country to participate in supportive protests. At the Cambridge protest, CRLS students, Harvard students, and a city councilmen gave speeches and read poems. Graduate of the University of Missouri Caitlyn Stevens said, "It's the responsibility of the administration to reflect the needs of their students, and when that's not the case you have every right to demand that." local government. He said, "It's extremely important for every group...[even] one or two people [to] go make asks [sic] on the behalf of the group." He later added that having one or two representatives communicating the agreed upon message to other activists and elected officials will help the movement grow.

Sophomore Emanuella Fede, one of the organizers of the protest, hopes to spread the movement by providing workshops to increase education and awareness. Additionally, Olivia Fenty, a CRLS junior, has started the Chocolate Project, which photographs black women to hopefully promote self-love and respect. The student protest and subsequent projects exemplify the eagerness of CRLS students to participate in the continuous race discussions taking place on high school and college campuses across the U.S.

City Councillor Nadeem Mazen gave the protesters advice on how to further the movement so that it can affect positive change in the



From left: City Councillor Nadeem Mazen marches with Rindge students; Cambridge police direct traffic during the protest; Rindge students hold signs in solidarity. Photo Credit: Karalynn Ojeda-Pollard, Diego Lasarte

### AROUND SCHOOL



Photo Credit: Ashley Nicole

By Ashley Nicole Register Forum Contributor

Surrounded by the din of pre-calc and algebra classrooms, Ms. Bannon, dealing with the isolating effects of being the only English teacher in the green zone of the second floor, sat down with *The Register Forum* to explain her unconventional teaching style, what it truly means to be a teacher at CRLS, and her take on North West.

#### RF: What makes you such a great teacher?

MB: I don't know if I could consider myself a great teacher. I think as a teacher I still have a lot I need to work on and a lot I still need to improve on, and that's why I'm still a student in

### Teacher Spotlight: Meighan Bannon Where North West, Tyranny, and Free Candy Intersect

school myself. It's useful as a teacher that I never left school. Never having personally removed myself from being a student has made it easier for me to relate to students. You know, I'm still dealing with deadlines, meeting other teachers' expectations on my own, so I take all of that into consideration when planning my own classes.

#### **RF: What makes you different from other teachers?**

MB: One of the great things about working here at CRLS is that I don't think I've ever run into a teacher that I wouldn't consider a great teacher. The teachers here are really brilliant and really smart; and I'm constantly looking or hearing about what they're doing and thinking, *Oh my God, why am I not doing something like that?* or *Why don't I know that?* I try to make sure my classroom is as much about what my students want as I want.

#### **RF: Explain your teaching style.**

MB: I very much believe in that notion of education being a two way street. It's critical for a teacher to know it's not just about what you want, it's more so what the kids want. You can't teach from an ivory tower; you can't be at the top, and although I tell my kids all the time that [the classroom] is absolutely a tyranny, and I am absolutely in charge, I think...I hope, they know I don't seriously mean that. Maybe they do think I mean that and they leave here like, *That tyranni*-

*cal Ms. Bannon, she is the worst*, but I guess then we've really used the word tyranny in context and authentically, so they've learned something, so I guess I'm still teaching.

# **RF:** You've taught a wide range of high school students (AP to CP, freshmen to seniors); what do you know to be true about all high school students?

MB: Every kid struggles.

#### **RF:** How have you maintained such a welcoming environment in your classroom, which hosts not just present students but a number of your previous ones?

MB: I'm interested in what you guys are interested in, so it's fun to have the students come in and talk to me about sports or celebrity gossip. God knows it was very exciting being on Kim Kardashian pregnancy watch when we were very concerned about the name of the baby, and equally horrified when the name was revealed, but that's what I love. I'm privileged to not only come in and get paid to teach students, but to also dish to them about these things. At the end of the day, I want students to feel comfortable enough with me to still come and ask me for advise or help even after I've had them.

### **RF:** I heard you're the plug for candy, so what's good with that?

MB: Gotta stop making it hot Ashley.

### Technology: Helpful or Hurtful?

#### By Will Telingator Register Forum Contributor

There is no denying the fact that we live in a world driven by technology. The reality is that nowadays, widespread access to technology and social media is distracting students across the country and affecting their academic performance.

Numerous studies have demonstrated that compared to every other age group, teenagers spend the most time using technology. In fact, according to a report by the Kaiser Family Foundation, kids spend up to 75 hours every week using some form of media. To put that into perspective, students rarely get more than eight hours of sleep each night. Junior Mitchell Dickson notes that growing technological use is a major problem. He admits to spending "probably like four and a half hours" on his phone every day. He also believes that his frequent phone usage is taking a toll on his academic performance, as it greatly increases the time it takes for him to complete his homework. "Technology slows the homework process. If I were to use my phone during homework, it would take twice as long compared to if I didn't have my phone," he said.

Mitchell is not alone in this belief. Various academic studies have proven that students who spend more time consuming media tend to have a harder time in school. Another study by the Kaiser Family Foundation concluded, "Nearly half (47 percent) of the young people who were classified as heavy users-meaning they consume more than 16 hours of media in a typical day-said they usually get fair or poor grades (mostly C grades or lower)." Other students, such as sophomore Deirdre Keane, acknowledge both the positives and the negatives of easy access to technology. Keane maintains that even though technology can "distract students from positive study habits," it is also an important resource. Keane argues that her grades would not improve if she put away

her phone during homework because she "also uses [her] phone to communicate with people," and "wouldn't be able to ask people questions or anything without it."

Junior Bouchra Benghomari shares a similar opinion. She believes "sometimes it's helpful to have your phone with you while you're doing your homework because you can Google things quickly or use a calculator."

Indeed, there are undoubtedly numerous advantages to the incredible technology that is at our fingertips. These exciting possibilities are partly what makes technology so addicting. It is no easy task to ignore technology for an extended period of time. Even so, all studies indicate that students would benefit immensely by putting away their phones during study time. Sophomore Atticus Olivet adds, "I think that ignoring technology would be a great wake up call. If you try to stay disconnected from your phone for only two hours a day or so, there will be a great boost in productivity."

#### FRESHMAN CHECK-IN Continued from page 1

surprising compared to what you thought it would be like.

Junior Bouchra Benghomari shared her expectations of CRLS as a freshman compared to her views on the high school as an upperclassman.

She reflects, "Well I guess I'd say that I cared a lot about dumb things and less about grades and classes. But come junior year, overall I feel I am much more productive and impactful, which I really wish I was more of as a freshman." Hopefully this year's newcomers will think the same four years from now.

Beginning high school seems intimidating, especially at a large school like CRLS, but after spreading their Falcon wings, the freshmen class of 2019 has realized that they are ready to soar.

They have been thrilled with the ride so far. Having the title "freshmen" seems scary, but this class has proven that being a little fish in a big pond simply gives you more room to swim.



Students in Ms. Teel's freshman homeroom pose outside room 2202. Photo Credit: Diego Lasarte

### AROUND SCHOOL

#### Seniors Face College Decisions Class of '16 Starts Stressing about Higher Education

By Maddalena Tridenti **Register** Forum Contributor

Soon, seniors will not be at Rindge anymore; they will run into the future. But first, they have to build it. These days are fundamental in order to clarify your goals and ask yourself: college or not? And if yes, which one?

The pressure felt by most seniors is palpable. As confirmed by guidance counselor Mr. Walker, "The majority of the students act nervous, anxious, and stressed, but there are also those who aren't even thinking about what they are going to do after this year."

Students experience many difficulties during this time in their academic careers.

Helpful resources such as documents in the Senior Information section of the CRLS web site as well as Naviance can help students manage all the things they have to do, e.g. applications, touring selected schools, and the SATs.

The SATs are a major source of stress as they are the first step in the climb

Emma Ramsdell, aspirant language student, wisely contributed that, "Before dreaming about the college, it's better get into it."

According to Naviance, the ten most popular colleges among CRLS students are: UMass Amherst, UMass Boston, UMass Dartmouth, Bunker Hill Community College, Northeastern University, Salem State University, Boston University, UMass Lowell, Harvard University, and Suffolk University.

The demands that need to be met to make the college decision are many. "I want to fit into the college,

Soon, seniors will not be at *Rindge anymore; they* will run into the future.

> and make sure it is right for me," said senior Kendrick Bellan, who hopes to attend NYU for acting.

> There are many things to consider when choosing a college, such as the cost and financial aid, academics, and even parents expectations.

> Parents have a fundamental role in this decision. Some of them are involved

towards college. Senior and controlling, others are not involved at all, and some achieve more healthy levels of involvement.

> The most common concern among seniors is the high cost of higher education, but aspects such as academics and athletic programs also weigh on them and their parents, as is the case with senior and girls volleyball captain Yuleska Ramirez.

> Former student Sara Solomon affirmed that parents pushing is, in some cases, the result of encouragement from the government about pursuing higher education.

> > Besides indecision and stress, Cambridge Rindge and Latin High School is, without a doubt, a very strong foothold.

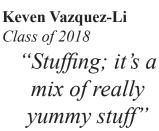
"CRLS prepared me mesmerizingly well for college; I really value education," Solomon reported with gratitude.

English 12 teacher Dr. Wambui offers inspiring words for seniors, saying, "The knowledge you get in high school [allows you to] go [deeper into analysis] in college and to be critical thinkers and learners."

### **CRLS RESPONDS:** What is your favorite Thanksgiving dish?



Jay Nguyen Class of 2017 "Honey-glazed ham, because it's fattening"





Jordan George-Bellitti Class of 2016 *"Turkey wrapped"* in bacon, a family special"



Class of 2016 *"Sweet potatoes* with a little bit of coconut oil"



### Students Discuss Major Standardized Testing Changes

By Will Telingator Register Forum Contributor

"I think standardized tests are the stupidest thing ever," voiced CRLS junior Mia Juaréz, adding that they are "unnecessary because they limit your ability to show what you're capable of."

The dreaded Scholastic Aptitude Test (SAT) has continued to influence the lives of teenagers across the nation since becoming a staple in American high schools in 1926 due to its great importance in the college application process.

dents on their ability to memorize information. This concern will be addressed in the changes set to appear in the new format, which will shift the SAT's focus towards deeper levels of thinking.

While some students are aware that the SAT format will be changing this spring, many are not quite sure how it will be different. According to CNN, the SAT will be modified in seven specific ways: free test preparation, no penalty for wrong answers, a revamped essay, evidence focused reading, no obscure vocabulary words to memorize, more graphs and charts, and more "great texts." Additionally, the SAT will now be scored out of 1600 points instead of 2400. Many students are optimistic about these modifications. Junior Michael Hume is "definitely going to take the new test" because he likes the changes that are being offered and believes that the new exam format will be "better for students." Although it may not be very popular, the importance of the SAT should not be overlooked.



However, beginning in March 2016, the SAT will undergo drastic changes to its content and scoring system. One reason that test administrators decided to modify the format of the exam was because they believe that the old test was not sufficiently preparing students for life after high school.

If all goes as planned, the new SAT test will focus on making sure that critical thinking skills are more fully developed before students graduate.

This news comes as a relief to some students. Many of them believe that the previous SAT was not a good measure of intelligence or skill. CRLS junior Harry Bayly voiced this opinion stating that the old SAT "was just a test of how well you can study," simply testing stu-

Jodi Mace, a guidance counselor at CRLS, explains that standardized tests such as the SAT are so important because they "act as a common denominator for admissions counselors to compare students across the country with different high school curriculums, rigor, and offerings."

Fortunately, gaining access to test preparation materials is now easier than ever thanks

Even RF editors stress out about the SAT. Photo Credit: Diego Lasarte

to the recent partnership between the College Board and Khan Academy aimed at making test prep more accessible. CRLS junior Anna Griffin notes, "The partnership between [the] College Board and Khan Academy can be beneficial for many students and a good resource to have."

However, 80% of students polled were not aware of the new affiliation between the two organizations. Many say this free test preparation is an important opportunity to take advantage of, as it has a potential to increase test scores.

All juniors should be sure to register for the SAT, but remember that the format will officially be changing in March 2016. You can sign up at https://sat.collegeboard.org.

#### November 2015

### AROUND SCHOOL



### A BLAST FROM THE PAST The Rindge Register, JUNE 1945

The Register Forum is the oldest running school newspaper. Register Forum archives at the main public library hold many of the published newspapers since 1889. Let's take a look at the June 1945 edition of the Register Forum-just before the end of WWII.

#### Highlights

In order to help the war effort, Rindge students raise \$10,606 from war stamp and bond sales in homerooms. Adjusting for inflation, this would have the same buying power today as \$140,000.

- Robert M. Lanoue writes, "Please keep this peace, Mr. America," concerned about how the war is affecting his country.
- Student government tries to advertise school dances with infamously small tunout.
- Walter H. Gomes celebrates 25 years of mentoring for the Rindge Register, the student newspaper of the Rindge Technical School.

### **Cambridge: Raw Perspectives** Students Launch Cambridge Version of HONY

#### By Sun-Jung Yum Register Forum Contributor

With over ten million followers on social media, Humans of New York is a blog not only famed within the borders of the Empire State but across the country. In order to produce communities where all are acknowledged no matter their hometown, many similar pages have been established in other cities, including the newly-founded Cambridge: Raw Perspectives.

The Cambridge Youth Council (CYC) created to expose some of the issues that

that [the CYC] bring[s] up through [their] interviews."

In the past, several similar pages in this area have resulted in failure, for example Humans of Cambridge.

"We definitely had some concerns that our page would have the same results in the beginning," said Ciccolo. However, the committee appears confident that they have learned from the mistakes of other groups. The CYC is determined to keep up with their interviews and posts, as well as establish a market plan.

> As their website clearly suggests, the CYC

this blog in order "Our interviews, so far, haven't been as raw as

concentrates on the "raw" views of the population, they have



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impacting teenagers' lives.

Although it was

formed only a few weeks ago as part of the CYC's project for the year, they have already gained a significant number of supporters.

When asked about their aspirations, Director of the CYC Lace Campbell explained, "Basically, [the students] are looking for the community to feel like they are better connected through sharing their experiences." She added that the CYC hopes to capture multiple perspectives and attempt to recognize as many voices as possible.

Freshman Marly Ciccolo points out that leaders in the CYC hope that citizens will begin to consider "taking action on the issues

but we want them to be... been experienc-

ing some trouble in this area. "To be honest, our interviews, so far, haven't been as raw as we want them to be, but as we progress in the future, hopefully [they] will be more and more honest," confessed junior Kester Messan-Hilla. Regardless, they CYC remains confident.

In fact, the CYC has many plans laid out for their future. According to Messan-Hilla, the council has split up: the other half of the students not involved in this project are leading workshops relating to the achievement gap across the district. In addition, he explained, "The Kids Council is starting a website called Find It Cambridge, and we



CRLS students Eva Maes (Top) and Jemima Mascary (Bottom) share their views with Cambridge Raw Perspectives.

want some of the data we collect presented. The CYC is looking for from [Raw Perspectives] to play a role in the creation of the website."

Although it will not be possible to join the CYC until next year, several opportunities for students to get involved in this project are

Photo Credit: Cambridge: Raw Perspectives a diverse group of interviewees; everyone is welcome to participate.

Look out for upcoming workshops, as well as new posts on the Raw Perspectives Facebook page.

### AROUND SCHOOL

#### MEET THE QUEENS AND KINGS OF CRLS Interviews with the Homecoming Royalty

why

Every year, CRLS elects new homecoming royalty for the homecoming football game. On Friday, October 16th, Homecoming King Mauro Texeira, Queen Brianna Darla Duncan, Prince Robert Favreau, and Princess Tenzin Dotsang were elected by the student body. Maddalena Tridenti, a *Register Forum* Contributor, has interviewed each of them. The following interviews have been edited for brevity.



From left: Robert Favreau, Tenzin Dotsang, Mauro Texeira, Brianna Duncan

#### **The Prince** *Robert Favreau '17*

#### **RF:** Why did you decide to run for the title of Homecoming Prince?

RFa: I decided to run because people know me at Rindge, and I thought, why not? It can be a great story for my kids one day.

#### **RF: How do you feel?**

RF: I feel good. [I'm] glad to be able to represent our school and community as royalty.

#### The Princess Tenzin Dotsang '17

**RF: Why did you decide to run for Homecoming Princess?** TD: Just for the fun of it!

**RF: Was running your own decision or were you encouraged by your friends?** TD: Yes, my friends supported me when I was thinking about it.

**RF: How do you feel?** TD: It was weird in front of everybody, but I was very happy.

#### **The King** Mauro Teixeira '16

**RF: Why did you decide to run for Homecoming King during your senior year at CRLS?** MT: It's my senior year, [but] I haven't really participated in any school events that much, so why not give it a shot.

**RF: How do you feel?** MT: I feel great now that I got crowned; it's a cool experience because now people kind of know who I am throughout the school. Photo Credit: Engels Ady

#### **The Queen** Brianna Duncan '16

**RF: Was running your own decision or were you pushed by your friends?** BD: It was my own decision.

**RF: Was winning Homecoming Queen a goal?** BD: This is not one of my goals. It was just fun for me.

**RF: How do you feel?** BD: Winning is what I do. So winning felt great! I was excited and really happy.

### Who Are You Trying to Impress? CRLS Students Give Reasons for Dressing Up

By Maggie Joachim Register Forum Contributor

Tom Ford once said, "Looking the best you can is a show of respect to those around you." Do we always have to look the best we can? Here at CRLS, there are a variety of different personal styles and trends worn by students. The hallways become runways as students walk from class to class, confident in their attire.

#### Green, a CRLS freshman.

Fashion can be a type of expression. Someone can show who they are or make a statement by simply wearing a certain outfit. When meeting someone, their first impression of you is based on your appearance. Using clothes to express yourself can be a way of introducing yourself without formally doing so. The question of why students would dress up comes up often in our school. Have you heard the commonly asked question, "Who are you trying to look cute for?" or "Who are you trying to impress?"

students automatically think that it

is to impress someone else?



Keeping up with the latest are you trying to trends for some people isn't a daily "Who are you trying to routine. There are some days where students want to put on a comfy sweater and

These are questions that are asked when someone suddenly decides to

sweatpants and not have to worry about dressing up for school. Does it matter what people are wearing on a typical school day? "How a person dresses is how someone shows their originality," says Nora one suddenly decides to dress up for school one day. There can be many reasons why someone would choose to look more put together than usual. Why do some

standards for themselves."

Looking good can also be

In our society, we care a lot

about appearance. People worry

about what "fresh kicks" to buy or

how they can not look too "basic."

about yourself. You could want to dress up for yourself to gain some confidence. Jodanah Jean Baptiste, another senior, claims that "if people feel that they look good then it's gonna show in everything that they do. Confidence is important."

Whether you're dressing up to impress someone or if it's for yourself, keep in mind the statement you want to make. What impression would you like to give?

Seniors Gabriel Lubbock and Will MacArthur have their own reasons for dressing up. Photo Credit: Liam Greenwell

### PINION

### Rape is Never a Joke

By Julia Bluestein **Register** Forum Contributor

Here's a good one... What's the biggest cause of rape? Girls saying no.

I want to discuss an issue that has affected me very personally. I am here to tell you something that isn't easy to say. I am here as a survivor of sexual assault.

You can only imagine that after the physical stress, emotional turmoil, and months of therapy I've been through, hearing someone say the other day in homeroom, "He practically raped her," made me freeze.

I stood there, feeling like I had just been punched in the stomach, while the kids around me dissolved into fits of laughter.

"What, did he jump

on top of her and force her to kiss him or have sex?" one kid joked, adding,

"There's no way she was forced, she definitely liked it."

Those words pierced through my haze and diz-

ziness, like a foghorn on a cloudy morning. The conversation ended there, and the kids moved on with their day. I did not move on. Those words rang through my head for the rest of the day.

The number of jokes regarding rape and sexual assault that fly through the halls of a high school and the sidewalks of crowded city streets are, without a doubt, thoroughly unacceptable. To be honest, I am at a loss for why someone could possibly find humor in a joke that normalizes, condones, and turns a blind eye to the 20 million Americans who have been forced to partake in sexual activities without giving their consent.

I suppose maybe someone in this world does find those jokes funny. But is it

Instead of chastising victims for not being brave enough to speak up, we should stop laughing at jokes about rape.

> funny to you that a woman in America is more likely to be raped than diagnosed with breast cancer? Is it funny that every 107 seconds,

someone in America is sexually assaulted? Would it be funny if it were your sister, mother, or girlfriend?

> Can you imagine standing in a room full of your friends after going through what a person like

me has gone through and hearing someone say, "Yeah he basically raped me," or watching TV and hearing Daniel Tosh

say, "Wouldn't it be funny if that girl got raped by like, five guys right now? Like right now? What if a bunch of guys just raped her..."

At Columbia University, students protested the administration's responses to sexual abuse complaints.

No, you can't imagine it. You cannot even begin to imagine how nauseating and disgusting it feels. There are no words to describe that feeling.

Whenever rape is discussed, I always hear the statistic that only 84% of rapes are reported, and people ask how we are supposed to fix a problem that no one talks about.

Photo Credit: The Hollywood Reporter

No one is going to report a rape in a society where jokes are casually thrown around about having your clothes ripped off and being forced into sex.

So instead of chastising victims for not being brave enough to speak up, we should stop laughing at jokes about rape, because they are not funny.

Rape isn't a joke, so stop making it one.

### CRLS Student Government is Ripe for Reform New Election System and Powers Would Capture More Potential

By Will MacArthur Register Forum Contributor

The mission of CRLS student government is an admirable one: to "develop leaders who will represent the student body at large and their ideas". For the most part, our elected representatives do this remarkably well, and several Student Government alumni have gone on

cratic debate about the governing of our school in one of our major democratizing institutions.

Additionally, a focused outreach effort, which could include posting of meeting agendas and updating the information about meeting times on the CRLS website (it is currently three years out of date) can bring more students to meetings to voice their views.

Lastly, if you are among the Rindge students who voted in the





last student gubernatorial elections, to successful careers in electoral you have a basic idea of how they politics, including State Rep. Marjorie Decker and City Councillor work. Marc McGovern. Students vote for their four fa-

However, our current Stu- vorite candidates to represent their

dent Government Proportional representation more would encourage candidates to potential. speak to the entire student body. granting student government

class, and the four candidates with the most votes are elected. In practice,

influence in the club approval process and allocating a student activities budget controlled by our elected officials, the administration can promote spirited competition for seats that too often are filled by unopposed candidates. This contributes to a healthy and vibrant demo-

has

By

this often leads to four candidates winning with the same strong base of supporters.

Luckily, this is a problem with multiple possible solutions. Adopting proportional representation, the system used in Cambridge municipal elections, would encourage can-

Student Government representatives are chosen by a first-past-the-post system. Photo Credit: HMFH Architects

didates to speak to the entire student body, even if they think voters are already committed to someone else.

This would allow candidates to win without majority support if they represent a passionate and substantial group. Increasing the number of seats would inherently bring in more voices, and limiting each student to one vote, or even two, would prevent the election of many candidates by the same voters.

A powerful majority has a right to be heard, but it shouldn't fill every seat and drown out other voices in our elected government. Reforming the election process and delegating more power to the organization will contribute to a more representative Student Government.

### One Child Too Many We Must Help Syrian Refugees

By Rihana Oumer **Register** Forum Contributor

This time in our high school career. we are thinking about college, and just a month ago most of us were at the college fair asking questions and planning for our future. This is not to say that everyone here is planning to go to college, but everyone plans in some way for how their adult life will look like.

In this way, we are privileged, because not everyone has control over their future. Having privilege is like looking at the corona of a solar eclipse-it tends to blind us.

More than 6,000 miles away, there is a child in the middle of a civil war named Hamsa. He was born and raised

war, he is unable to continue his education and reach his goal of becoming a doctor.

lion children of Syria who have been forced to abandon their schools.

For those of you who don't know, the conflict started after Syrian people took action against the 12year authoritarian government run by Bashar al-Assad. The people took action by holding a peaceful protest and demanding democracy. The government responded by opening fire, showing that they weren't willing to peacefully compromise. Rebel groups took this opportunity and held violent protests, which ultimately led to a civil war between the regime and agitators. Armed groups such as the Syrian Armed Forces,

Human rights should never be a matter of which side of the Earth you are born on.

in Syria. Because of the ISIS, Free Syrian Army, Jabhat Al-Nusra, Al-Quds Force, and eight others are all currently, and have been He is just one of the 2.7 mil- for 4 years, bombing inno-

Approximately 2.7 million children have been displaced by the ongoing civil war in Syria.

cent Syrian people. Consequently, people are forced to leave their country and find safety.

You may think this doesn't concern you, because you live 6,000 miles away, but that is the kind of thinking that divides us. Instead of letting our lifestyle limit

our perspective, we should see every issue of humankind as our own.

Wars affect children in particular because violence

intervenes with children's education and most aren't able to continue learning. For example, Hamsa's school was bombed four months ago, which traumatized him and stole the opportunity of learning away from him. Yes, this is happening to innocent children, and we have not done enough to help them.

It is not enough to pledge "never again" to slavery, the Holocaust, Darfur, the Cambodian genocide, and many other war crimes, while staying ignorant to current humanitarian crises that keep happening again and again. The fact that a picture of a dead boy faced down on the shore of a beach went viral doesn't mean the world is aware of what is happening.

Photo Credit: Newsweek

So, take as much action as you would do for you if you were born in Syria in this unfortunate time, because human rights should never be a matter of which side of the Earth you are born in.

### More Cities Should Embrace Indigenous Peoples' Day

By Oliver Sussman Register Forum Contributor

Nearly every year, my birthday coincides with a three-day weekend. But when I woke up nice and late at eleven last Monday, the first morning of my being seventeen, there was a shadow of tragedy lurking beneath my lack of sleep deprivation.

My prolonged birthday celebration commemorated slavery,

genocide, and rape.

Few historical biographies have been as artificially constructed and slyly edited as that of Christopher Columbus. It's great that few of us still claim that he "discovered" a hemisphere that had been inhabited for thousands of years by complex and developed societies and civilizations.

But few are aware that he does not even bear the importance of being the first European to explore the Americas: Leif Erikson likely

founded Viking villages in Newfoundland hundreds of years prior.

I will certainly concede, though, that Columbus bears major historical significance. He was significant in expanding the European colonial reign of terror into an entire new sphere. He was significant in propagating new forms of scientific racism that led to some of the worst atrocities in human history. He was significant in extinguishthe epidemic

of European Columbus was significant in cultural heexpanding the European gemony. He colonial reign of terror. was significant in unleashing the most ravaging chain of events ever to strike the so-called

American history in seventh grade.

Revisionist history is a powerful tool of erasure. When we conveniently overlook the factual consensus and idolize Columbus as a glorious symbol of America's establishment, we allow the stories of the brutalized Lucayans, Taínos, and Arawaks to fade into the abyss of forgotten narratives.

I am appalled by the federal government's open affirmation ing ancient cultures and facilitating of colonialism. Even wihtout the

knowledge of atrocities, Columbus cannot even



Harvard students protested this year to honor Indigenous People's Day as the City of Cambridge decided to officially recognize the day in place of Columbus Day. Photo Credit: The Harvard Crimson

When he set foot in the Bahamas, Columbus encountered the Lucavans, Taínos, and Arawaks. He quickly remarked that these individuals would make fantastic slaves.

"New World."

Two years later, 125,000 indigenous people were dead. Many were worked to death in gold mines.

Those lucky enough to survive often had their hands cut off for failing to meet their gold collection quota. Girls were sold into sexual slavery. Arawak babies were killed for dog food. I was taught none of this when I learned about early

be conceptualized as a

hero without a prior belief in European superiority.

You may argue that the necessity of Columbus's voyage in the establishment of the United States is sufficient to warrant commemoration. That's like saying we should celebrate Hitler for ultimately being historically necessary for the creation of modern Germany. It has long been time for American exceptionalists to come to terms with flawed history. To that end, the federal government should immediately replace Columbus Day with Indigenous Peoples' Day. Then, my three-day birthday weekend might compel a little less guilt.

### **OPINION-EDITORIAL**

### **Realism Beats Idealism** Why Hillary is the Right Choice

By Paloma O'Connor **Register Forum Contributor** 

Sometimes, we need politicians.

Walk through Cambridge, affectionately dubbed "The People's Republic of Cambridge," and you'll see no shortage of "Sanders 2016" or "#FeeltheBern" signs. Talk to many a CRLS student, and you'll hear how Bernie Sanders is "the only honest candidate," how we need a "political revolution," and how "he really could be elected!" Hillary Clinton, on the other hand, is "just another establishment politician."

Sanders, a self-described Democratic Socialist senator from Vermont, is a cool guy. There's no denying that he's tapped into a reserve of widespread frustration with economic inequality. He's shifted the tone of the Democratic party, and he deserves respect. But we, students living in one of the most progressive cities in America, often seriously overestimate how liberal the rest of the country is.

This Democratic Primary is a showdown between reformism and (unrealistic) anti-institutionalism. Sanders is an insurrectionist: he wants to overthrow the system. Clinton is a pragmatist: she thinks we can improve the system. Utopianism versus realism.

For better or worse, Sanders is unelectable. Short of Donald Trump winning the Republican nomination, he would stand virtually no chance in the general election.

According to a recent NBC News/Wall Street Journal poll, Clinton holds a 2-1 lead over Sanders nationally. 81% of Democrats think she has the best chance of any Democratic nominee of winning the presidency, and pollsters agree. If most Democrats don't support Sanders, what would the rest of the nation think?

Even if he were electable, Clinton is still a better candidate. Bernie's ideas may sound nice in the abstract. But if either the House or the Senate remains Republicana likely outcome-he'd have a difficult time implementing his plans.

An effective president needs to build coalitions and broker compromises. Bernie

is not the man Clinton knows how to get she has a more realfor the job. His things done. opinions, while refreshing to

some, are alienating to most. And it doesn't matter how great "free college" is if it never becomes law.

Clinton shares most of Bernie's ideas: she's pro-environment, pro-LGBT, pro-prison reform, profinancial reform, etc. On some issues, she's miles ahead-she has



Hillary Clinton is running for the Democratic nomination for president. Photo Credit: The Independent

vastly more foreign policy experience, which is vital in an era of international instability. Clinton is also more supportive of gun control than Bernie, a difference often unknown to or ignored by Sanders' fans.

> But overall, ist slant. Although deterring to some zealous Cantabrid-

gians, her moderate, "establishment," "political" stances would allow her to strike compromises and, bluntly put, get things done. Her aptitude for politicking is an asset, not a weakness. Ideological purity isn't as important as knowing how to work the system. Sad? Sure, but also unavoidable.

Is Clinton flawless? Of course not. Her record in Libya, for example, deserves scrutiny. But she is nonetheless easily the most qualified candidate. She negotiated the Strategic Arms Reduction Treaty with Russia, which limits nuclear weapons; she imposed tough sanctions on Iran, gaining leverage to negotiate the Iran Deal; she personally brokered a Gaza-Israel ceasefire; and she was vital in pressuring the Chinese to cut their carbon emissions at Copenhagen. Hillary Clinton knows how to get things done.

Most of America doesn't feel the Bern-and maybe it's better that way.

### Why Intersectionaliy Matters How Feminism Seeks to Further Unite All Women

By Adrienne Ashe **Register Forum Editor** 

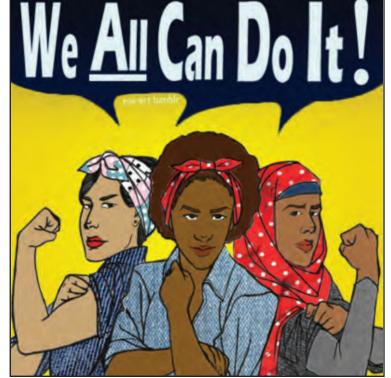
If you ask your local feminist historian about the greatest flaw of the second wave Feminist Movement of the 1960s-1970s, they will probably tell you it was the lack of intersectionality. The movement was made up mostly of heterosexual, white women and in many cases openly discriminated against women of color and women from the LGBTQ+ community. Many second wavefeminists thought their cause (equality for women) would be stronger if it focused on a smaller demographic, but if you look at modern feminism, you'll find that many feminists these days advocate for equality between genders, regardless of social class or race, and are even expanding the definition of gender to include those who iden-

queer. Despite the major progressions in the Feminist Movement, the terms "white feminist" and "terf" (trans-exclusionary radical feminist) still cause controversy.

A "white feminist" describes someone who advocates for equality for women, but fails to recognize and address the specific obstacles women of color face. Junior Rihanna Oumer has experienced this and adds, "Men of color don't always understand feminist issues and white feminists don't always understand racial issues, so it can make feminists of color feel lonely." The Institute for Women's Policy Research reports that as of 2014, the average American woman makes only 79 cents to the man's dollar, but the less commonly known statistic is that African American women make 64 cents and Hispanic women make 54

tify as agender and gender cents, according to the Center for American Progress.

> Also, while all women are underrepresented in the media, woman of color are more greatly underrepresented, especially in roles that do not fulfill stereotypes. Junior Jérémie Jean-Baptiste notices that "when you see people talking about feminism in the media...



race is excluded.

As transgender women such as Laverne Cox and Caitlyn Jenner become more accepted in pop culture, the feminist issues specific to transgender women are becoming more widely known. Trans women are sometimes excluded from feminist conversations, a residual effect of the second wave Feminist Movement, because they are not regarded as "real women." So called "terfs" believe that since a trans woman did not experience the forms of oppression that are applied to women since

Intersectionality's goal is to unite woman from various backgrounds. Photo Credit:florapostewrites.com

birth, they do not belong in the Feminist Movement.

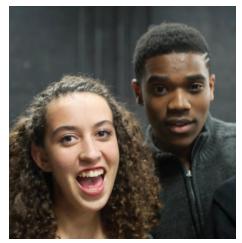
Trans women experience oppression throughout their entire lives. From social alienation to transphobic hate crimes, which rose by 13% in 2014, trans women face obstacles specific to transgender people as well as face oppression that overlaps with cis women. According to the Office of Justice Programs, approximately half of the people who make up the transgender population are victims of sexual violence, a crime the feminist community is fighting as well.

Including trans women in the feminist movement recognizes their gender identity and shows that all women, regardless of race, social class, sexualtiv, or gender identity, deserve equality.

### **ARTS & ENTERTAINMENT**

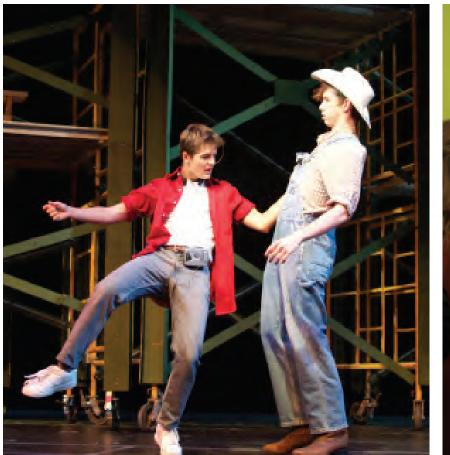
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#### November 2015

### **ARTS & ENTERTAINMENT**















#### **FOOTLOOSE** *Continued from page 1*

Charlotte Rosenblum puts it, "no matter what larger themes you can extract from *Footloose*, at the very core this show is about a bunch of kids who wanna have fun. And because of that, it's so fun to perform."

upbeat dance numbers were also a highlight. In contrast to past years, *Footloose* was a dance-heavy production, which opened some doors for many theater department firstset has turned out really cool, and the whole show came together very nicely."

Despite the dedication and inevitable stress that goes into workwork, he had to admit that he was honestly "too tired to answer this question."

Although *Footloose* contained lighter themes than musicals

The cast's positive energy was clearly contagious, because it was equally as fun to watch. Its Oscar nominated soundtrack, with music by Tom Snow and lyrics by Dean Pitchford, was brought to life by Dr. Ivan Stefanov and the highly talented members of the band, many of whom are CRLS students. The songs included catchy hits like "Let's Hear It For The Boy," "Footloose" and the romantic duet "Almost Paradise," all of which were vibrantly performed by the cast.

With dance being the fundamental element of the show, the

timers with a special interest in dancing.

Thanks to the incredible tech crew working on the production, the elaborate set, excellent lighting

and sound, and \_ funky 80's costumes were incorporated perfectly. Technical director Joanne Farewell has committed the past fifteen

years to the construction of Rindge's high quality sets, and this year was no exception. Long time tech member Sophie Burneika remarked that "tech has been pretty stressful this year with the musical being before Thanksgiving, but I think the ing on the musical, it is a rewarding experience that leaves many cast members with a strong sense of pride in the hard work they've put into the show. Atticus Olivet, \_\_\_\_\_\_\_ who plays lead

character Ren,

was a newcom-

er to the theater

department, but

found the com-

munity to be

"I have come to think of the arts basement as my home... I've made some great friends."

> very welcoming. "Even though this was my first musical, I have come to think of the arts basement as my home. I've made some great friends intentionally, and unintentionally, because we just spend so much time together." However, after months of hard

of previous years, it had many issues relevant to CRLS students today. As director Monica Murray explains, "Cambridge may not be able to relate directly to the experience of not being allowed to dance, but communities are always struggling with their own unique traumas. Everyone struggles with being heard, and having parents tell them what to do." She also expressed her appreciation for "the heart, spirit, and willingness to work on challenges she saw in this years cast."

Be sure to catch next year's musical, as well as the many other high quality theater productions at CRLS this year. And in the wise words of the *Footloose* cast, "lose your blues, everybody cut loose."

### **ARTS & ENTERTAINMENT**

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 Spotlight Shines Brightly
 Boston-Based Movie Sheds Light on Scandal



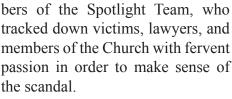
By Rosa Munson-Blatt Register Forum Contributor

Almost fourteen years ago, the *Boston Globe* published a spotlight story on the massive sexual abuse scandal within the Massachusetts Catholic Church. Recently, an outstanding movie has been released that recalls the journey of the Pulitzer Prize winning journalists who produced this pivotal article in raw and moving detail.

*Spotlight* is directed by Thomas McCarthy and stars Mark Ruffalo, Rachel McAdams, Michael Keaton, and Stanley Tucci. The movie begins with the newly appointed editor of the *Globe* assigning the

shocked Spotlight Team the task of delving further into abuse charges against the Catholic Church and allegations of cover-ups by senior Church officials.

Even today, criticism of the church is very controversial. However, this didn't deter the four mem-



As the movie highlights, there is little logic or sense behind these sexual abuse scandals.

The scandals continued for over 30 years with little outcry, because the church wielded its expansive powers to hide the scandal.

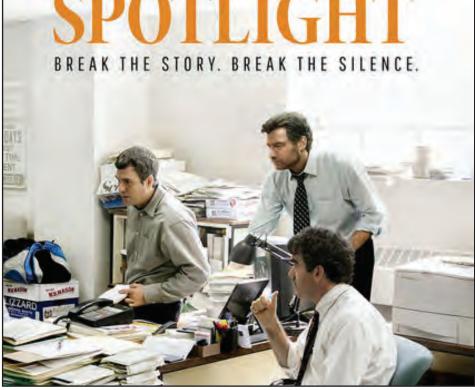
The movie is based on the actual investigative team. After the publication of the spotlight article, many actual victims of the scandal came forward, increasing the number of known victims in Boston to around 1,000.

Furthermore, the *Globe* team followed up on the spotlight article with many more articles that detailed the actions of more abusive priests and the subsequent cover-

Characteristics of Boston are highlighted throughout the movie.

#### ups by Church officials.

Some religious leaders still face scrutiny for taking advantage of young children. However, the



Spotlight dramatizes the Globe's coverage of Catholic Church sex abuse scandals. Photo Credit: Entertainment Weekly

*Globe*'s spotlight article led to the first major acknowledgment of a long-standing and disgusting tradition. The Spotlight Team's report-

ing also contributed to the exposure of similar scandals across the country and world.

An obvious Oscar contender, *Spotlight* boasts not just a powerful story line, but meaningful cinematography, a haunting musical score, and many beautiful shots of very recognizable Boston landmarks.

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Additionally, characteristics of Boston are highlighted throughout the movie, including frequent cups of Dunkin Donuts coffee, the Red Sox games attended by the journalists, and the frequently mentioned and visited B.C. High.

If you do get a chance to see the movie, keep an eye peeled for Mr. Cramp, Rindge theater teacher, who makes a cameo!



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### ARTIST OF THE MONTH Lila Lifton

By Sophie Harrington *Register Forum Contributor* 

Lila Lifton has been destined to become a great talent of our generation since the age of four. She has practiced for hours on end, attending a countless number of lessons at the Longy School of Music and New England Conservatory, taking private classes as well.

Not only can she play classical concertos on her violin, but she has also taught herself to play the guitar,



she played in the pit-band for "Footloose." This winter, Lila will visit Panama with the World Jazz Ensemble for the World Jazz Festival.

During her annual visits to Provincetown, Lila has established a tradition of street performing. In past years, she has also played in Harvard Square.

Lila has mastered the art of playing by ear by using her classical music skills to teach herself to play popular music. Her YouTube page is full of videos spanning the ten years beginning when she started on her first rental violin. Go check out her channel! In recent years, Lila has explored the art of looping, or layering sections of her recordings over each other. Last month, famous pop artist Sia tweeted accolades of Lila's instrumental cover of one of her most famous songs, "Chandeliers." The singer sent a shout out to Lila, saying, "Coolest person of the week goes to this gal Lila. Shout out to her brother Dimitri too. 4:12 is my fave moment!" This resulted in Lila's video accumulating over 7,000 views on YouTube as well as many shares and retweets by both strangers and friends.

drums, piano, viola, and cello. And, of course, the list wouldn't be complete without the trombone.

She is known by her peers for always singing. "Lila is a human jukebox," says CRLS sophomore Julia Naganuma-Carreras.

Currently, Lila sings with the Boston's Children's Chorus and voyaged to Prague this past summer to perform in front of thousands of Europeans.

Her musical skills are not only limited to playing. She also arranges musical pieces, most notably for the CRLS acapella group, the "Girls Next Door."

In addition to being in acapella, Lila is part of the World Jazz Ensemble and the CRLS Orchestra. This year,

dЛ





Photo Credit: Lila Lifton

CRLS senior Jesse Simmons says, "Lila is one of the most talented people I've ever met and deserves to be artist of the year."

### **ARTS & ENTERTAINMENT**

### Logic Makes the Leap The Rapper Breaks into the Hip-Hop Scene



By Shuvom Sadhuka **Register Forum Contributor** 

After releasing his new album The Incredible True Story on November 13th, Maryland rapper Logic looks set to storm the mainstream hip hop scene.

With a space adventure theme, the album showcases an impressive mix of beats and styles with Kendrick-like bars in "Upgrade" and layered instrumentals in "City of Stars" and "Stainless."

Logic's debut album with Def Jam Recordings, Under Pressure, was released in October of 2014 and featured a collection

of fast-paced songs reminiscent of Kendrick Lamar's flow. Prior to signing with Def Jam, Logic had released multiple independent tracks with Visionary Music Group.

The new album opens with "Contact," a sample of Kanye West's "Amazing" played over a violin and piano melody. Logic then shifts his focus to "Fade Away,"

which displays a strong beat but disappoints with repetitive and recycled lyrics about his "legendary" rap career.

Throughout the album, Logic continues to display a diverse set of skills, breaking away from his previous lack of breadth and flowheavy rapper status by featuring everything from vocal songs like "City of Stars" to more lyrical ones, such as "Like Woah."

Logic impresses with his majestic command of flow and beat, never missing a note and always hitting the right tone and pace. Nonetheless, his lyrical creativity is at times subpar, especially in "I Am

Logic's lyrics do discuss critical issues which will define his rap career.

> the Greatest," which features some rhymes repeated from older songs.

However, Logic's lyrics do discuss critical issues which will define his rap career. Cliches about his legendary status and work ethic aside, Logic extends expression of his frustration from previous albums about being "trapped in a biracial" in the song "City of Stars," dismiss-



Logic's new album was performed live for select fans before its release.

ing those who resort to "judging rap by race instead of the better flow."

He then comments on the political situation, adding, "racism on television and in magazines...country don't give a f\*\*k who I

am."

The true gem of this collection is "Young Jesus," a 90's throwback

done in collaboration with Big Lenbo. The track embodies all of the highlights of the album— Logic's flawless flow, his break from convention with an older instrumental. and a brief narrative about his life being an addict, and a failure, then a rapper.

Big Lenbo, a member of Visionary Music, then raps a verse eerily reminiscent of Biggie. The two finish with a back-and-forth rap that features a stunning rhyme scheme.

Photo Credit: Black Entertainment Television

Critics have complained in the past about Logic's lack of originality and reliance on his flow, but any shortcomings in originality are compensated for by the diverse collection of songs on the album (including some potential classics) and an exceptional display of his signature flowing ability.

Coupled with the fact that Logic wrote nearly all of the songs on his album, this shines light on an incredibly talented rapper who should soon be finding his way onto the SoundCloud and Spotify playlists of rap enthusiasts around the world.

### Unspectacular Spectre Breaks James' Bond With Brilliance The Latest Film in the 007 Series Fails to Hold Up to the Bond Name



By Christo Hays Contributor

go, Spectre, the latest film in the Daniel Craig James Bond series helmed by Sam Mendes, feels alarmingly off-kilter. Hollowness permeates the admittedly cool first scene; Bond and his nameless armcandy weave through a crowd of masked going on. 'Day of the Dead' celebra-

While seemingly good filmmaking, it lacks one crucial component: tension.

What made the opening scene of the previous Bond film so great was its **Register Forum** urgency. Barely two minutes in, we knew the bad guys had stolen vital intel and the stakes were high. Right from the get Minutes later we saw Bond die and the bad guy get away: the tension couldn't get much higher. In Spectre, we have barely a shred of an idea why Bond is chasing some guy at a parade. By the end of the scene, we still don't really know what's

easy highlight of the trailer, this is when the movie, if ever, could have pulled out of its crash course. For a moment it looks promising: ominous backlighting, eerie silence. But then the sicklysweet menace that Waltz has thrived on in previous films is utterly butchered by a subpar, cliche script.

It's really a shame considering the fact that Waltz gave one of the best villain performances of recent memory as Hans Landa in



pursuing . tors, similarlyа dressed bad guy.

#### A rooftop

shootout escalates into a frantic fistfight while Bond and his quarry hang precariously out of a helicopter above a sea of skeletal spectators and parade decorations. Bond inevitably gains the upper hand, the bad guy plummets to his death and the film neatly segues into its newest theme song.

At every turn in the film, Mendes and his team fumble the execution.

> Following a surprisingly lackluster theme sequence sung by Sam Smith, the film dives into two and half hours of wasted potential. After wandering clumsily through forgettable exposition we are introduced to Oberhauser, the main villain of the film, played by Christoph Waltz. As the

Inglourious Basterds. Also introduced in the same scene is the secondary villain and obligatory muscle character. Dave

Bautista plays near-mute the Mr. Hinx, who would be intim-

idating if it weren't for the shameless Game of Thrones eye-puncture ripoff and the constant image of his hilarious role in Guardians of the *Galaxy* playing in the back of your head.

At every turn in the film, Mendes and his team fumble the execution. The first 'Bond Girl' that is ac-

Spectre took in more than \$70 million on opening weekend. Photo Credit: MGM

tually Bond's age is completely unmemorable in the single scene she occupies. Even the main Bond girl is disappointing, which is one of the biggest wastes of the film considering the immense talent of Léa Seydoux and the mildly interesting backstory of her character. Not even the action, which bounces between unmemorable and lackluster, (in one scene Bond walks casually through an open plain surrounded by guards Spectre.

and manages not to be shot once while also managing to blow up an entire compound with a single bullet), can save the film. They even went so far as to face Bond with the laughablyoverused 'choose yourself or choose the girl' scenario. The film really is a mess. Imagine someone carefully sculpting the perfect action film, then tripping, smashing the sculpture and displaying it anyway; that's

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### METRO

#### Out of Sight, but Not out of Mind Millions With Mental Health Problems Suffer in Silence

#### By Adrienne Ashe *Register Forum Editor*

Keep your grades up. Participate and thrive in extracurriculars. Make time for your friends and family. The average American student can recognize most, if not all, of these demands and faces the pressures that come along with them, yet there is no demand to take care of their own mental health. Achieving mental health has fallen lower and lower on students' long To Do lists and has discouraged those who do suffer from mental illness from addressing it.

addressing it. Mental illness disorders include, but are *Edu* not limited to, ADHD, depression, anxi-

ety disorders, such as panic disorders and post-traumatic stress disorder, bipolar disorder, and schizophrenia. Each have their own specific set of symptoms, but commonly include manic

and

highs and/or depressive lows, paranoia, difficulty focusing, and social phobias. Completing assignments, taking tests, and other seemingly mundane tasks can turn arduous and further overwhelm students who suffer from any of these conditions. Students with mental health conditions have a specific set of challenges to overcome in order to succeed.

According to the National Alliance on Mental Illness about 1 in 5 youth between 13 and 18 years old have experienced a severe mental disorder, which can shock many considering depression and anxiety, mental disorders common

Educating students, teachers, and parents will reduce the stigma of mental health.

among adolescents, causes isolating behaviors and feeling like "you're the only one" who is susceptible to mental illness.

The NAMI also reports that over one-third

of students with a mental health condition drop out of school. Any student, mentally ill or not, who drops out of school is more likely to go to jail or have difficulty finding a job, and less likely to have a stable or sustainable income.

Cambridge Public Schools offers 504 Plans, which makes specific exceptions and accommodations based on the needs of the student.

Students with mental health conditions receive accommodations such as 504 Plans so they have the opportunity succeed in school and create a prosperous future for themselves.

Accommodations can

be as simple as giving extended time on tests or as extensive as

reducing the school day.

Senior Emily Rucker says, "I found that if I cite my physical illness as a reason for not getting something done then they're way more likely to give me some



A variety of mental illnesses plague high school students.

mental illness they are less

likely to be accommodat-

ing... I don't think they do it

has made progress in sup-

porting students with men-

tal health, there there is still

room for a significant shift

in the way people perceive

those with a mental illness,

so students feel more com-

fortable requesting accom-

modations from their peers

teachers, and parents will

reduce the stigma of men-

tal health and ultimately

reduce the impact mental

Although Cambridge

on purpose."

and teachers.

Educating

*Photo Credit: The School Bus Blog* slack, whereas if I say cite a health can have on some.

Feeling like "you're the only one" or that it is "your fault" that you suffer from a mental illness results in a perpetuating cycle that discourages improved selfesteem and producing productive habits, such as organization and discipline, that will improve school performance.

School teaches social skills, time management, critical thinking, and teamwork, all of which are considered necessary to a successful life. CPSD can make strides to make it available for students, regardless of mental illness.



### Cambridge Election Recap The Unity Slate Suffers Minor Blow

students.

#### By Diego Lasarte Register Forum Editor

After a fiercely-fought election, eight of the nine seats on the Cambridge City Council and four of the six seats on the Cambridge School Committee will remain in the hands of incumbents. Of the incumbents, Nadeem Mazen and Patty Nolan got the most #1 votes in the races for the City Council and the School Committee respectively.

Jan Devereux, a Cambridge

Less than two weeks before election day, a small scandal rocked the race. John Sanzone, a well known local activist and member of Slate for Cambridge, decided to drop out of the race for City Council after an investigative piece by the Cambridge Chronicle revealed his involvement with a well-known white supremacist website, Stormfront.org. Public reaction from candidates and voters has been critical of Sanzone, but still supportive of the important infrastructure work he has done for Cambridge. This election season was also notable for the return to a slate format, in which candidates aligned themselves with other candidates and ran on a collective platform. Eight of the nine incumbent city council members came together to form the Unity Slate, a slate "committed to investing resources into affordable housing, education, environment, public safety, arts and culture, poverty and job creation while keeping residential taxes low." Their main opposition was the Slate for Cambridge, a slate made up of incumbent Nadeem Mazen and a few relatively unknown young candidates. It promised to "leverage and share resources so that more service-oriented candidates can win a seat in office."

November 2015



From Top: Nadeem Mazen strategizes with supporters on election night; the Cambridge Unity Slate comprises 7 incumbent councillors, 6 of whom were reelected. Photo Credit: Nadeem Mazen; The Unity Slate

politics newcomer, will replace Vice Mayor Dennis Benzan on the City Council. Emily Dexter, a former CPS parent and educational policy writer, and Manikka Bowman, a Cambridge native and local clergywoman, will add their expertise to the School Committee.

"I'm really overwhelmed because I'm a first-time candidate, and normally first-time candidates don't win. Now I've got real work to do, to hit the ground running," said Jan Devereux, in her first official statement after her election to the Council. Her electoral success was a major upset, as she defeated popular Vice Mayor Dennis Benzan. In Cambridge's last election, Benzan received the fourth most #1 votes of any candidate.

### NATION

## What's the Beef with Processed and Red Meat?NEWS TIMELINENew IARC Classification Labels Some Meat as CarcinogenicByByBy

By Grace Ramsdell Register Forum Contributor

On October 26, the International Agency for Research on Cancer (IARC) classified processed meat as a carcinogen, and consumption of red meat was deemed "prob-

ably carcinogenic." This means that these kinds of meat have the potential to cause cancer.

The IARC, which is the cancer agency of the World Health Organization, reached its conclusion about processed meat based on sufficient evidence, but decided red meat is only "probably carcinogenic" due to limited evidence.

Experts from ten dif-

ferent countries reviewed over 800 studies from around the world that investigated the association between the consumption of processed and red meat and various kinds of cancer.

Red meat is any mammalian muscle meat such as beef, pork, or lamb. Processed meat has been salted, cured, smoked, or in other ways altered to enhance flavor or improve preservation (e.g. lunch meat, bacon, hot dogs).

Ultimately, the IARC observed a link between both processed and red meat and colon cancer. A link between red meat and both pancreatic and prostate cancer was also noted, but the IARC has not ruled out other explanations for the correlation between red meat and cancer.

Sophomore Sophie Pelletier commented, "As a vegetarian, I don't think these [links] are a surprise because I've only heard negative things about red meat and processed meat...I've especially heard that processed meat is pretty much



cinogenic" due to limited *Even RF editors weigh the pros and cons of processed meat.* evidence. *Photo Credit: Grace Ramsde* 

anything but actual meat."

The IARC determined that eating a 50 gram serving of processed meat every day increases the risk of colon cancer by 18%.

Processed meat is now classified in the same category as cancer causes such as asbestos and smoking tobacco. That means that there is the same level of scientific evidence proving that processed meat can cause cancer as there is that asbestos or smoking tobacco can.

Betsy Booren, Vice President of Scientific Affairs at the North American Meat Institute, claims that the IARC "tortured the data to ensure a specific outcome," but a butcher at Fresh Pond Market in Cambridge merely repeated with a smile, "I've got nothing to say," when asked if he had any thoughts on the news.

While the IARC declines to make health recommendations based on its evaluation of the evidence, the American Cancer Society has recommended a diet with

> limited processed and red meat that instead incorporates many vegetables, fruits, and whole grains.

> Additionally, the organization's "Guidelines on Nutrition and Physical Activity for Cancer Prevention" suggests eating fish, poultry, or beans as an alternative to red or processed meat.

*ad cons of processed meat.* Dr. Christopher Wild, *Photo Credit: Grace Ramsdell* Director of the IARC, stat-

ed that despite their new classifications, red and processed meat do have some nutritional value. Dr. Wild continued, "Therefore, these results are important in enabling governments and international regulatory agencies to conduct risk assessments in order to balance the risks and benefits of eating red meat and processed meat and to provide the best possible dietary recommendations."

Sophomore James Kubicek exclaimed, "[The classification is] not gonna change how I eat, because I love processed meat." For the time being, as Kubicek proves, individuals must use their own discretion when considering how this classification will affect their diets.

### Garry Kasparov: Putin is Playing Poker

#### By Shubhan Nagendra *Register Forum Contributor*

In early November, Harvard University welcomed Russian chess Grandmaster Garry Kasparov to deliver a talk at First Parish Church. He was in Cambridge "it is all about survival" for Putin. Therefore, according to Kasparov. He views a free democratic Ukraine as "dangerous" for the Russian President.

Within all his words, Kasparov hints at a psychological role. He challenges the dogma that "Putin's playing chess, the West is playing creasing oil prices, which have taken a recent slump in the past year. Moreover, rather controversially, Kasparov mentioned how this is a ploy for Putin to "go further down to Saudi Arabia."

Kasparov was not only critical of Putin, but also the West's role in the situation in the Middle East.

He even claimed that the potential

INEWS II	WIELINE
By Fredrika Åkerman Register Forum Contributor	
NOV 1	
In Turkey, Justice and Development	NOV 4
Party's leader	In Romania,
and present	Prime Minister
Prime Minister	Victor Ponta
Ahmet Davutoglu	steps down after 20,000 demon-
wins parliamen-	strators demand
tary elections.	his resignation
	following a
NOV 7	nightclub fire.
Chinese and Tai-	
wanese leaders	NOV 8
meet for the first	Thirty million
time since 1949.	people vote
	in Myanmar's
	first free na-
NOV 9	tional election since 1962. The
In Myanmar, the	country has
pro-democracy	been governed
party most likely wins the national	under a military
election, getting	dictatorship for
70% of votes.	a half-century.
	NOV 12
	Two suicide
NOV 13	bombings strike
Paris is rocked	Beirut, Leba- non, killing at
by a series of	least 43 people
attacks in bars, restaurants, the	and injuring 239
Bataclan concert	more. ISIS has
hall, and the	claimed respon-
French national	sibility for the terrorist attacks.
stadium, killing	
at least 129 and wounding 352	
more. ISIS has	NOV 15
claimed responsi-	In Lebanon,
bility.	nine people are
	arrested over
	their suspected
	involvement in the terrorist
NOV 16	attacks in the
In Ireland, the	country's capi-
Marriage Act	tal. Seven of the
2015 from May	arrested have
comas into attact	been identified

to discuss his new book, Winter is Coming: Why Vladimir Putin and the Enemies of the Free World Must Be Stopped.

While outlining the main *L* points of his book, Kasparov *Saa* emphatically laid out his claims <u>about</u> Russian President Vladimir Putin and his relations with the West.

A staunch critic of Putin's leadership, Kasparov continued to expound on this theme. He focused on Mr. Putin's obsession of controlling his neighboring states.

He claimed "[Putin] will not attack the Baltic states" since that is "war with NATO." But Kasparov also said that "he might attack, if he is desperate," after all, in his words,

*er is* checkers," asserting that "Mr. Putin *and* is also playing poker." According

Must Be Stopped. While outlining the main "Dictators play chess; they can points of his book, Kasparov sacrifice people like chess pieces." emphatically laid out his claims

> to Kasparov "dictators play chess; they can sacrifice people like chess pieces." However, the corollary fails to persist: in chess long term plans win the games and Kasparov says "Putin does not have long term plans."

> Furthermore, Kasparov discussed the importance of the Middle East for Putin. He claimed Russia's war in Iraq and Syria is simply the Russian President's method for in

Republican presidential candidate, Marco Rubio, would be better at handling "Putin's aggression" than Obama has done so far. Kasparov believes the United States should be involved in stopping Russia, arguing "how [can] America's globalized economy ignore global security?"

Upcoming events at the Harvard Book Store include a visit from Pulitzer Prize-winning *New York Times* reporter Charlie Savage on December 5th, An Evening of Poetry with Boston Review on December 9th, and many other cultural happenings.

*Winter is Coming* can be purchased at kasparov.com/books.

62 % in favor of the act, Ireland becomes the first country to legalize same-sex **NOV 19** marriage through GOP Presipopular vote. dential hopeful Donald Trump states that he **NOV 20** would "certain-An al-Qaeda ly implement" affiliate takes a law requiring 170 hostages at a Muslims in the hotel in Bamako, US to register Mali. US and in a database. French special forces assist Malian troops in the ensuing rescue

comes into effect

comes legal. With

and same-sex

marriage be-

operation. 27

people die.

been identified

as Syrian and

two as Leba-

nese.

### **S**CIENCE

### Is There Life on Mars? Scientists Find Evidence of Water

By Micah Quinonez **Register Forum** Contributor

On September 28th, 2015, researchers found water on Mars. Scientists are hoping that the water supports life.

This discovery doesn't offer enough evidence to prove that there is life on the planet, but it significantly increases hopes that the harsh landscape offers some refuge that allows microbes to cling to existence.

Shockingly, some of the water is in liquid form and is still via-

ble for life. John Grunsfeld, as- "It's hard to believe that this discovery water. sociate administrator for the Science Mis-

sion Directorate at NASA, states, "If there's life on Mars...we have a way to describe how it might survive."

According to

searchers at NASA, the chemicals in the water allow it to remain liquid at low temperatures, and they also help keep the water from evaporating in the thin atmosphere of Mars.

Palmira Pedro, a senior at CRLS, stated, "Water being found is astounding. If there is no life on Mars, I don't know [what] the chances of life on another planet could be because this is the closest we came to finding it. I do believe there is life on Mars because the main source of life was found on Mars, even if it is salty water."

supports the theory of life on Mars."

the surface of Mars from

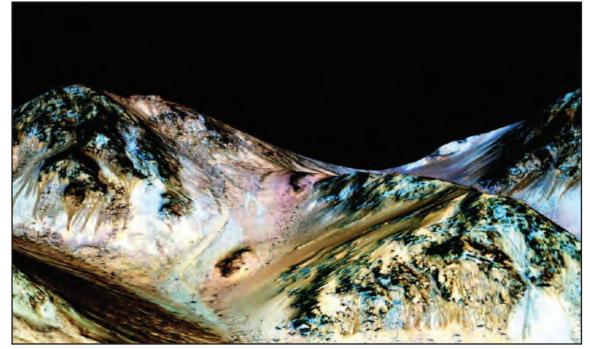
time to time, NASA scien-

tists said Monday, Septem-

ber 28th. In the photo to the

re- right, dark, narrow streaks

Water still flows across



Traces of water have been found in gullies and craters like this one on Mars.

called recurring slope lineae are seen flowing downhill on Mars. Scientists have inferred that they were formed

by contempoflowing rary

It remains be seen to whether the

new discovery could fully support life on Mars, but researcher Mary Beth Wilhelm said the results suggest "more habitable conditions on the near surface of Mars than previously thought."

Alvan Rhoden, a junior at CRLS, offered his opinion on the new discovery, saying, "The simple fact that water exists on Mars is incredible, but it's hard to believe that this discovery supports the theory of life on Mars. I also believe that even if there is life, it wouldn't mean anything [because] it would be as significant as finding a germ... that's how small life would be; no one would care."

Photo Credit: PBS

Jim Green, Director of Planetary Science at NASA, said that the discovery announced on September 28th puts NASA in a perfect position to look for life.

"We haven't been able to answer the question, 'Does life exist beyond Earth?"' Green said. "But following the water is a critical element of that. We now have, I think, a great opportunity to be in the right locations on Mars to thoroughly investigate that."

### Mysterious "Megastructure" Spotted by Kepler Telescope

#### By Fredrika Åkerman **Register Forum Contributor**

As we humans build, maintain, and destroy in a recurring order of events that combine to create our lives, there is doubtless no human intellect that does not consider the possibility that we are not alone in the universe.

The potential existence of extraterrestrial life has played an important role in popular culture throughout history.

However, there had not been a possibility of proving alien life as being more than just a fantasy, until a recent discovery was made by the Kepler Spacecraft of what could be an alien superstructure. When asked about extraterrestrial life, CRLS sophomore Amireh Rezaei-Kamalabad claims that it is "almost impossible to imag[ine] that we...are the only form of life," but that this "doesn't make it any easier to believe that there are aliens or other life forms." In 2009, Kepler, a space observatory, was launched by NASA to analyze more than 150,000 stars for small dips in the emitted light. These dips could be shadows cast by transiting planets, and their frequency could hint at circling planets.



SETI scanners are currently collecting signals from a star known as KIC 8462852. Photo Credit: Discovery News



published paper of Yale postdoctoral student Tabetha Boyajian, which identifies other causes as possible, yet unlikely or unnaturally coincidental.

In an interview with The Atlantic, Wright stated, "Aliens should always be the very last hypothesis you consider, but this looked like something you would expect an alien civilization to build."

Although he agrees with the claim that extraterrestrial life exists, CRLS Physics and Astronomy teacher Mr. Shavit explains that even though the discovery is a "cause for pause," he "do[esn't] think this star is our first finding of intelligent life."

The theory that the dips are

Eventually, "citizen scientists" were asked to observe the light emission patterns in a program

A creative rendering of a "Dyson Sphere," a fictional solar power-collecting structure. Photo Credit: EarthSky

called Planet Hunters, because the patterns were too great for Kepler to examine by algorithms. In 2011 multiple citizen scientists flagged a star, located between the Cygnus and Lyra star constellations in the Northern hemisphere's sky, for emitting strange light patterns.

Penn State astronomer Jason Wright claims that enormous technological artifacts created by extraterrestrial life, such as collectors designed to catch energy from the star, are a possibility and likely cause the unusual light emission patterns.

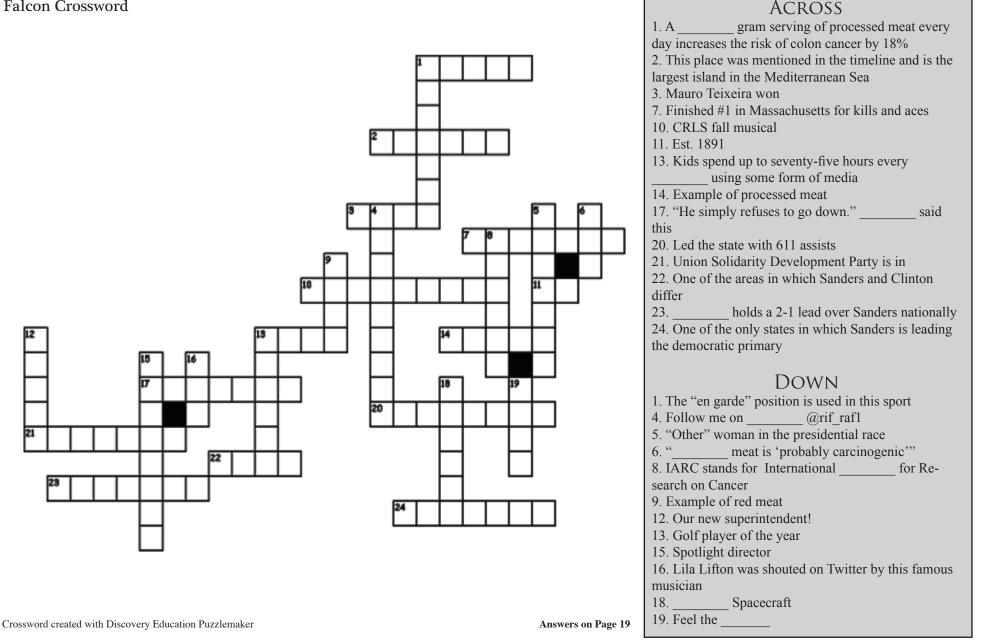
This theory continues in the

caused by solar panels, for example, makes the assumption that alien life produces "similar technology to what we have developed" and that they are "making structures massive enough to cause such dips."

Wright and Andrew Siemion, the Director of the SETI Research Center at UC Berkeley, will be writing a proposal to direct a radio telescope towards the star in January next year and use the Karl G. Jansky Very Large Array in Socorro, NM in the fall of next year. Their objective is to see if the star emits radio waves associated with technological activity and if they are emitted by technological sources similar to those found on Earth. Keep an eye out for future updates!

### GAMES AND HUMOR

#### Falcon Crossword



Editorial Note: The following are works of EDITORIAL SATIRE and do not represent the views of the Register Forum

#### Cookie Addiction Forces Next Month's Headlines Santa into Psych Ward

Moderately Liberal CRLS Student Faces **Charges for "Radical" Ideas** 



Student Seen Crying after Assigned 20-Page **Ceramics Thesis** 



**Custodians Forced to Wear** 

Hazmat Suits While Cleaning

**CRLS Bathroom, Reports Say** 

Ben Austin's "Humorous" Article Gets Pulled from Register Forum upon First Glance of Editorial Team



adidas

By Giovanni Jajoute Register Forum Contributor

On November 15. Santa Claus announced that he will be seeking psychiatric help for his addiction to cookies. St. Nicholas stated, "It's the only course of action I can take after the stunts I pulled. I want to make sure people feel safe when I climb down their chimney, in the middle of the night, and leave presents for their children."

This, of course, fol-

nicking the girl's cookiefilled wagon. More recently, Santa was in a sleigh incident due to the fact that he was distracted trying to eat five Golden Double-Stuf Oreo packages simultaneously.

Many concerned friends wish him luck on the road to being liberated from the addiction. This includes the Easter Bunny, who commented on the subject in a recent E! interview.

He said, "I am extremely worried about his condition. I fear that he'd have kids sit on his lap in a mall, and demand cookies in exchange for the Christmas wishes. Hopefully, he stops loving cookies and returns to solely loving children. May he just focus on giving his products to the good little girls and boys of the world."

Boys Soccer Player Suspended after Found **Not Wearing Adidas Tracksuit** 



Footloose Cast Member Leaves the Building at 2:30, Sees Sunset for **First Time in Months** 

Student Government Shatters Ticket Sale **Records: Astounding 7 Homecoming Tickets** Sold



FirstClass Eclipses Facebook, Twitter, Instagram, and Snapchat as Social Media Platform of Choice

By Rafael Goldstein, Ross Baker, and Liam Greenwell

lows the stream of acts involving Santa and his problem. Those acts include breaking into a Pepperidge Farm truck while on the I-25 near Sherrelwood, Colorado back in July, and relieving it of all its edibles.

There was also a dispute between Santa and a seven-year-old Girl Scout, back in mid-February, after she would not accept the wooden toy trains Santa conjured out of thin air as payment.

The incident resulted in Santa shoving the girl to the ground, and the culprit



Photo Credit: DreamsTime

### **SPORTS**





As the fall season draws to a close, the Register Forum has gathered nominations for an "Athlete of the Season" from each sports team. Below are profiles of the athletes who were nominated by a teammate or coach along with comments from the nominators about the selected athlete.

#### MAURO TEIXEIRA FOOTBALL, CLASS OF 2016



Page 18

"Mauro breaks tackles and fights for extra yards every play. *He simply refuses to* go down." – Noah Chisolm

#### OLIVIA G-P GIRLS CREW, CLASS OF 2016 77



"Her calm and confident attitude puts everyone around her at ease and I feel so lucky to call her a teammate and a friend."

- Izzy Gray

#### **MILES WILSON** GOLF, CLASS OF 2018



*"Although Miles was"* not the most valuable player...he consistently produced in our lineup and helped us win several matches this year."

– Raf Goldstein

#### ELLA BROWN GIRLS CROSS COUNTRY, CLASS OF 2018



"New to the team as a sophomore, Ella not only transitioned seamlessly from JV to Varsity, but killed it in the process." - Grace Ramsdell

& Emma Andrew

Alex Shulman BOYS CREW, CLASS OF 2016



"Alex Shulman continues to be a prime example of how hard work and dedication pay off.' – Coach Caimi

#### MAGGIE PIMLOTT GIRLS SOCCER, CLASS OF 2018



"She always gives 100% and never gives up." - Ally McCarthy

# BÓYS SOCCER, CLASS OF 2017

"He was an incredi*bly effective offensive* player as well as an emotional leader on the team." – Ross Baker

It's Time to Roll out the Mats CRLS Wrestling Looks to Come Back after Great Season

By JaNoah Daley **Register Forum** Contributor

When asked about the CRLS wrestling team's upcoach Sam Novod immewill be able to build off of last season." Last year, ten Varsity wrestlers placed in the sectionals tournament, and one placed in the D1 state tournament.

(all CRLS alumni), and Ancoach at Harvard).

graduated, the team lost five team getting better," and important members: Carlos, coming season, assistant Kevin, Mohammad, Ayele, the whole team practicing and Shmails. Nonetheless, diately replied; "I think we junior Toru Goto, one of the team's captains, states, "I think we will do better [this year]; the freshman that started last year got tremen-

Yve Lamitia, Peter Payack are either cros s training or are trying to get ready drew McNemey (assistant for the season during the off season. Coach Howard When the class of 2015 says, "It's all about us as a states he would like to see



#### NATHNAEL ASCHALE BOYS CROSS COUNTRY, CLASS OF 2018



*"Nathnael has put in* the work this season and really proven himself." – James Blanchard

Yuleska Ramirez GIRLS VOLLEYBALL, CLASS OF 2016



"[Yuleska] is not only *the best player [I've]* ever played with, but she also works the hardest and motivates the team to work hard with her." *– Elizabeth Harkavy* 

JOSE ANDRADE

Entering the Dual County League (DCL), the team didn't know what to expect, but they ended up finishing the season fourth in the DCL with a record of 18-6. Head Coach Roy Howard also received the Coach of Year award for Massachusetts, with help from assistant coaches Sam Novod,

"We have a good base of dedicated wrestlers now."

dously better, and so have the veterans...wrestling is a sport where technique is very important, and working on that technique during the off season can make you a much better wrestler."

Some CRLS wrestlers play multiple sports, so they

during the off season.

As many athletes know, the off season can play a huge role in enabling athletic success. The wrestling team has many members that stay dedicated all year. Wrestlers Sam Peck, Christian Lewis, and Kason Taylor are all trying to enter the season stronger than ever. One way

they did this was by entering in the Bay States tournament during the off season.

Peck, a sophomore, and Goto both had similar thoughts on how the team will do this season, expecting nothing less from the Ten CRLS students placed in the sectionals tournament last season. Photo Credit: Cambridge Wrestling Team

team than last year. "We have a good base of dedicated wrestlers now, especially because there were so many leadership [figures] that helped the incoming freshman," said Peck.

The Cambridge wrestling coaches started a free clinic Wednesdays from 5:00 to 6:45 PM and Saturdays from 3:00 to 4:45 PM. "We are trying to get kids familiar with the sport before they enter high school," Coach Sam Novod said.

Keep an eye open for the wrestling team's first home match December 16th against Lincoln-Sudbury.

### SPORTS

### Cross Country Takes Third at All-States Strong Seniors Propel Varsity Seven to Division I Accolades

"This year we've been really

close as a team."

By Cameron Lane-Flehinger **Register Forum Editor** 

The 2015 MIAA All-State Cross Country meet, held November 21st at historic Stanley Park, marked the end of an era for the Cambridge Cross Country team, also known as "TripleCs." In the final race of their high school careers, senior captains Sam Stubbs (5th), Esu Alemseged (11th), and Daniel Aschale (16th) lead the team to a third-place finish with 137 points, only two points behind rivals St. John's.

Although the team fell short of their overall goal of taking home Rindge's first state title since 1987, 2015 was still an extremely successful season for the Falcons. In addition to the 3rd-place finish at All-States, they also finished

second to eventual state champions Lowell at the EMass Division 1 championships, and took home their second consecutive DCL title.

The class of 2016 has been an important part of the Falcons' success since they broke onto the scene in their freshman year. Over the last four years the team has been prolific, with wins at the Frank Kelley Invitational, Bay State

Invitational, Battle of the Border, and the prestigious Brown Invitational, where they defeated a field of teams from around the northeast. Former runner Ian Woodhouse credits this success to the team's uniforms, saying; "For [Cambridge], there is an inverse correlation between the length of their shorts and the size of their [hearts]."

The departure of Woodhouse and Sam Ingersoll after last season left the Falcons with major question marks at the fourth and fifth spots, crucial in a sport where the top five runners all count equally for a team's score. During the course of the season two talented runners, junior James Blanchard and sophomore Youssef Zerbouaa proved to be more than capable replacements and were essential for the team's success in the postseason. "The runners from four to seven have been really great this season

> because they have competed hard and they're so close to each other that if one of them had a bad day one of them can step up, which has really helped

the team," says Aschale.

2015 has been a breakout year for the whole program. The Falcons had 14 runners break 18 minutes in the 5k, twice as many as reached that mark last season. Junior Hugo Schutzberg attri-



Cambridge leads the way during a meet. Photo Credit: John Keklak

butes this success to strong leadership, saying; "since the summer the captains have been keeping the team on the same page and making sure everyone is doing their best."

The team hopes to carry their success into the upcoming track season and beyond. Says Aschale; "this year we've been really close as a team and we've had everyone come to every practice. We have a lot of young kids running really great times and if they keep up the good job our program is going to be great in the future."



From left: Senior Sam Stubbs lead the team with a 2nd place finish at Divisionals; the team bursts off the line during a race at historic Stanley Park.

Photo Credit: Sean Hickey, Newton Sports Photography

### A Look Back: Patrick Ewing's Career 34 Years Later

By Truman Greene Register Forum Contributor

Around this time 34 years ago, Patrick Ewing

CRLS basketball team were prepping themselves for yet another successful season, and one that would culminate in a third successive state championship. The

and the rest of the 1981 while still attending CRLS. Ewing even joined the MIT-Wellesley program Upward Bound that several CRLS students attend today.

the most celebrated profes-

ment title game three out of noted he was never able to his four years and winning the elusive title once.

He then went on to play for the Knicks in the Ewing is by far one of NBA, and though it is often

win an NBA championship, he was an eleven time All Star and is widely regarded as one of the most dominant players of all time.

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Ewing holds up the state championship trophy after another win. Photo Credit: Rindge Register

state championship. The	the most celebrated profes-	
team stormed through the	sional sports player to ever	
regular season undefeated	come out of Cambridge, if	
and proceeded to knock off	not the most famous. Many	
the highly ranked BC High	Boston and Cambridge na-	
easily by a score of 87-58 in	tives were hoping Ewing	
the state championship.	would go on to play college	
Ewing first moved to	basketball at one of the local	
Cam-	schools	
bridge Unig wid	also upgrand ad such as	
at the	ely regarded Boston	
age of as one of the most dominant College		
age of as one of the h	nost dominant College	
e v	U	
0 0	U	
eleven, players of	fall time. or Bos-	
eleven, players of where	<i>Call time.</i> or Boston Uni-	
eleven, players of where he lived	<i>Call time.</i> or Boston University.	
eleven, where he lived in a five-room house with	<i>Call time.</i> or Boston University. However, he eventually	
eleven, players of where he lived in a five-room house with the rest of his six siblings.	<i>Call time.</i> or Boston University. However, he eventually decided to take his talents	
eleven, where he lived in a five-room house with the rest of his six siblings. Ewing, who was already	<i>Call time.</i> or Boston University. However, he eventually decided to take his talents to Georgetown University,	
eleven, <i>players of</i> where he lived in a five-room house with the rest of his six siblings. Ewing, who was already 6'6" tall by the young age	<i>Call time.</i> or Boston University. However, he eventually decided to take his talents to Georgetown University, where he went on to become	

	24. Vermont	
	23. Clinton	
19. Bern	sun .22.	
18. Kepler	21. Myanmar	
16. Sia	20. Melendez	
15. McCarthy	17. Chisolm	
nosliW .E1	14. Bacon	
12. Salim	13. Week	
9. Pork	II. RF	
8. Agency	10. Footloose	
6. Red	7. Ramirez	
5. Fiorina	3. King	
4. Instagram	2. Sicily	
1. Fencing	l. Fifty	
DOWN	ACROSS	
LOZZLE ANSWER Falcon Crossword		

#### Page 20

### SPORTS

High-flying stars can

Ramirez has led the

distinguish a good volley-

ball team from a phenom-

enal one, and a few standout

Falcons have been strato-

team as captain for two

postseason. Sophomore set-

ter Katie Melendez led the

state with 611 assists on the

season, well above the na-

over Woburn in the state

tournament on Saturday,

advanced

tional average of 48.5.

November 7th fol-

lowing stellar perfor-

and sophomore cap-

tain Lorra Marseille.

They ended their run

top-seeded Ouincy.

a few days later, falling to

two closely fought sets to

the Presidents, including a

second set that ended 28-26

Volleyball

spheric this year.

### Girls Volleyball Aces Regular Season Star Players Lead the Team to State Tournament

By Will MacArthur **Register Forum** Contributor

When the girls volleyball team recorded the last point of the regular season on November 2nd, the crowd of onlookers in into a long and sustained cheer.

After almost six months of preparation, the team closed out their second season in a very competitive

Dual County League with a 13-8 record and a great deal of confidence going into the state tournament.

According to senior captain Yuleska Ramirez, "We knew that the DCL was going to be no joke! Some

years, and is ranked A few standout Falcons have first in Massachusetts the main gym erupted been stratospheric this year. with 368 kills and 153 aces going into the

> of us did club volleyball to get better individually, and we had captain's practices two days a week during the summer."

The Falcons warm up in the Main Gym before their game v. Woburn Photo Credit: Mutsako Ward

Winter is Coming: Athletes Prepare for Upcoming Season

#### By Sam Costa **Register Forum Contributor**

With cold weather fast approaching, fall sports are over. However, there's no need to worry, because the end of the fall season marks the beginning of the winter season. CRLS offers many different indoor sports over the long winter months; here's an update on what they are hoping to accomplish this year.

The boys track team is looking forward to taking on some of the top teams in the state this season as they compete in the Dual County League (DCL). Coach Scott Cody says, "Our sprinters need to

be faster than last year if we want to compete with the other schools in our league." Last year, the team came in second in EMass Divison 1 in the 4x800 meter relay. The drive for success is still high among the students, and they're looking for a win this year.

Hype is high for the basketball teams heading into the season. CRLS is a basketball powerhouse. The boys made it to the semi-finals of the state championship last year at the TD Garden.

Many supporters are hoping that the team can improve on their performance from last year and bring CRLS a state title. The first home game for the girls team is on December 12th, while the boys

18th at 7:00. Come to Al Coccoluto Gymnasium and support them! With snow comes hockey, and

the CRLS hockey teams are ready to get out on the ice. Girls hockey has a small but fierce team, and they need your support! They had a rough season last year, but they're looking forward to getting better this season. The DCL presents a challenge that they are excited to accept. Games start on the 5th of December for boys, and on the 12th of December for the girls.

CRLS wrestling has high hopes for this season after their 3rd place finish last year. Junior Alex Flamm says, "I definitely think we can [win the league] this year, if we

first game is on Friday, December put in hard work." If they win the DCL, the CRLS team will likely be the top high school wrestling team in the state.

tournament berth.

The War Memorial pool is home to the CRLS swimming team, and they are preparing for an exciting new season. Says freshman Melissa Liu, "Although it's a lot of work, I'm really excited to start swimming this year."

After losing many of their star swimmers from last year, the team's future is still undecided, but they are hoping for a fun and competitive season.

The winter season is one of the most exciting times of the year for athletes, and all of the teams are ready to get back into the game!



Volleyball took home a 3-1 win over rival Somerville at Senior Night. Photo Credit: Mutsako Ward

after a tense volley on the game point.

Trailing 19-13 late in the third set, they battled back to win on a ten-serve streak by junior captain Tenzin "Ten-points" Dotsang, whom junior and volleyball enthusiast Nico Livon says "put the team on her back as

The Falcons advanced over Woburn in the state tournament ball has faced its share mances from Ramirez on Saturday, November 7th.

well as on her shoulders."

"We started out the The Falcons dropped season with a lot of attitude issues and communication problems," said senior captain Elizabeth Harkavy,

and got to know each other better that all went away." In particular, Harkavy cites the influence of senior Joann Cassama, who plays right side for the Falcons and is "consistently one of the most positive members of the team."

"but as we trained together

November 2015

Like many other Rindge teams, volleyof trials and tribulations in the DCL, but after two losses each to perennial powerhouses Concord-Carlisle, Lincoln-Sudbury, and Acton-Boxboro, the Falcons pulled to-

gether and fought back to a

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