

The
REGISTER FORUM
Established 1891

VOL. 128, NO. 6

CAMBRIDGE RINDGE AND LATIN SCHOOL

FEBRUARY 2016



Girls Next Door (pictured), Sassafras, and Pitches and Do's delivered Singing Valentines to students on February 12th.

Photo Credit: Aidan Richards

Ballin' in a Winter Wonderland *Formal Dance Lives up to Great Expectations*

By
Claire Healy
Register Forum Contributor

On Friday, February 5th, CRLS students found themselves once again at the Kendall Square Marriott Hotel to attend Winter Formal. Doors opened at 7:00, and by 9:00, when the doors closed, hundreds of students in stylish attire were dancing the night away with their friends.

In many ways, Winter Formal this year resembled last year's dance. The venue was the same and, despite the unavoidable stuffiness that accompanies most school-organized dances, there was more than enough space for the event.

At one point towards the beginning of the dance, an impromptu conga line appeared and a line of

people ran around the dance floor in a circle. This was followed by the "Chacha Slide," to complete the traditional school dance experience.

Refreshments were well provided, with a variety of drinks available at all times. Food was also provided, though junior Natalie McPherson-Siegrist recalls having seen only one person with a slice of pizza. She was very sad that she

"didn't get to the ice cream before the dance ended."

The music ranged from recent songs such as "Watch Me" by Silento and "Ananconda" by Nicki Minaj, to older songs by Jay-Z, and what seemed to be a cover of Otis Redding's "Stand By Me." Junior Eliza McNulty said that while "it was an overall good experience, [she] wished they had

Continued on page 5

"It was an overall good experience."

Valentine's Day Tradition

By
Charlotte Rosenblum
Register Forum Contributor

It's the most wonderful day in the CRLS calendar year. It's not Christmas, Falcon Pride Day, the last day of school, or even Valentine's Day. It is, in fact, the Friday before February vacation, Singing Valentine's Day!

This day, loved by many, is a magical tradition here at CRLS in which a cappella groups wander the halls to fulfill their duty of delivering these Singing Valentines, interrupting class to serenade peers and deliver letters of love.

Such valentines can be purchased in the week leading up to Valentine's Day. Customers can choose the group they wish to sing the valentine, the class and period they want the valentine to be delivered in, and of course the person they want it to be delivered to.

In addition to that, the valen-

tine-sender may write a short message, which the a cappella groups will write onto a beautiful heart-shaped or glitter-covered valentine.

One of the most beautiful aspects of Singing Valentines Day is how much work the a cappella groups put into it, not only arranging and rehearsing their songs, but also organizing and creating 240+ valentines each year.

Three fantastic a cappella groups participated in the Singing Valentines tradition this year. Sassafras, an all girl group led by seniors Chiaki Kirby and Charlotte Eccles, performed "Thinkin Bout You," "Be My Baby," and "La Vie en Rose."

Junior Maisha Lakri of Sassafras says, "I love doing Singing Valentines because I love making people happy." Maisha thinks "Thinkin Bout You" was their most popular song this year.

Continued on page 2

INSIDE THIS EDITION

YEARBOOK

The Register Forum looks at the yearbook creation process and CRLS' relationship with Jostens.

Around School, p. 3

BIKING SAFETY



Around School, p. 4

KANYE WEST

Kanye West's new, long-awaited album, *The Life of Pablo*, is a disappointing return.

A&E, p. 10

SUPER TUESDAY



Nation, p. 12

GIRLS HOCKEY

The Girls Hockey team shows strong upward trend and lays solid foundation for seasons to come.

Sports, p. 16

REGISTER FORUM

Cambridge Rindge and Latin School
459 Broadway, Cambridge, MA 02138
twitter: @registerforum
instagram: @registerforum
snapchat: registerforum
wikipedia: CRLS Register Forum
bit.ly/crlsrf
crlsregisterforum@gmail.com

Editor-in-Chief
Tomek Maciak '16

Editors
Adrienne Ashe '17
Rafael Goldstein '17
Liam Greenwell '16
Cameron Lane-Flehinger '16
Diego Lasarte '17
Sophia Nikolayev '16
Lucas Raagas '16

Contributors

Griffin Andres '16	Rosa Munson-Blatt '17
Ross Baker '16	Paloma O'Connor '16
Cameron Chertavian '16	Tamina Razzak '16
Cayley DeLancey '17	Grace Ramsdell '18
Sophie Harrington '18	Charlotte Rosenblum '17
Christo Hays '17	Shuvom Sadhuka '18
Claire Healy '17	Stella Yeung '16
Will MacArthur '16	Will Telingator '17
Mateo Mariscal '16	Sun-Jung Yum '19

Faculty Advisor
Steven Matteo

Established in 1891 as the C.M.T.S Register

*"Listening to every voice,
printing what you need to hear"*

How Much Homework is Too Much?

By
Will Telingator
Register Forum
Contributor

"Homework is undoubtedly an essential aspect of learning and processing new information. However, too much homework can be very overwhelming for busy students," notes junior Liam Simons.

The issue of homework is one that has been widely debated for several years. While most teachers give homework in the hopes of increasing their students' academic performance, most research demonstrates that more homework does not necessarily produce better results. Furthermore, increased amounts of homework is often detrimental to the health of these students.

Contrary to common belief, several studies indicate that more homework has little correlation with higher student test scores. In fact, the Center for Public Education discovered that although schools in Japan and Finland give much less homework than the United States, they far outperform U.S. students on tests.

Additionally, increased amounts of homework can have a negative effect on

the health of students. Many students stay up very late to complete their homework, and as a result they usually get much less than 9.5 hours of sleep, which is the recommended amount of sleep for a teenager.

This type of sleep deprivation can take a huge toll on the mental health of a growing and developing teenager. Senior Maddy Leonardos exclaims, "There are only 24 hours in the day and I only want to be awake for so many of them! Not all of them!"

This problem is only heightened by the fact that many students participate in sports or other extracurricular activities after school, causing them to get home later in the afternoon. CRLS junior Anna Griffin explains, "Being a two-sport athlete, it is hard to participate in after-school clubs, giving me little choice but to take part in morning clubs. However, they are difficult for me to get to since I am usually too tired in the morning from staying up so late the previous night to finish my homework."

This is a common complaint among high school students, and it is corroborated by a recent study done at Stanford University, which concluded that "more

homework has a negative effect on students' mental and physical well-being. They have greater stress, sleep-deprivation, and less time for friends, family, and extracurricular pursuits."

Based on a survey conducted by *The Register Forum*, it is clear that many CRLS students would agree that homework has a negative effect on their overall health and well-being. Out of 58 students polled, 70% noted that homework causes them more stress and anxiety, while 60% think that it causes them sleep-deprivation and exhaustion. Moreover, 65% of students polled believe that homework does not increase their academic performance.

Although homework can be frustrating and overwhelming at times, some students would argue that having homework is ultimately beneficial to the learning process.

Among them is junior Alex Stewart, who states, "Overall, I do think that homework is helpful. Homework is more practice on the subject that you are getting tested on, and if you don't understand the topic, it is much better to see it when you have homework rather than when you are taking a test."

SINGING VALENTINES

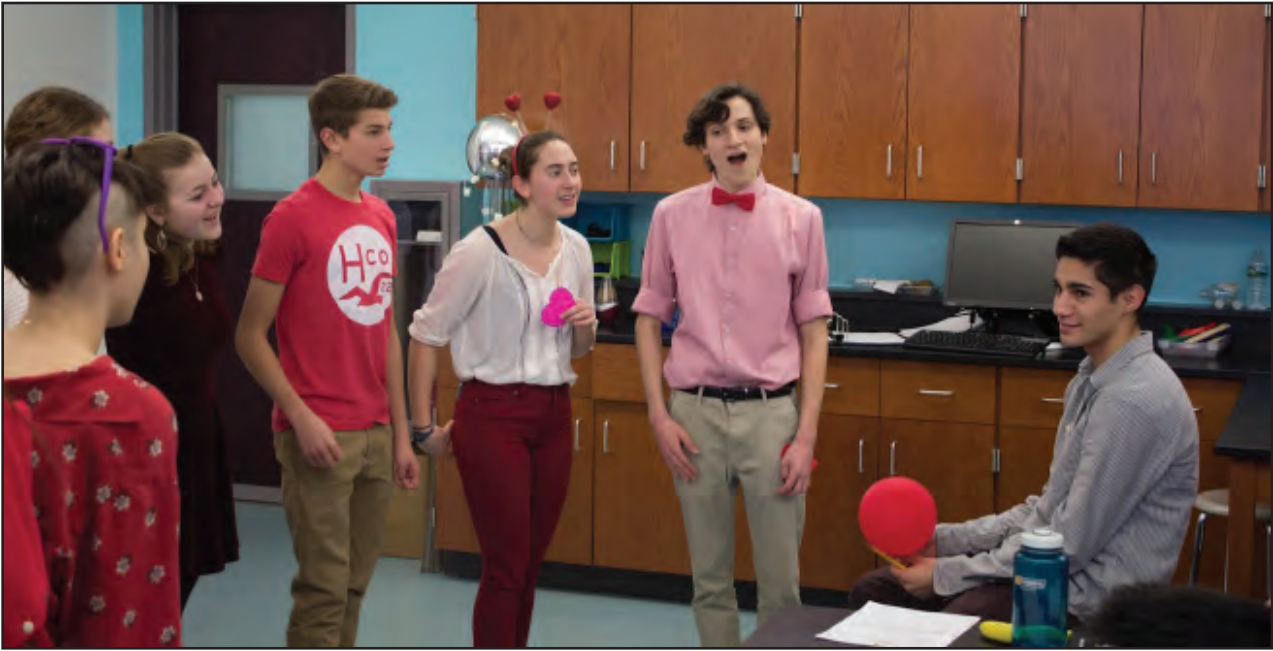
Continued from page 1

Pitches and Do's, CRLS's co-ed group led by juniors Elliott Ronna, Josie Underwood, and Rebecca Hornstein, performed "L-O-V-E" and "Don't Want to Miss a Thing." Elliott Ronna says, "It's really fun to see how people react as the song goes on, some people think it's great the whole time while some people get progressively more uncomfortable."

Girls Next Door sang "I Can't Feel My Face" and "Say Hey." Junior Alia Campbell of this group says that students enjoyed the rendition of The Weeknd's signature hit the most, and senior Chelsea Darwin said performing the piece was "exciting, fun, and tiring."

Singing Valentines are not just about romantic gestures—they are a great way to express the love of friendship as well! Junior Sophie Lipkin says, "I love Singing Valentines. They are very funny to see, and wonderful to hear! They are the only reason I come to school every Valentine's Day." Senior Gabriel Lubbock encapsulated the range of feelings the event provoked, revealing, "I loved it and I hated it. The songs were performed amazingly, but thanks to those [singers], I've had 'Can't Feel My Face' repeating in my head for the past ten days."

Every year, the a cappella program makes Valentine's Day a day full of wonder and delight. If you enjoyed what you saw this Valentine's Day, be sure to come through to the spring a cappella jam for more!



Despite a snow day during the week of valentine sales, the a cappella program sold all 240 Singing Valentines.
Photo Credit: Aidan Richards

Yearbook Club Kicks off Partnership with Jostens

By
Liam Greenwell
and Tomek Maciak
Register Forum Editors

“I think that even in this digital age, a yearbook is such a special keepsake and something that everyone needs to have. Media changes constantly, but the pages of the yearbook will always stay the same,” says Tara Anderson, CRLS Yearbook Representative for Jostens, Inc. Jostens sells CRLS yearbooks, cap and gown sets for graduation, and class rings.

This is the first year that the CRLS Yearbook Club has used Jostens to design and print the yearbook, though the company already sold cap and gowns and class jewelry for the school.

Yearbooks allow students to “reflect their feeling on those events and experiences” they have during high school, says Berhan Duncan, who is in his third year of advising the Yearbook Club and is the Learning Community R Clerk.

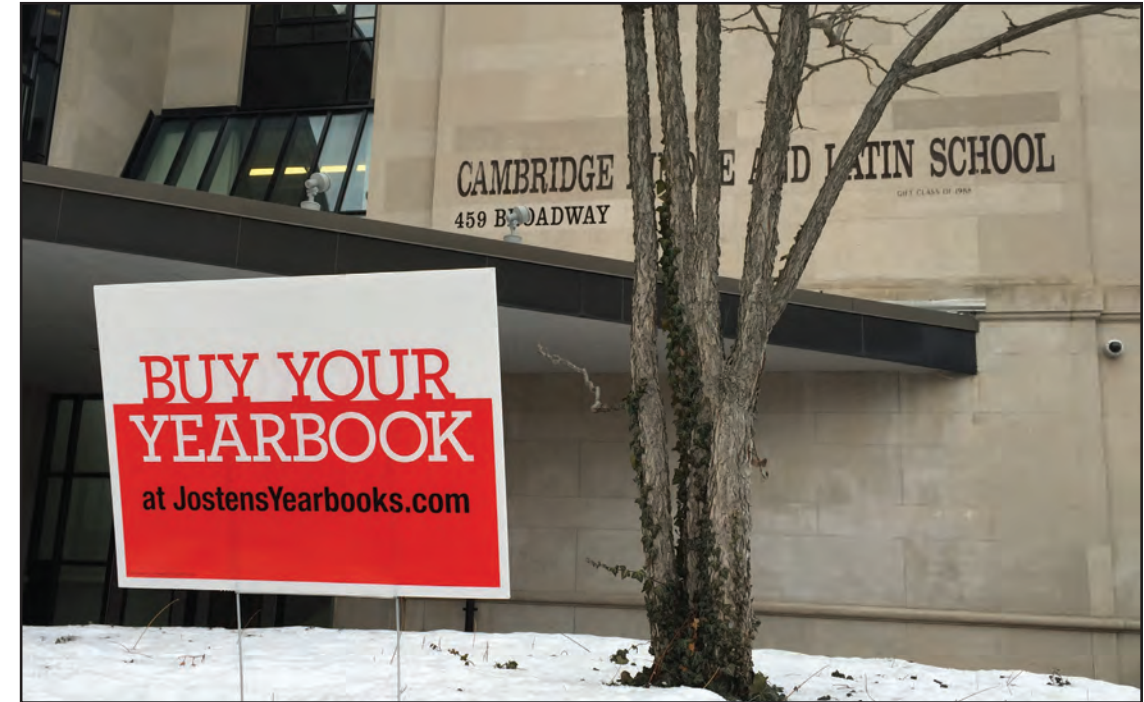
The Yearbook Club designs the yearbook using Jostens’ online software, making important decisions as to which events are included, what pictures make the cut, and how the book is

organized. Editor-in-Chief of the Yearbook Club Sabrin Mohamednur states, “Sometimes it can get hard because we don’t want to feel like we are missing anyone or any group, but it is hard to capture everything. We try our best, but sometimes getting pictures for certain clubs, for example, just doesn’t work out.”

Though the students can choose to work off of templates provided by Jostens, “students in Yearbook Club are involved in every aspect of design for the yearbook,” says adviser Duncan.

Asked how she thinks yearbooks will change in the next decades, Jostens Representative Anderson said that she predicts “an increase in customizing and personalizing yearbooks.”

This year, due to the costs involved in hiring a photographer, Yearbook Club decided to take senior photos in a natural classroom setting, for what Duncan called a more “relaxed and candid” feel. However, some seniors came forward saying they would rather have their photos taken in the more traditional yearbook photo fashion. The Yearbook Club allowed student photographers to shoot



Jostens provides printing and marketing services for the yearbook, as well as caps and gowns.
Photo Credit: Liam Greenwell

photos themselves. Duncan remarks on the event by concluding, “I consider that a great democratic success in that the more students that are involved in those decisions the better the yearbook is and I couldn’t be more proud of that.”

However, some have questioned the price of the yearbook, which is currently \$80 (increased from \$68 at the beginning of the year). Jostens does not offer any means to get a discount or fee waiver, though they do have an interest-free payment plan that breaks the one-time cost into several monthly payments. When asked about financial aid

opportunities for students, Jostens Representative Anderson said that the company “supports programs like that within each school,” but did not give further details.

Duncan says, “It’s super important we are able to offer the yearbook to any student who wants one...It’s hard for me to justify charging so much money for the yearbook, but we do have costs to cover. And it is a costly endeavor.”

The Yearbook Club itself has plans for several fundraising events to lower production costs. Duncan says that, on rare occasions, he is willing to find a way

to give some form of discounts to students who need it. Duncan concludes, “It’s such a rich tradition that means so much to so many students and families. It’s a lot of hard work. It’s teamwork and that builds relationships among the club and that’s a lot of fun.”

The Yearbook Club is currently seeking an additional faculty adviser to help out next school year. If interested, please contact Berhan Duncan at bduncan@cpsd.us. To order your yearbook, log onto www.jostens.com/yearbooks and enter our school information. The deadline to order the yearbook is March 4th.



Photo Credit: Sydney White

By
Charlotte Rosenblum
Register Forum Contributor

Register Forum: First off, what do you teach?
Cecilia Hylton: I teach two sections of World History II for freshmen, and I teach AP Comparative Government.

RF: You taught here a few years ago and then left, and now you’re back. What did you do in that time?
CH: This was the school where I did my student teaching for a year with Rachel Otty, and then I got a job at Acton-Boxborough high school teaching U.S. History I and II. It was a posi-

Teacher Spotlight: Ms. Hylton

Comparative Government Teacher Talks China, Ms. Otty, and Wackiness

tive experience in many ways, but it wasn’t the sort of school I wanted to teach in for the rest of my life. When Rachel called me and said that because class size was being reduced and they needed to hire new teachers for each department and asked if I was interested in coming back to Rindge, I said absolutely!

RF: Your class AP Comparative Government and Politics sounds cool. What is that?

CH: My class is an Advanced Placement course that introduces high school students to comparative politics and comparative analytical methodology, but we use a case study approach. We look at six different countries across the world, and we look at the European Union, in order to get comfortable in understanding what makes a government and what makes a state and how governments work or don’t. And also, by comparing the United Kingdom to Nigeria, Iran to China, etc, we can come to some conclusions about best practices, best forms.

RF: Which of those case studies is your favorite to teach/most interesting to you?

CH: I had a lot of fun teaching the UK because of “prime minister’s questions.” It’s the sort of thing that I love. I love wackiness, I love weird-

ness, and the UK has all of that.

RF: If you could create another class to teach, what class would that be?

CH: Two things. On a practical side I would love to add more political science classes. [Those are] a lot of fun. I think it’s a discipline students are more likely to major in than standard history, because people are curious about it. On a fun side and [something that is] more an aspect of my personality, I would love to do a class on American popular culture.

RF: What is a country you’d really like to visit?

CH: I would really like to go to Iran.

RF: What is your favorite country that you have visited?

CH: My favorite country that I’ve ever been to is China. I went there with students from Acton-Boxborough and it was an amazing trip. Not because it was a great trip—it was a really rough trip in a lot of ways—but I was so glad to have gone. [I was glad] to have had a tough experience and to have seen how a country like China operates from the perspective of a tourist, it being very heavily protected while we were there.

The Hidden Risks of Biking in Massachusetts

By
Cameron Chertavian
Register Forum Staff

Bike ridership is on the rise. As the push for a more green method of transportation sweeps across Cambridge and America as a whole, many are turning to the clean, human powered vehicle as their transportation of choice.

This increase is obvious, both through statistics—local bike ridership has grown by 60% from 2005 to 2011—and simply by looking at any major street or intersection around town.

CRLS students are also getting involved. Senior Max Tanur thinks that: “bike riding is on the rise because people are more interested in being environmentally conscious.”

This spike in bike riding does not come without consequences. Citizens of Cambridge, specifically CRLS students, are suffering an epidemic of bike and bike accessory theft that has

sprung up in recent years due to increased ridership. This problem needs to be addressed to return people’s property, and to stop the national “bike theft industry,” worth over \$200,000,000 nationally.

This problem could not be more clear than when looking at the CRLS biking community. A recent poll of almost 70 students from across all 4 grade levels found that of the 80% that rode bikes, a staggering 75% had experienced major bike theft of some kind.

The average bike theft victim has had an average 1.6 bikes stolen, with many students losing two or more. These statistics coincide with broader local statistics,

A staggering 75% had experienced major bike theft of some kind.

which show a 97% increase in Cambridge bike theft from 2005-2010.

Some, like senior Zohar Propp-Hurwitz, attribute this to a local mindset: “Part of this [increase in theft] is a lack of caring about other people, but I



Bike locks are the most popular form of theft prevention around Cambridge.

Photo Credit: Cameron Chertavian

think a bigger contributor is a mentality of bikes as an ownerless commodity...the thieves mentality seemed to be that everyone steals them so the bike they were stealing was probably itself

stolen.” A solution to bike theft does not present itself easily.

From stronger locks to more security, there are many ways to tackle the problem, but no one solution is clearly the way to go.

For senior Elizabeth Harkavy, the solution for Rindge’s problem lies in a more advanced system of detection: “I wish there

were more cameras around because there aren’t any near the library. It would be relatively cheap, and allow security to potentially catch those who steal bikes on campus.”

It is abundantly clear that the CRLS student body gives the police force very little credit in returning stolen bikes. There is an overwhelming belief that local police will not be able to help in bike recovery. This opinion is echoed by freshman John Figueroa, who says, “[I’ve done] nothing. My bike would have never been recovered. Police don’t care because the thief

could just spray paint it.”

Despite this popular belief, out of the 11 bikes reported to police, at least 5 were returned to their rightful owners, showing a much higher rate of return than the abysmal 8% return rate of bikes that are not reported to the police.

Despite the lack of a clear solution to bike theft, it is important that the problem is acknowledged and considered. In 2012, Cambridge pledged to increase bike ridership by 300% by 2030. Even if this goal is not reached, it is clear that bike ridership and theft will only continue to go up.

The RF Wants You



**Sign Up for
Journalism Classes!**

**EDIT & DESIGN THE SCHOOL NEWSPAPER
EARN 10 ENGLISH CREDITS THE FUN WAY**



An Opportunity for Reflection During Black History Month

Current Events Make Celebration of Month Especially Important, Many Say

By
Liam Greenwell
Register Forum Editor

The month of February has been recognized as Black History Month by the US government since 1976, when President Gerald Ford proclaimed that Americans should “honor the too-often neglected accomplishments of black Americans in every area of endeavor throughout our history.” For many, the month is especially important now.

Shootings of unarmed black civilians by police

have drawn scrutiny nationwide, and at the Boston Latin School, some black students have spoken up regarding what they say is subtle racism that is part of the culture of the school.

“Though the racism is low-key at Rindge, I do feel like there is a similar problem here,” says Emmanuella Fedé, one of the leaders of the CRLS Students of Color Union. “As a black student I’ve [found] that since February is Black History Month, people are more likely to listen... [and so] this is the month

where we can be the loudest through different actions.”

Ms. Davis, CRLS AVID coordinator and instructor, announces facts about a Black historical figure each morning during announcements in order to increase awareness of this history. She says, “It’s so important to get that information out there so that the kids here... know where we came from, where we are, and where we’re going.”

She continues, “I know everyone’s going to struggle at some point in their life, and we want them to be able to persevere and move on. I think that’s a lot about what Black History Month is. [My hope is that] each year we put this emphasis on it, and someone gets something out of it.”

At Boston Latin, students of color have used the hashtag #BlackatBLS to report demeaning and racist comments by other students and teachers, as well as structural discrimination present at the school.

Two students, Meggie Noel and Kylie Webster-Cazeau, spoke in front of the Boston School Committee about the issues on January 27.

“If people watch the [YouTube video posted by the two which started the

teorology), Aretha Franklin, and Tina Turner.

Ms. Davis says that, considering the diversity of the CRLS student population, she doesn’t want to ask the student body or teachers to do more to actively recognize the month than they do now: “We do a good job of celebrating it,” she says. But we must also “make sure we respect

[Black History Month] and appreciate it” as a school.

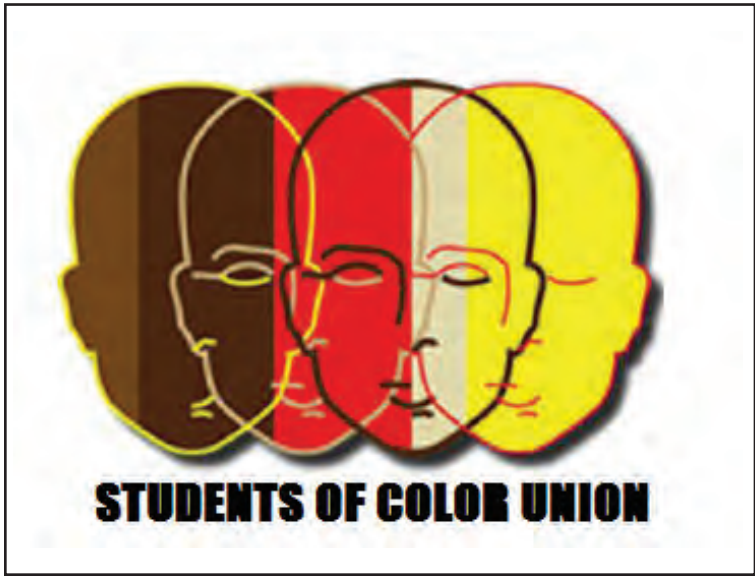
Fedé advocates for a more well-rounded teaching of histories every month. “To be able to recognize black achievement all year round we need to be taught the variety of histories that we as black people come from. We as a community can highlight the need for that,” comments Fedé.

The Students of Color Union is currently planning a food sale to buy school supplies to “donate to a school that suffers from a really high achievement gap,” and is organizing a women of color sisterhood convention in April.

movement], many would see that a lot of the things those two said behind hashtags definitely do happen at Rindge,” says SCU co-leader Fedé.

Reflecting on the relatively short amount of time since the Civil Rights Movement as well as current events, Ms. Davis states, “It’s amazing how far we’ve come in so short a time, and how far we still have to go.”

Historical figures highlighted by Ms. Davis this month included Michael Jordan, Frederick Douglass, Charles E. Anderson (the first African American to be awarded a Ph.D. in Me-



The Students of Color Union is planning a food sale to donate supplies to a school that suffers from a high achievement gap.
Photo Credit: CRLS Students of Color Union

WINTER FORMAL

Continued from page 1

played more current songs.” Junior Jemima Mascary said that her favorite part was the throwback hits.

Leading up to the dance, many students thought the steadily increasing cost to be an unnecessary obstacle. Junior Cayley DeLancey

said that had she not bought the ticket during the first week, she would not have gone to the dance. The price started at \$25, and increased by \$5 every week. At the door, the cost of a ticket was \$40.

DeLancey stated that “it would be much better if the school gave two weeks of \$25, so that more people could have time to figure out if

they wanted to go before the prices began to rise.”

Sophomore Tara Guzman-Finn particularly enjoyed the event for the variety of friend groups that attended. She said that she loved the chance to enjoy a widely attended social event, and that “as a sophomore, you don’t really get a similar experience until prom.”

Freshman Chloe Smith-Sokol echoed this sentiment, stating that her favorite part of the dance was having everyone together “dancing like one class,” and not separated by age. She also said that it was “really fun,” and she is “definitely going to be going next year.”

Senior Prom is scheduled for May 21.



From left to right: Student Government celebrates another successful Winter Ball; Julian Bailey hits the Nae Nae.

Take a Stand Against Sitting Desks

How School Furniture Hurts Students and Impedes Learning

By
Cayley DeLancey
Register Forum
Contributor

“Sit up straight! Stop slouching!” Many teenagers have heard these annoying lines before, be it from their parents, aunts, uncles, or grandparents. But those adults are actually correct. Bad posture is all too common among today’s youth, and it is often caused by sitting in chairs for over half the day.

At Cambridge Rindge and Latin, most of the school day is spent sitting. After school, students spend at least several hours sitting as they do homework, eat dinner, and most likely watch television or use the computer. All of this easily adds up to more than nine hours of sitting per day. But what happens when one sits, especially with poor

posture?

A report by the Washington Post lays out the downsides to sitting. Prolonged sitting reduces blood flow to the legs. People who sit for too long can develop life threatening blood clots in their legs. Slouching weakens abdominal muscles, and tightens hip flexors as well as the back. This can limit legs’ range of motion and stride length, and exaggerate the spine’s natural arch.

When muscles are idle, their cells don’t metabolize insulin efficiently, forcing the pancreas to overproduce insulin, which heightens a person’s risk for developing diabetes and cancer. The lack of movement also slows brain function and limits focus. In a Ted Talk video, physiotherapist Murat Dalkilic adds that slouching reduces lung capacity and limits the amount

of oxygen the body receives. Sitting also contributes to obesity, as the body does not effectively burn fat.

But how can we reduce sitting at Rindge, where desk work is essential?

The answer lies in standing desks. Standing at desks versus sitting promotes better posture. Many standing desks come with a swinging bar that allows students to shift weight and move their legs. They also come with a stool, so that students can sit when they feel tired. Standing desks also improve circulation, and lung capacity for breathing, resulting in a more focused student. Furthermore, standing burns roughly 20 more calories per hour than sitting, which promotes a healthier lifestyle for students.

Rindge should begin with a pilot program of placing standing desks in sev-



Even Register Forum Staff debate the merit of standing desks.

Photo Credit: Will MacArthur

eral classrooms to see how they are received. If it goes well, Rindge can expand the program to include more classrooms. Replacing the current desks with standing desks will cost money. One standing desk with a stool costs around \$350. This will end up being a sizeable expense.

However, if standing desks improve the performance and focus of students, and also improve

their health in the long run, it will be a worthwhile investment. There are also programs, such as Stand Up Kids, which help to donate desks to interested teachers that can alleviate costs.

Sitting is the new smoking, and stand up desks are the solution to this epidemic. In order to help our students have a better future, we need to take steps to give them opportunities to stand.

Why There Should be a Limit to Our Freedom of Speech

By
Tamina Razzak
Register Forum Contributor

Nothing should be exempt of criticism, but the way one criticizes matters in a society shaped by controversy. In the first week of this December, massive public outcry dominated the press when Donald Trump called for a ban on Muslims entering the U.S. His statement had shifted dynamics in the presidential race, especially considering his position as the Republican front-runner.

Most significantly though, his comment has had an impact beyond just creating controversy. Although Trump and his followers agree with the barring of Muslims from the U.S., their view is radical and even the Republican Party has expressed disapproval.

However, despite the Republican candidates’ quick dismissal of Trump’s proposal, there have been similar extreme comments made by candidates such as Ben Carson. Carson, like

Trump, created controversy when he stated that a Muslim should not be president.

These types of comments circulating in society have a great impact and all share a similar approach of categorizing and labeling a whole group with a negative connotation based on the actions of a

clearly radical and separated group.

Freedom of expression, therefore, should be limited against generalizations. Categorizing an identity and human right as large as religion is an abuse of expression.

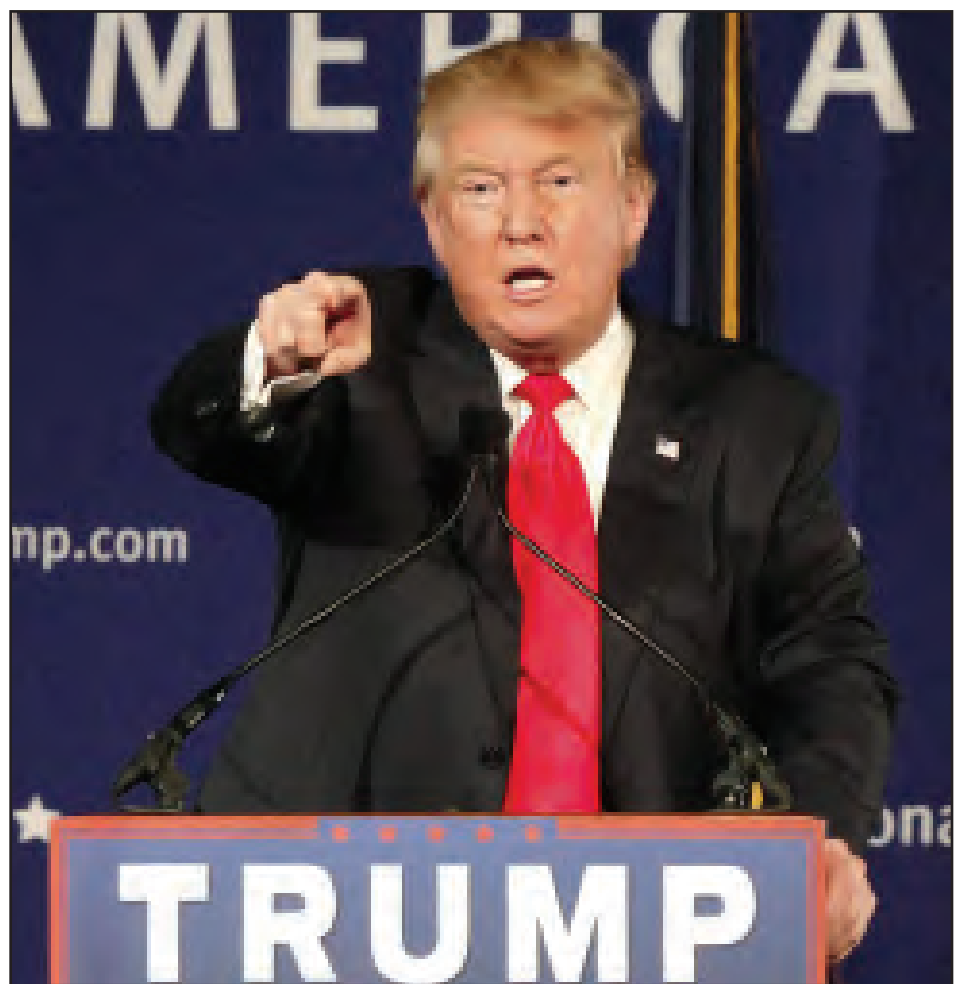
There is a significant difference between critique and offense. Critique comes from logical conclusions whereas offense comes from ignorance. It is perfectly okay to criticize religion and to critique any establishment with power in society, but that does not mean careless insulting comments should be allowed. No matter how indirect, freedom of expression is not something that is free of consequence.

The permitting of offensive speech has a high cost. Many political figures are stating that disrespectful comments in relation to already horrible events such as the mass shooting in California have a role in provoking similar attacks. Like most things in life, expression is something that can be abused. Negative outcomes are possible

when insulting comments are able to create fear and hatred.

It could be said that suppression of speech, no matter how offensive, is more dangerous than the potential provoking of violence made by offensive comments.

A society without provocative speech would be a society without controversial topics and politics. It should be clear though that the use of offensive speech does not limit



Donald Trump has called for temporarily banning Muslims from entering the US.

Photo Credit: Getty Images

what is being said, but rather how it is being said.

Respect for religion is not a matter of limiting freedom of expression but rather a show of mutual respect that indicates understanding rather than condemnation. Everything should be examined. That is what the freedom of expression is for, to critique establishments. However, it should not be used to slander. Damage is done both intentionally and unintentionally, and for political figures the offense is highly costly.

We will not lose or lessen our

freedom of expression by limiting offense, especially considering that most offense is brought on by wrongful classification. It is an obvious human reaction to be upset when one’s belief is disrespected.

Our beliefs should be free of outright ignorance and insult which can lead to animosity. Religion therefore is not exempt from criticism, but that does not mean offensive speech can be allowed simply because we can. We should all strive to protect both our freedom of expression, and the acceptance of different identities.

Critique comes from logical conclusions whereas offence comes from ignorance.

At Colleges, Working Without Pay

The NCAA Continues to Exploit Student Athletes

By
Will Telingator
Register Forum Contributor

For far too long the NCAA (the governing body of college athletics) has continued to make billions of dollars off the backs of hardworking and uncompensated student athletes. As the NCAA continues to garner this money through lucrative sporting events such as basketball’s March Madness or the College Football Playoffs, it is abundantly clear that these student athletes deserve to get paid: and they deserve to be paid now.

Like many professional sports, when it comes down to it, major college athletics are simply a business. Some food for thought: the NCAA annually makes more than \$6 billion from events such as March Madness. Meanwhile, the NCAA leaves “full” scholarship athletes with \$3,000 to \$5,000 in

out-of-pocket expenses each year.

While the NCAA may claim that they cannot afford to pay student athletes, it is only because they find other ways to parcel out their surplus of money, a necessity due to their categorization as a nonprofit organization. Universities will often invest in creating state-of-the-art facilities for their sports teams or sign their coaches to enormous contract extensions instead.

For example, University of Kentucky basketball coach John Calipari recently signed a seven-year, \$52.5 million deal with the university; over that same period of time, his players

their athletic commitment. It is not uncommon for students to miss days of classes at a time as they are traveling across the country with their team.

While some might argue that receiving an education is payment enough for these athletes, the unfortunate truth of the matter is that their education is often disrupted by their athletics. Frequent academic scandals, such as one at the University of North Carolina, highlight the fact that education is not always pushed as a priority for these student athletes.

Former UNC basketball players filed a lawsuit against the NCAA and the university, claiming that they received an inadequate education and were enrolled in “paper classes,” for which they only needed to write a final paper at the end of the semester in order to pass. In the end, it is obvious that the “student” in student athlete does not always apply.



Marcus Paige is a star player at the University of North Carolina.
Photo Credit: USA Today

It may be a bit extreme to claim that college athletes should be paid a weekly or even monthly salary. However, it is certainly fair to say that the NCAA and respective universities should not be allowed to benefit from the accomplishments of their athletes while the athletes themselves receive no compensation.

These athletes devote their livelihood to their sports teams, and receive no tangible payment in return. Current regulations enable universities to exploit their student athletes to the maximum extent. For example,

the NCAA regularly advertises the names and images of their best athletes in order to boost profits. Meanwhile, these athletes do not earn a single penny in return.

This egregious exploitation should not be allowed to continue. We cannot stand idly by while universities continue to take advantage of their student athletes. Undoubtedly, the NCAA—a multibillion dollar organization—can afford to compensate these young athletes. It is only a matter of whether or not we, the public, continue to pressure them to do so.

These athletes devote their livelihood to their teams, and receive no tangible payment in return.

won’t earn a cent. In reality, student athletes are working two full-time jobs—one as a student and the other as an athlete. Each job is equally as demanding, yet they often spend far more time on

Block Schedule Benefits CRLS

College Style Helps with Homework, Concentration

By
Sun-Jung Yum
Register Forum Contributor

As the second semester begins, CRLS students find themselves settling into new classes. However, this is a sight that is unusual for high schoolers across the country, as Rindge is one of the few high schools that follow the college class system. Instead of having the usual eight forty-five-minute classes for every day of the year, our school has four eighty minute classes a semester, resulting in a dramatic shift for students between semesters.

This system has often been deemed ineffective, due to the distraction it creates halfway through the year. However, the benefits of this routine greatly outweigh the negative side effects.

Typical high schools in the U.S. choose to divide the school day into eight equal portions, for eight different classes. However, distributing one’s time and effort into eight different subjects every day for a whole school year is a task that students inevitably find difficult. A high school student cannot be expected to perform proficiently in eight different subjects and efficiently make eight different transi-

tions every day. Having to learn a much larger breadth of information would undoubtedly decrease the students’ concentration.

Already, high schoolers struggle with completing their homework well. Eight different classes would require students to spend time in eight completely different subjects every night. Not only would this add to their stress level, but many would be forced to put less effort into their work without getting fully immersed in the topic. Four classes create a much more manageable amount of work for students, creating an environment where they are able to engage with each subject.

It is worth acknowledging that this “switch” in the middle of the year can also create a considerable distraction. As students approach the second semester, they are deep-

Students cannot be expected to perform proficiently in eight different subjects.

ly involved in their classes, and many only finally begin to settle down after the first third of the year has passed.

Our school forces students to switch classes soon after that. Just



Rindge has 80 minute blocks, while most schools have year-long, 45 minute classes.
Photo Credit: Liam Greenwell

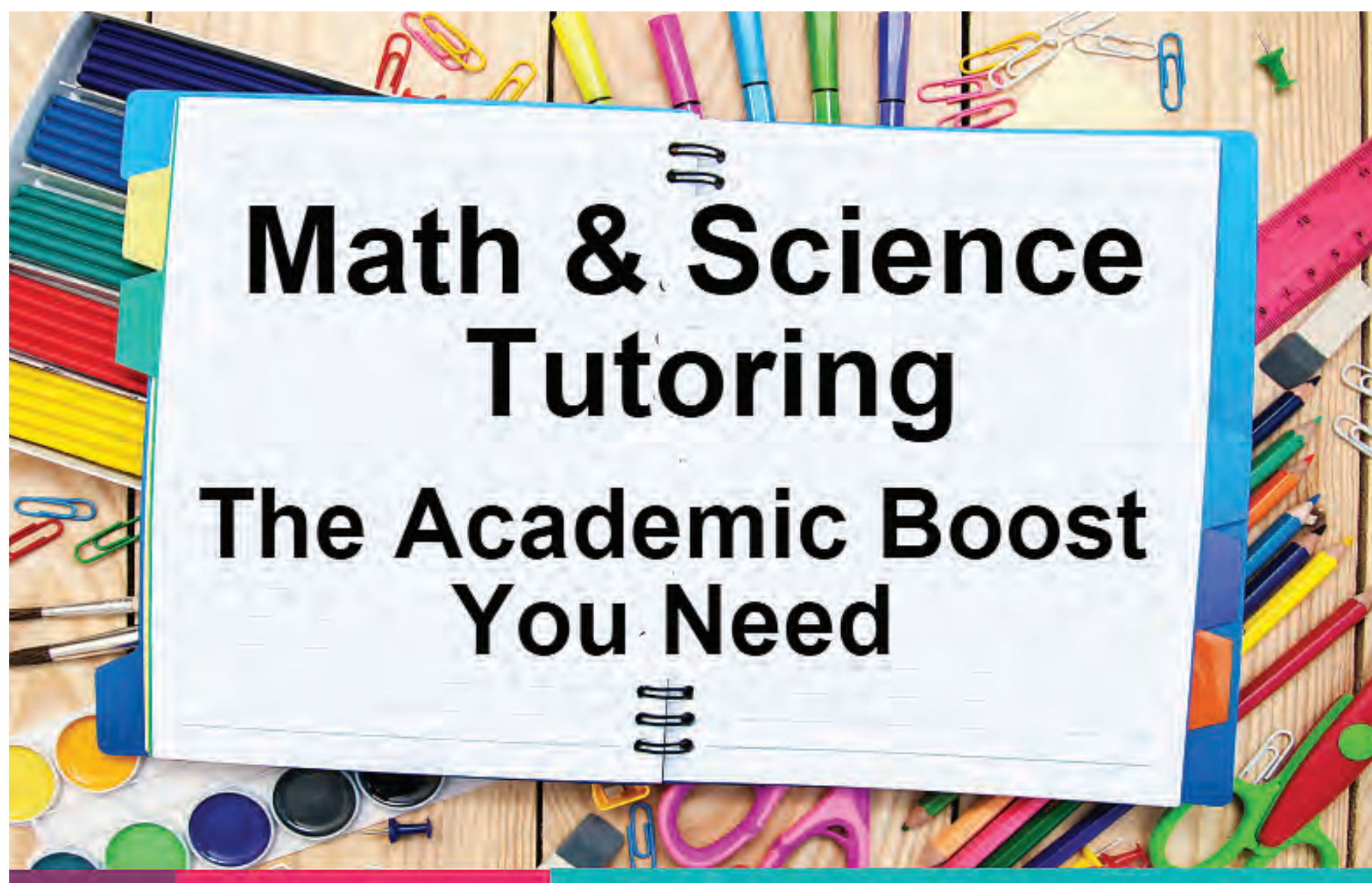
as students get used to their classes and their teachers, they are forced to “start over” from the beginning in another class. This appears almost as a waste of time, as students are back to where they started in September.

However, despite the fact that students at Rindge are only given a semester in each class, they are able to learn much more information within our system. Educators have always found that forty-five-minute classes are simply too limiting, and that time runs out just as conversation begins to build. These periods are shortened even more due to the hectic time period in the beginning and end of classes. Science teachers often claim that these classes are not nearly adequate for

students to complete a lab. Putting all your concentration in only four classes a day for eighty minutes at a time ensures that students can get deeply involved in all of their studies.

Following the college system has been viewed as ineffective by many around the country, and many high schools are yet to follow suit. However, CRLS evidently has several powerful reasons for using this system. Teachers are able to personally connect with students and teach a larger amount of material without overwhelming them.

The benefits to this decision undoubtedly compensate for the downfalls, though there are several reasons to why students may suffer under this school rule.



• Expert Tutoring •

- Improve your grades & understanding of tricky concepts
- Prep effectively for AP exams & SAT subject tests
- Engage in personalized lessons that work for your learning style
- All levels welcome!

• About Our Tutors •

- Highly qualified (Graduates of BC, Tufts, Harvard, and more!)
- Available for in-person and online sessions
- Effective teachers with proven success raising grades and scores
- College admissions experts

• Our students say •

"I like learning why the formulas work instead of just having to memorize things." - Dylen

"I always look forward to learning from you. I appreciate your help!" -Jenn

"Thanks for all of your support, patience and inspiration." -Sally

To set up a tutoring session
Email tutor@admitster.com
or
Call 1.800.803.1541

For more information, visit www.admitster.com/tutoring

CRLS Art Receives Accolades

By
Stella Yeung
*Register Forum
Contributor*

The visual and performing arts department at CRLS has always excelled in the Scholastic & Writing awards, and this year was no exception. This year thirty CRLS students took home regional awards, from honorable mentions to Gold Keys, a highly acclaimed artistic acknowledgement.

Deborah Haverty, CRLS art teacher of thirty years, states, “I’m proud to say that over 225 pieces were submitted from CRLS and 75 of those were from my students. It is an honor for a student to even be considered to submit, so

whether a student won a gold or nothing at all—we are proud of our students.”

Cambridge Rindge and Latin enters the contest every year, never failing to impress. Individuals in grade 7 to 12 from all over the nation enter work excelling in originality, technical skill, and personal message in 29 art and writing categories.

Senior Yanka Petri, winner of multiple Gold Keys asserts that giving artists recognition for their work is important. She says, “Being recognized in such ways makes me want to continue doing it professionally as I grow older.”

Over \$250,000 worth of scholarships are given to award recipients annually,

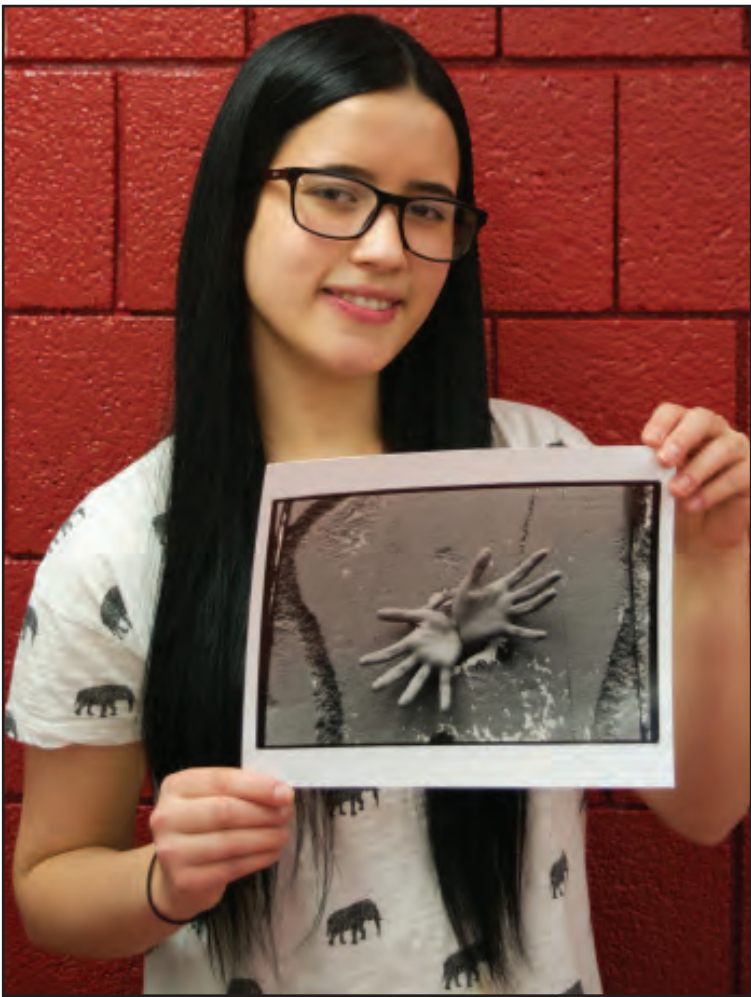
not including another \$10 million which is given by partners of the program.

Deborah Milligan, Photography teacher, comments, “There were 300,000 works submitted last year, with 17,000 in Massachusetts alone. It’s a lot of work for teachers to organize but it’s definitely worthwhile. Last year, CRLS had three national winners.”

This contest established the careers for alumni such as renown artist Andy Warhol, writer Sylvia Plath, and fashion designer Zac Posen. Today, the Scholastics are housing the names of the most influential artists of our time.

Callum Griffith, CRLS junior who received five awards for digital design, remarks, “Previous to taking creative design I had no idea what I liked or wanted to do and it definitely helped structure my path towards college and gave direction to my academics. I’m excited for next year’s where I hope to push myself to do better.”

Sam Stubbs, CRLS senior and honorary son to ceramics teacher Jon Baring-Gould, who received multiple awards, adds, “Ceramics isn’t just any other



Senior Yanka Petri’s photograph “Cuffed” earned high honors.
Photo Credit: Grace Ramsdell



Senior Zohar Propp-Hurwitz’s film won accolades at the Awards.
Photo Credit: Zohar Propp-Hurwitz

elective for me, it’s a passion and an outlet.”

If you would like to see the work of other CRLS students, the Gold Key winners’ artwork will be showcased at EF (Education First), Two Education Circle, Cambridge, MA 02140 from March 5 to March 20, 2016. They will later move on to New York City where they will be judged for National Scholastic Awards. Eventually, the top 2000 na-

tional works are presented in Carnegie Hall.

Senior Alexis Rabkin, winner of the Silver Key in Ceramics & Glass, believes that the awards are a great in that they give recognition to the often unappreciated field of visual arts, saying, “For me, winning a Scholastic Art award helped validate all that time and energy that I put into my art, which is generally overlooked as a hobby.”



THE REGISTER FORUM

ARTIST OF THE MONTH Natalie McPherson



By
Diego Lasarte
Register Forum Editor

In the hive of creativity and passion that is the CRLS basement, there is one consistently positive and dedicated force that can bring a smile to any face. Always ready with a groan-inducing joke, or an outdated reference to Frank Zappa, Natalie McPherson is constantly described as joy to work with and a committed force in the school’s



Natalie McPherson has worked in the Tech Department since her freshman year.
Photo Credit: Natalie McPherson

Drama Department. Fellow CRLS Drama Tech veteran Kabir Singh beams when asked about the Co-Student Technical Director (STD for short), saying “Natalie is a great leader in the shop and on stage.” Adding later that Natalie “demonstrates beautiful technical and artistic skills everyday.” When asked about McPherson, Head of the Tech program Joanne Farwell sung her praises: “[Natalie] has the ability to balance hard work and having fun. She stood out from day one as a freshman, her excitement is infectious. She is currently Co-Student Technical Director and a member of the Design Team for the 2016 CRLS Drama Festival production.”

McPherson has been a part of the Drama Department for three years, building sets for a number of award-winning productions.

CRLS Junior Claire Healy enthusiastically expressed her admiration for McPherson, saying that



McPherson working on the set of last year’s CRLS Festival play Elephant Man.
Photo Credit: Diego Lasarte

“Natalie is the most hardworking person I know, since freshman year she has put more work into tech than almost anyone else, and it has totally paid off. The sets she and the others have worked on for the past

three musicals have been unbelievable.”

Get ready to admire Natalie’s handiwork on the set of *The Secret In The Wings*, coming soon to the Fitzgerald Theatre near you.

Salt to the Sea Falls Short of Ruta Sepetys’s Standard



By
Grace Ramsdell
Register Forum
Contributor

There are so many stories that deserve to be told, and historical fiction author Ruta Sepetys has a knack for exploring those that are dramatic, yet largely unknown.

With her debut novel, *Between Shades of Gray*, Sepetys told the story of a Lithuanian teenager deported to Siberia during World War II, and with her most recent book, *Salt to the Sea*, Sepetys revisits the Baltic region of the mid 1940s.

Salt to the Sea culminates with the tragic sinking of the *Wilhelm Gustloff*, a maritime disaster that killed over 9,000 people, far surpassing the *Titanic* and *Lusitania* in magnitude.

Sepetys brings the

little known story to light through a variety of cultural lenses. Three young adult refugees—an East Prussian restoration artist, a Lithuanian nurse, and a young Polish girl—cross paths as they journey toward the port where they hope to escape by ship from an impending Russian attack. There they encounter a teenage German sailor who provides a fourth point of view.

With *Salt to the Sea*, Sepetys maintains her ability to tell important stories in a wholly unpretentious way. However, Sepetys’s first attempt at a rotating set of narrators is not effective in creating characters as compelling and realistic as those in her other novels.

The story switches perspectives between the four narrators too frequently, making it difficult to settle into the narrative and form a real connection with the characters. The characters should develop naturally



While visiting the Cambridge Public Library, Sepetys read the The Register Forum.

Photo Credit: Grace Ramsdell

as the refugees slowly trek toward the port, and yet because of the quick jumps between perspectives, the opportunity is lost. It is not until the emotional end of the book that the story feels as engaging and poignant as Sepetys’s previous novels.

Amid these disappointments, Sepetys’s character-

istic attention to historical detail remains strong. She applies her extensive research subtly, but nonetheless carries out her goal of voicing little known histories. Additionally, Sepetys’s reexamination of the experiences of refugees during WWII is timely, leading us to question whether our per-

spective towards refugees is different today than in the past.

The story Sepetys sought to fictionalize with *Salt to the Sea* is undeniably important, and was told adequately, but *Salt to the Sea* is ultimately not up to the standard set by Sepetys’s other novels.

Kanye’s Drive for Legacy Stalls with *The Life of Pablo* Inspired but Disjointed, His Newest Effort Fails to Live up to the Pre-Release Hype



By
Christo Hays
Register Forum Contributor

Smokes swirls among a clump of Kanye West associates—Pusha T appears in dated fatigues attire, beside him stands a braided and fur-clad Travi\$ Scott blowing clouds of his own. Sporting new, self-designed gear, Kanye stands before a laptop, addressing the occupants of Madison Square Garden. “If you like it afterwards feel free to cheer or whatever y’all want to do,” he anti-climatically mutters before diving into the underwhelming debut of his latest album.

I, like many other Kanye West fans, approached his seventh solo album, *The Life of Pablo*, with a sense of unease. What kind of album changes its name and tracklist after it’s been debuted? The fluid release date, Kanye’s manic *SNL* performance, the incredibly odd Garden show (during which he tried valiently to sell the crowd on a video game where you play as his mom flying to heaven) all seemed to yell “Kanye is losing it.” When it actually came out and I gave it my first listen it was understandably bewildering.

Despite being as messy as its rollout, *Pablo* occasionally pierces through the clutter with gleams of light. It’s a wild ride, a roller coaster of intermittent beauty with thrilling, almost spiritual, high points. Like any roller coaster, however, it has its ups and downs, and *Pablo* dips more than it peaks.

From the start there’s a sense

tions à la “Dark Fantasy” and the minimalist style of *Yeezus* appear in full force. This sprawling spectrum is fitted into 18 fascinating but sloppy tracks.

At its best, *Pablo* is a true marvel. “Ultralight Beams,” the opener, is a holy concoction of gospel grandeur, raw poetry and confident, childlike wonder featuring Chance

As the track ends, the choir fades into a sample of Pastor T.L. Barrett, which is quickly replaced by a fierce trap beat backed by resonant piano chords and a passionate Kid Cudi. Here the ride takes it first dive when Kanye raps about his comically vulgar lifestyle, ruining the otherwise beautiful “Father Stretch My Hands, Pt. 1.” Many tracks on the album fare similarly to “Pt. 1,” containing potent lyrics overshadowed by painfully tactless remarks or uninspiring wordplay. “Highlights” suffers from mentions of Kim Kardashian’s infamous fling with Ray J and an excruciatingly corny set of bars about using a Go-Pro during sex.

As surface-level sonic experiences they are highly enjoyable—these will probably remain some of the oddest songs you’ve ever nodded your head to—but they seem to hope you won’t look too close and see the underlying flaws. Half-baked genius would be the proper term; on the verge of greatness, but slipping into a lack of cohesion. That’s not to say there isn’t full baked genius present, that couldn’t be further from the truth.

For example, if Frank Ocean’s verse from “Wolves” isn’t playing as you enter the afterlife then you’re probably going to hell. In short, if you’re going to listen to *Pablo*, remember that its strength lies in the broad strokes, not the nuance.



The Life of Pablo’s tracklist was changed even after it was released.

Photo Credit: Spin Magazine

of finality to *Pablo*, it’s a culmination. Soulful samples from Kanye’s *College Dropout* days, 808s-style autotune ballads, grand choral sec-

The Rapper. “This is a God dream,” Kanye cries, an explosively powerful choir in tow. It’s hard to argue with him, it really is a dream.

Carol: Elegant and Powerful

Cate Blanchett Breathes Life into a Forgotten Era



By
Charlotte Rosenblum
Register Forum Contributor

Todd Haynes’ *Carol* hit theatres in December of 2015, but you wouldn’t think that it was filmed in the 21st century. *Carol* was filmed on Super 16mm film, used widely during the 1950s and 1960s. The majority of films today are filmed digitally and then put through intensive CGI and further digital processing, which becomes evident when these films possess an unrealistic level of clarity and unsettling, hyper-realistic, glossed perfection.

The use of Super 16mm film elegantly transports the viewer directly to 1952 New York City. Additionally, the 16mm beautifully enhances cool colors in contrast with the warm colors, and gives the film as a whole a sort of dream-like ambience and glow. Cinematographer Edward Lachman also employs slow-moving and ex-

tremely close-up shots to enhance this dreamy atmosphere. The film progresses very slowly, and there is relatively little dialogue, another elegant choice which contributes to the beauty and simplicity of the film.

Some of the events in the film happen so much by coincidence and chance, one might wonder if it is all a dream. The film begins when Carol (Cate Blanchett) forgets her glove at the fictional department store “Frankenburg’s” while purchasing a train-set. Young shopgirl Therese (Rooney Mara), entranced by Carol’s beauty and apparent interest in her, excitedly returns the glove in the mail. Carol immediately calls Therese to thank her, and asks her out to lunch. Unexpectedly, from there Carol continues drawing Therese further into her life, and the

The use of Super 16mm film elegantly transports the viewer directly to 1952 New York City.

two begin a passionate and complex relationship challenged by the time. The acting is noticeably unbalanced—although Mara plays her



Carol was nominated for six Academy Awards, but noticably not for Best Picture.
Photo Credit: Festival de Cannes

part well, Blanchett overshadows her.

Blanchett’s portrayal of Carol is both multi-faceted and vulnerable, and those of her actions which seem forced, predatory, or unnatural at the beginning are later explained by her evident emotional strife. Blanchett’s performance exemplifies the reality of being a lesbian in 1952: feeling trapped in a marriage to a man, and trying to pursue emotional fulfillment with another woman against

such obstacles. It would be an inappropriate over-simplification to label this film simply as “a movie about lesbians.” Carol is a beautiful film about two complex women, about self-discovery, and about a battle during this time period which has been generally overlooked. It is so incredible to see this film in the mainstream and regarded with praise, when so often films focusing on this topic are shoved aside into “indie” or specifically LGBTQ+ categories.

J Dilla’s Donuts is Fire

Clean Samples Bump 10 Years Later



By
Griffin Andres
Register Forum Contributor

J Dilla, considered by many to be one of the greatest hip-hop producers of all time, passed away ten years ago this February 10th, but he did not leave the world of the living before blessing it with one of the greatest hip-hop albums of all time, *Donuts*. Dilla, born James Dewitt Yancey, started his career out of high school as a rapper/producer in Slum Village out of Detroit, Michigan, and his creativity and sonic originality quickly made his name ring throughout hip-hop circles nationwide. Soon, he began working with artists ranging from A Tribe Called Quest and De La Soul to Common and The Roots.

In 2001, Dilla split with Slum Village to pursue a solo career, and over time he developed a musical correspondence with L.A. based rapper/producer Madlib. By sending records

back and forth across the country, they were able to release a collaborative album, *Champion Sound*, as Jaylib in 2003. The album features 20 songs, with each producer supplying ten beats and rapping over the other’s instrumentals, which results in an impressive showcase of each musicians breadth of styles and abilities.

Following the release of *Champion Sound*, Dilla moved out to L.A., where he toured with Madlib and began working under the Stones Throw label. Unfortunately, during that time, he was stricken with a rare blood disease that drained him of the energy needed to go to a studio to produce. While in a hospital bed with a sampler and a crate of 45’s, Dilla created 29 of the 31 tracks that would go on to become

Donuts. This album was the sole focus of the last days of his life, and it is reflected in the clarity of the piece, but also in the raw, ephemeral nature of the sounds of the



J Dilla’s last album, *Donuts*, was released days before his untimely death in 2006.
Photo Credit: Stones Throw Records

album. J Dilla was a master of the offbeat, able to make sounds that are unpredictable and pleasantly weird. On this album, Dilla was unafraid to create music for himself; typical rap instrumentals are upwards of

This album, released three days before his death, almost serves as Dilla’s final will and testament.

a few minutes, but most of the tracks on *Donuts* have runtimes under two minutes. Most hip-hop records convey a message through the lyrics, but on *Donuts*,

Dilla is able to tell stories of love, sadness and reflection without words, beautifully controlling the album’s energy without using language as a crutch. Most of the base melodic samples on *Donuts* are not heavily chopped or manipulated, but Dilla’s masterful provision of extra elements and samples creates an ineffable soulfulness and beauty in the music. In “Time: The Donuts of the Heart,” Dilla samples a bouncing guitar riff from The Jack-

son 5’s “All I Do is Think of You,” and creates something incredibly reflective and serene, and then, just by shifting the sample’s tempo, he makes the song very seductive. Each track on the album is very different, and *Donuts* is a record that bears repeated listens; the album again feels like a visit with an old friend. The album, released three days before his death, serves as Dilla’s final hip-hop will and testament, the outpouring of a musician’s soul into his craft. It is music so personal that it captures the bounty of emotions that fill a human life. Rest in peace J Dilla.

March 1st, Ask Questions Later Candidates Keep Eyes On Super Tuesday

By
Shuvom Sadhuka
Register Forum Contributor

After a resounding victory for Vermont Senator Bernie Sanders in the New Hampshire Primary, a historically close win for Former Secretary of State Hillary Clinton in Iowa, and a clear win for Clinton in Nevada, the candidates are set to square off in what may be the highest stakes day of the primaries on March 1st. Dubbed “Super Tuesday” for the massive number of delegates at stake, this set of 12 primaries and caucuses (AL, AK, AR, CO, GA, MA, MN, OK, TN, TX, VT, and VA, with WY for GOP) can make or break a candidate.

Clinton is expected to carry many of the Southern states on the Democratic side, while analysts predict a strong showing for Ted Cruz on the GOP side. The last polls conducted in Massachusetts in November 2015 show Clinton and businessman Donald Trump holding considerable leads over their opponents.

Meanwhile, here at Rindge, students have plenty to say about the race. An online Register Forum poll shows Bernie Sanders as

the runaway winner in both favorability ratings and support. None of the students surveyed expressed an unfavorable opinion on Sanders, whereas nearly all polled described both Cruz and Trump as “unfavorable” or “somewhat unfavorable.”

Sophomore Sam Peck explained why he supported Sanders: “Bernie is genuinely interested in the good of the people, and has no corporate backing.” He added, “Hillary is fake and slimy and backed by Super PACs. Hillary also voted for the Iraq War, and was an [opponent] of gay rights until conveniently recently.” He expresses a sentiment echoed nationally by Sanders supporters and Republicans alike.

Many Democrats, primarily those considered establishment Democrats, have raised questions about Bernie Sanders’s electability. Senior Lily Keats, a Clinton supporter, responded to many of the critiques of Secretary Clinton: “Politicians change their minds.... she’s not the only candidate who’s ever done that (Obama’s stance on gay marriage was a huge flip flop)... We’re all human, even politicians.” She continued, “I believe in nearly everything that Sanders speaks



Sanders won the New Hampshire Democratic primary by 22 percentage points.

Photo Credit: POLITICO

about, but it’s unrealistic to think that any of that can be done with a Republican congress and senate. Hillary has a foreign policy background and long history of bipartisanship, and...she would...actually bring about change, even if it’s slow, because slow is better than nothing.”

As a self-proclaimed socialist, many Americans will have hesitations about voting for Sanders. Sophomore Ethan Rothenberg humorously dismissed these claims: “Hillary’s back like a snack attack but my dude Bern learned how to win New Hampshire.”

Others have taken issue with the blind support for Sanders. CRLS graduate Nicholas Thilo-McGovern ’15, a Bernie supporter himself, of-

fered his own opinions on the matter, stating, “singling out Hillary is not fair. Obama, Kennedy, Johnson, and even Lincoln took money from big donors...Bernie Bros are pseudo liberals who felt the Bern but don’t really understand our political system.”

Clinton’s decisive victory in the Nevada caucuses have raised questions about Sanders’ popularity outside liberal communities, and some think he is losing momentum. However, Sanders remains strong in the polls, and Clinton’s six point win margin in Nevada was narrower than some anticipated.

Super Tuesday will be a chance for Rindge students to see whether Massachusetts, and the nation at large, “feels the Bern.”

Linked to Birth Defects, Zika Virus Sparks Global Scare

By
Paloma O’Connor
Register Forum Contributor

On February 1, the World Health Organization declared the outbreak of the Zika virus an international public health emergency. Evidence has linked the virus to microcephaly, a disease causing babies to be born with unusually small brains and damaged brains. However, few had heard of the virus until its recent outbreak in South America and threat to the U.S.

“It wasn’t until WHO announced a global crisis that Zika became well known,” says sophomore Marc Leroux-Parra. He continues that the media response to the virus “is showing [how little care] the world has for Latin America.”

The Zika virus is spread mostly by mos-

quitoes. While common in Africa and Asia, the virus was rare in the Americas until the outbreak last May. Once introduced, it rapidly spread to over 29 countries. According to the WHO, it will infect 3-4 million in the Americas this year.

Some, like freshman April Dottin-Carter, aren’t worried. “I barely ever see mosquitoes in Massachusetts...it’s too cold for them,” she says.

For the majority of those infected, the virus has little effect. Symptoms, when they occur, are mild: a fever, headache, and rash. 80% of people with the virus don’t realize it. But that is exactly what makes it so dangerous for pregnant women—they can’t tell if their babies will be affected.

In a few rare cases, those infected can be temporarily paralyzed. This is potentially lethal, concerning many, like senior Olivia Gardner-Parlow: “It’s crazy how it’s spread so fast –

hopefully they’ll find a cure.”

Additionally, Zika-related microcephaly in babies can cause serious developmental disorders, and can even be fatal. The Center for Disease Control and Prevention has recommended that pregnant women who have recently visited infected areas see a doctor.

In some Latin American countries, women are being told to avoid having kids, though birth control and abortions are inaccessible to many.

However, some in the U.S. think the seriousness of the outbreak as portrayed in the media is overstated. Senior Lizzie Downing says, “The virus is obviously very serious, but I do think the media spins the story to make us all scared. We shouldn’t let our fear overwhelm us, or prevent us from helping places like Latin America where the outbreak is more threatening.”

12 TO 15 YEARS OLD MALES!

EARN CASH BY PARTICIPATING IN RESEARCH AT HARVARD!

Choose from different studies where you can:

- Play computer games alone or with your friend
- Do an MRI scan and get a picture of your brain
- Answer surveys about how you think and feel

INTERESTED? CONTACT US!

ANDL@WJH.HARVARD.EDU | 617-496-5447

Learn more at <http://andl.wjh.harvard.edu!>

PARTICIPATION IS VOLUNTARY AND PARENT PERMISSION IS REQUIRED.
*ALL RESEARCH TAKES PLACE UNDER THE SUPERVISION OF PROFESSOR LEAN SOMMERVILLE
AFFECTIVE NEUROSCIENCE & DEVELOPMENT LAB AT THE HARVARD UNIVERSITY DEPARTMENT OF PSYCHOLOGY
82 OXFORD ST. CAMBRIDGE, MA 02138



Lottos Fill Coffers, Sow Controversy

By
Sophie Harrington
Register Forum Contributor

On Wednesday, January 13, 2016, three ticket holders from three different states—California, Florida, and Tennessee—all won the \$1.6 billion powerball jackpot, the largest jackpot prize in the history of the lottery. Winners beat 1-in-292 million odds, but the real winners are supposed to be education, crime control, and environmental protection—the projects states respectively chose to direct their funds to. To some people, like junior, Sophie Mark-Ng, “the whole idea of the lottery is flawed because it ends up taking much more money away from the people who need the money most.”

In a recently conducted *Register Forum* survey, 52 students were surveyed and asked a series of six questions regarding their thoughts and knowledge

about the lottery. Out of the 52 people surveyed, 67% responded that they thought poor people were the income class most likely to play the lottery.

The government does not allocate more money, so changes in program budgets, like public schools, have not been raised due to the lottery. In fact, 65% of CRLS students surveyed think that the government should not sponsor a lottery, and sophomore Freddie Gould comments, “the government should look for other ways to get revenue.”

Many studies have shown that in fact low-income Americans account for most of the sales, and most of the sales take place in the poorer areas. Senior Ophir Danenberg states, “[the lottery] encourages people to spend their money, [who are often] the people that don’t have lots of money. [So they] try to win, but are the ones that can’t afford to buy all those tickets.”

The chance of someone winning a single lottery is typically around 1-in-175 million; clearly the odds are stacked strongly against them. For every dollar spent on a lottery ticket, players lose an average of 47 cents. This results in tickets having an implicit tax of 38%. In 2015, only fourteen Americans won the Powerball prize, which means that the government “targets lower income people, inducing hope to become wealthy. No matter how that money is redistributed, the poor stay poor, while the wealthy get richer,” commented sophomore Atticus Olivet.

The truth about lotteries is that they disproportionately appeal to and therefore exploit poor people. Ticket buying represents a greater portion of the income of a poor person than a rich person and punitively taxes the poor and the uneducated who are the most avid buyers. In Massachusetts in 2003, the state with the most popular lottery, an-



Three people will split the \$1.6 billion Powerball jackpot.
Photo Credit: Powerball

nual ticket sales amounted to \$663 per citizen. Reliant on the revenue gained from the lottery, the government becomes dependent on poor people, who are 25% more likely than other classes to play the lottery when in search of money, according to BussinessInsider.com.

As of 2012, 44 districts in the United States, including the District of Columbia, participate in the Powerball. Some states put money gained in the state’s general fund, but many states target

a particular purpose, especially education.

However, legislatures in many states decided that the funds gained from the lottery would not be used as additional revenue for schools, but rather replace the lottery money with the money they would normally have to spend.

In a study completed by ThinkProgress.com, “non lottery states spend 10% more of their funds on education than lottery states.”

Cambridge Rindge and Latin Weighs in on Minimum Wage

By
Mateo Mariscal
Register Forum Contributor

With the 2016 presidential campaign well underway, the minimum wage has become a central national debate.

Of 56 CRLS students surveyed, most agreed that the government should enforce a minimum wage such that full-time workers can get by and support a family. According to senior Julian Bailey, “People wake up and work their tails off for their families and still don’t get the money they deserve.”

Junior Catie Eiref agrees the minimum wage should be a living wage but cautions raising it too high as it may “deter small businesses from hiring as many workers.”

She adds, “the cost of living varies by state, so wages should be adjusted accordingly.”

In Mississippi, the median hourly wage is \$13.79, while in our state, Massachusetts, the median is \$21.48. So an approach that takes cost of living into account may be best.

According to the Center for Economic and Policy Research, if the minimum wage kept up with worker’s productivity it would have reached \$21.72 an hour in 2012.

Senior Yanka Petri says, “nowadays people need more money to survive”, and many others agreed—believing prices are going up, while

wages remain stagnant.

Countering those who believe raising the minimum wage would raise unemployment, Senior Liam Reilly explains, “When the minimum wage is increased, low wage workers have increased economic activity and overtime small businesses gain more revenue—making them able to hire more workers.” The key here is overtime, or after the market adjusts.

CRLS students who have held jobs report on average being paid \$9.58 per hour, and on average believed the minimum wage should be set at \$11.06 per hour.

This came as a shock considering how survey respondents believed the minimum wage should be a livable wage. Students may have estimated a salary they could live off of, but not taken into account adults with a family and monthly bills that must also live off of minimum wage.

Many believe corporations need to pay their fair share. Freshman Annamira O’Toule raises another important issue, “when workers are underpaid, the government ends up subsidizing their salary through welfare programs.” In fact, this costs taxpayers \$153 billion a year. People who work full-time should be paid fairly and not need government assistance.

There is a widely held feeling that greedy corporations are purposely paying employees as little as



Citizens in California protest the minimum wage.
Photo Credit: The Libertarian Republic

possible and sometimes lobbying to keep wages low.

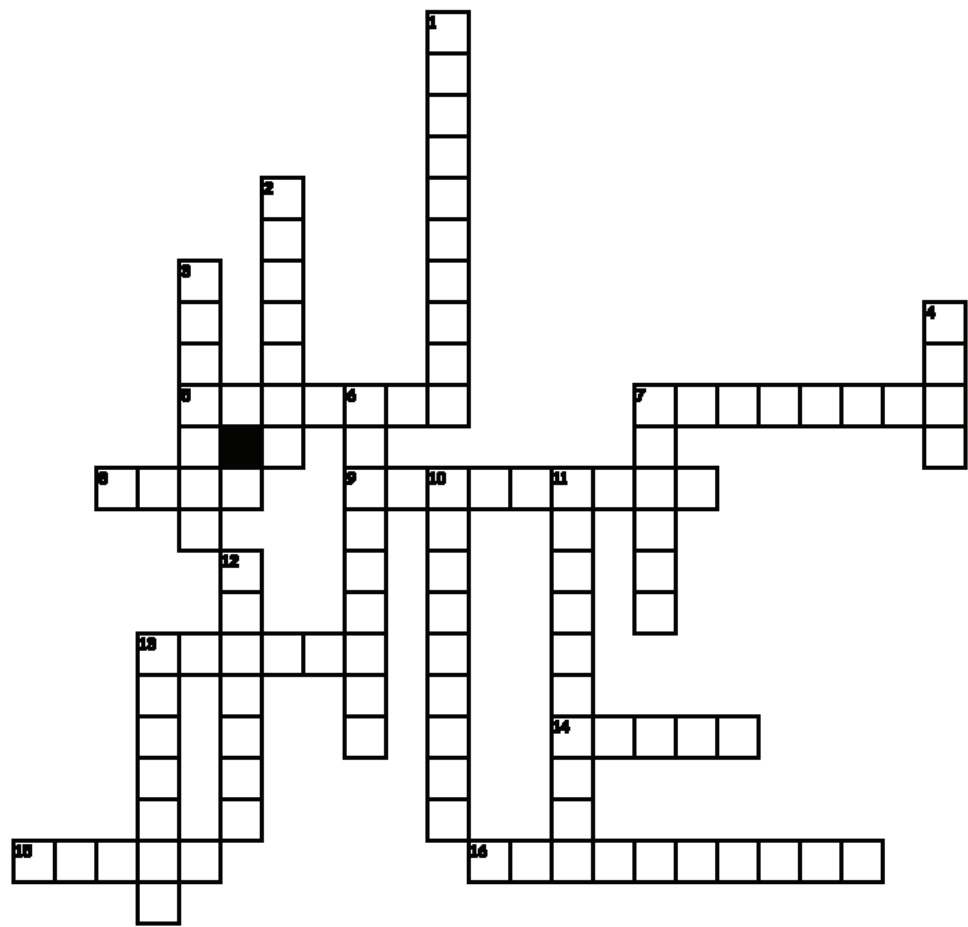
However, it is important to find a solution that is best for both low-wage workers and employers,

as raising wages too high can lead to smaller business failures.

At Rindge, support for a living wage is strong, it is just a matter of determining the right wage.

13. Detroit	16. Valentines
12. Sanders	15. Davis
11. Basketball	14. Block
10. Wrestling	13. Donuts
7. Hyton	9. Powerball
6. McPherson	8. Ball
4. Zika	7. Homework
3. Trumble	5. Minimum
2. Wayland	
1. Journalism	
DOWN	ACROSS
FALCON CROSSWORD PUZZLE ANSWER	

Falcon Crossword



Crossword created with Discovery Education Puzzlemaker

Answers on Page 13

Editorial Note: *The following are works of EDITORIAL SATIRE and do not represent the views of*The Register Forum

NEXT MONTH’S HEADLINES

Student Receives 10 Day Suspension, Expulsion Hearing after Leaving via Side Door



ESPN Reports Cam Newton Never Dabbed, Just Had a Really Bad Cough

White Vans on Students Named Daniel Judged “Material and Substantial Disruption” under Tinker v. Des Moines



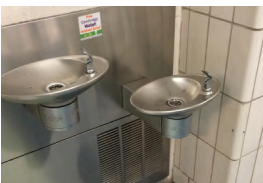
NowThis Elections Issues Surprise Endorsement of Sen. Ted Cruz

Teacher Excited to Teach Class with 24 Second-Semester Seniors



National Institutes of Health Cite 17 CRLS Statistics Surveys in New Sleep Guidelines

NEASC Awards CRLS Blue-Ribbon Recognition for Excellence in Water Pressure



Freddy the Falcon Placed on Endangered Species List After R-O-W-D-Y Fans Destroy Habitat

By Rafael Goldstein, Ross Baker, Cameron Lane-Flehinger, and Will MacArthur

ACROSS

- 5. \$21.48
- 7. 70% of students believe this causes stress
- 8. \$40 at the door
- 9. 44 districts participate
- 13. Album released 3 days before death
- 14. CRLS schedule
- 15. CRLS AVID coordinator
- 16. Singing

DOWN

- 1. Sign up for this!
- 2. Girls Hockey 3-2 defeat against
- 3. Fencing athlete of season
- 4. Discovered in 1947
- 6. Artist of month
- 7. Teacher Spotlight
- 10. Toru Goto plays for this team
- 11. Yet to lose in DCL this year
- 12. Voted against Iraq war
- 13. J Dilla grew up here

Opposing Viewpoints, Key Issues

March Is the Worst

By
Will MacArthur
Register Forum Contributor



It comes in like a lion and goes out like a lamb, but in the middle comes 31 days of slush, almost five weeks of school uninterrupted by holidays, MCAS tests for sophomores, and dicey weather that is most analogous to a wet cat that is simply unhappy to be alive. April showers bring May flowers, but March sleet brings nothing.

Even March Madness, the month’s one saving grace, hits its thrilling peak

not in March, but on April 2nd with the national semi-final and April 4th with the championship.

You should beware the Ides of March, since the day portends another sixteen days of staring listlessly into the slate-gray sky, hoping for a sun that won’t come out until the month returns to the depths of human misery from whence it came.

March Is the Best

By
Rafael Goldstein
Register Forum Editor

It is a beautiful 60 degree day, the birds are chirping, and after a dreadful cold and dark February there is finally some sun. It must be March! For starters, March is more than just a month, it’s a verb. It is the type of word that just sounds better when you scream it. MARCH!

March is a month in which time out of school is truly maximized. During the week of the 21st, there are three early release days in a row due to MCAS (sor-

ry sophomores) capped off with a full day off thanks to Good Friday. The magnificent holidays do not end there. Aside from March Madness’ exciting games, March blesses us all with International Waffle Day (who doesn’t like waffles), Pi Day, and St. Patrick’s Day. March is also National Women’s month. What an exciting 31 days!

March’s weather is transitional. Like a chick peaking out of its shell, March is an adorable time of awakening and rebirth. And who doesn’t love an adorable little chick? I know I do.



THE REGISTER FORUM
ATHLETES OF THE SEASON



As the winter season draws to a close, the *Register Forum* has gathered nominations for an “Athlete of the Season” from each sports team. Below are profiles of the athletes who were nominated by a teammate or coach along with comments from the nominators about the selected athlete.

KATELIN MCCALLUM
GIRLS HOCKEY, CLASS OF 2016



“Katelin has been with the team all four years. She pushes not only herself but others on the team to improve every practice and game. She’s a great leader and we’re going to miss her next season. She also has nice dangles.”
–Adrienne Ashe



ZACH ALVES
BOYS HOCKEY, CLASS OF 2016



“Zach works harder than anyone else every day, he is willing to put down his body for the team and he is always there to lift up his teammates when they need help.”
–Gabriel Lubbock



PILLI CRUZ-DEJESUS
BOYS TRACK, CLASS OF 2018



“The tenacity that Pilli showed wire to wire every time he toed the line ended all of our meets on a high note. With Pilli as their MVP, JV must stand for jet velocity. He’s my hero.”
–Will MacArthur

JULIA NAGANUMA-CARRERAS
GIRLS TRACK, CLASS OF 2018



“Julia has a positive attitude and is very committed to the team. She pushed herself at every meet this year and always gave her all.”
–Nina Katz-Christie

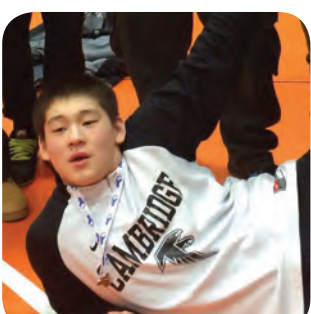
TAM WATZMAN
GYMNASTICS, CLASS OF 2019



“Tam is one of the hardest workers on our team, she always comes to practice ready to work and she puts in 100 percent effort. Tam is a great team player and always helps when another member on the team is struggling with a skill.”
–Maroua Ouadani



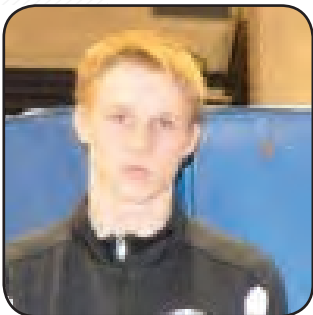
TORU GOTO
WRESTLING, CLASS OF 2017



“Toru deserves to be the athlete of the season because he is a great leader that leads by example and he has had a great season so far. He’s a great wrestler, he’s consistently getting better, and he’s always working hard.”
–JaNoah Daley and Markus McGuffie

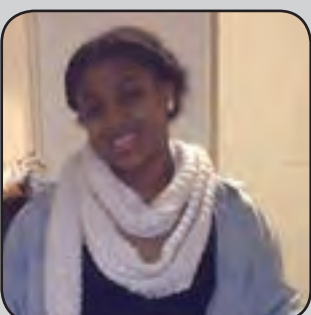


LIAM POTTER
BOYS BASKETBALL, CLASS OF 2016



“Liam is our guy. He’s been in the program for four years and this is his first year on varsity. He might not play the most but he competes hard in practice, plays hard, and never complains about a thing.”
–Jakigh Dottin

SARAH DAVIS-DANIELS
GIRLS BASKETBALL, CLASS OF 2016



“Sarah works hard in practice everyday, she pushes her teammates to be better players everyday. She always comes in clutch when we need her. She has a lot of heart for the game and that’s one thing I really do admire about her.”
–Yuleska Ramirez

SOPHIE MARK-NG
GIRLS SWIM & DIVE, CLASS OF 2017



“Sophie is so dedicated to the sport of swimming, as well as always maintaining a strong and positive attitude. She’s always the first one in the pool (literally), and she works hard at everything she does in and out of the pool.”
–Clare McDermott



BENNO KRAEHE
BOYS SWIM & DIVE, CLASS OF 2016



“Benno works hard at practice and is very committed. He is also the heart of the energy and positive spirit of the team and is very encouraging to so many people.”
–Raina Williams



ISABELA TRUMBLE
FENCING, CLASS OF 2016



“Isa is a senior captain on the team and she really lives up to that title. She makes sure everyone is accountable and on top of practices and competitions. She really unites the team but also brings her own talent and spirit at the same time.”
–Emma Harris

CRLS SPRING SPORTS

Coming off of a strong season of national qualifiers, league championships, and state tournament bids, the Falcons will finish the year strong with nine spring sports. Get ready to support and try see them all!

- | | |
|------------------------------|------------------------------|
| Baseball: St. Peter’s Field | Sailing: Community Boating |
| Crew: Charles River | Softball: St. Peter’s Field |
| Boys Lacrosse: Russell Field | Tennis: Pemberton St. Courts |
| Girls Lacrosse: Danehy Park | Track and Field: Danehy Park |
| Club Rugby: Russell Field | Boys Volleyball: Main Gym |

CRLS Falcons Head to Playoffs

Athletics Enjoy Great Success During Winter Season

By
Lucas Raagas
Register Forum Editor

As the 2015-16 winter season comes to an end, the second season in the DCL for most CRLS sports, ten of the twelve teams have qualified for the state tournament.

In boys and girls basketball and boys hockey, the entire varsity team will enter the tournament in early March, while wrestling, diving, fencing, (boys and girls) track, and swimming

have already had representatives from their teams participate in their state tournaments.

The winter season turned out to be quite a historic one for the swim team with multiple school records being broken. Senior Jonah Neugeboren broke his own record for the 500 freestyle with a time of 4:48, and two girls swimming relay teams broke the school record for the 200 (Clare McDermott, Sophie Mark Ng, Jackie Park, Miya Duffy) and 400 meter free-

style relays (Sophie Mark Ng, Raina Williams, Clare McDermott, and Jackie Park).

“It shows how the drive and determination we showed as a team really paid off in our times,” said senior girls swim team captain Clare McDermott. “To me, it’s the best way to be remembered at CRLS.”

The boys basketball team has also been making some significant noise as they are ranked No. 2 in the state by ESPN, and No. 1 by the Boston Globe with a record of 19-1. According to ESPN, junior captain Jakigh Dottin is starting to become a legitimate “Mr. Basketball” contender for the state of Massachusetts.

The boys hockey team also made a remarkable turnaround this year, with a record of 12-7-1, a Dual County League championship, and a spot in the state tournament. This is the first time the boys hockey team has made it in the state tournament in eleven years.

Junior goalie Trevor Daniliuk said, “Cambridge Hockey is finally back and it’s a great feeling...it will



The girls swim team broke school records for two relays in 2015-16.
Photo Credit: Clare McDermott

be a very stable program for the years to come and it’s cool to see the start of it.”

Both track teams had strong representation at the state tournament and had multiple runners make it to all-states for a variety of events from shotput to the 4x800m relay. Esu Alemseged and Brianna Duncan will both be participating in nationals. Duncan is ranked No. 3 in the nation for the long jump and No. 8 for the 55m, and Alemseged is ranked No. 10 in the nation for the 1000m.

The wrestling team also had a notable season with four wrestlers headed to the state tournament. Senior captain Markus McGuffie posted the best regu-

lar season record in school history with a record 28 wins, beating the previous record of 26.

“Long after I leave people will remember me,” said McGuffie. “I’ve always wanted to leave some type of legacy behind when I leave and I give my team a record they will strive to beat.”

This winter season has been full of new records, exciting state tournament qualifications, and overall remarkable success. Ten out of twelve teams securing a spot in the state tournament this season is a tough act to follow for the spring season, but luckily athletic excellence has never been a rarity at CRLS.



Jakigh Dottin runs down the court in Al Coccoluto gymnasium.
Photo Credit: Leon Lashley

Girls Hockey Perseveres

By
Rosa Munson-Blatt
Register Forum Contributor

As the winter season comes to an end, here is a closer look at the Girls Varsity Hockey team and their perseverance through a tough season.

The girls hockey team is a combination of players from Cambridge and Somerville High School. The Senior Night, held on February 10th, saw the team bidding adieu to their only senior and captain Katelyn McCallum.

Helmed by co-captains McCallum and junior Adrienne Ashe, and coached by Katelyn Greene, the team has faced significant adversity in the extremely difficult Dual County League, which includes statewide ranked teams such as Lexington and Waltham.

However, even in some of their losses against the dominant Dual County teams there have been some close games, such as the 3-2 defeat to Wayland. The spirit of the team has not been deterred as junior Grace Toner explains, “We all love

to play and the fact that we have improved throughout the season, even though the record doesn’t reflect it, is enough to keep us going.”

As with any CRLS team the camaraderie is evident. Goalie and junior Bella Jaffe highlights the benefits beyond the rink, “I appreciate spending time with the girls hockey team because there are many people I doubt I would know or be friends with if we didn’t share this love. My teammates never bring me down, they make me laugh and strive to play better than I think I can.”

Women’s hockey has faced immense challenges having only just earned a professional league, the Women’s Hockey League, in 2015. Of the four teams in the league featured, there is Boston Pride, which plays at the Bright Hockey Center in Allston.

While this is an exciting step it is important to continue to give support to both the league and CRLS’ own team. The future of the CRLS team is at risk due to a dwindling number of players trying out for the team. Now that there is a professional women’s league for athletes to work



The girl’s hockey team played Haverhill on February 10th for their Senior Night.
Photo Credit: Cameron Lane-Fleehinger

towards, fans may be interested in watching players who could be the future of the sport.

Junior Bella Corcione believes “It’s important to support the girls

hockey team because although it’s not a huge sport at the school it’s a really huge sport for everyone that plays it. I’m excited to see what’s coming up in the next couple years.”