REGISTER FORUM

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Cambridge Rindge and Latin School

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Principles for a New Principal

Students Voice Their Input During Discussion with Superintendent

> Bersabell Yeshitla Register Forum Editor

On Monday, January 30th, around fifty CRLS students involved in either STARs, MSAN, or Student Government met in the Fitzgerald auditorium with Superintendent Jeff Young and Executive Director of Cambridge Public Schools Human Resources Barbara Allen to contribute to the search for a new principal.

Before starting the forum where students had the opportunity to communicate the qualities that they're looking for in the permanent school director, both Young and Allen made sure to express the significance of getting various opinions.

"A principal is an educational leader with a broad job. They need to set the vision and the direction of the school," conveyed Allen. In search for a permanent principal, personal and professional attributes were both repeatedly mentioned as important.

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Superintendent Jeff Young discusses with CRLS students the qualities they would like to see in the new principal during a conference in the school auditorium. Photo Credit: Larry Aaronson

CSV Catapults CRLS Seniors to College

Seniors Offer Advice on College Process; CSV Tutors Offer Support

By Gabriel Sánchez Register Forum Editor

Seniors have worked hard to finish their college applications to meet the January 1st deadline. While many deadlines are still approaching in February, March, and beyond, many seniors are currently waiting for responses from their top choices. But what were on seniors' minds as they were applying during this stressful time?

While seniors spoke of different aspects of the process, one that was frequently mentioned was the stress that comes with choosing a college. This can be stressful because seniors vary in how many schools



The Cambridge School Volunteers (CSV) has helped Keely Curliss through the college process. The group meets in the CCRC on Wednesdays, from 2:30 to 4:30. Photo Credit: Laura Margosian

niors are applying to a few schools, while others are applying to more than ten.

Brianna Davis, a senior who is applying to

they apply to. Some se- 16 schools, explained the stress of the process, "Now that I've submitted some applications I feel extremely

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Cigarettes at CRLS

Students Reflect on the Dangers of Smoking

"Every day, 6,000

cigarette."

By Leah Cohen Register Forum Correspondent

One out of every five deaths in the United States each year can be traced back to smoking. This massive number does not come as a shock to most people;

it is common knowledge that smoking has been linked cancer, and

that smokers are, on average, in worse health. However, in a 2010 survey, 12% of Rindge students revealed that they had smoked in the last month.

Although American smoking rates have dropped from 50% in 1950 to 20% today, over 800,000 teens still start smoking every year. Why?

Peer pressure to smoke is very real. Many teens may start smoking because of the desire to fit in or make friends.

One Rindge student

admitted, "Last April minors try their first I started smoking and at first it was more

> of a social thing. If anyone else was smoking, I would also, but slowly I started smoking more and more."

Teenagers may also turn to cigarettes to relieve

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Hope Springs Eternal?

CRLS Students Reflect on Obama Administration's Re-election Campaign

By Leo Weissburg Register Forum Editor

With the 2012 election season well underway, everyone seems to be focusing on the Republican primaries. It's easy to forget that in just eight months, the general election will be held. Even as the incumbent, President Barack Obama faces a much steeper challenge than he did in 2008.

Try to take yourself back to 2008. Let me

help you out: The D a r k Knight grosses over a billion dollars. Indiana J o n e s

"Support was pretty unanimous. People were really enthusiastic about him. The idea that he wasn't awesome just didn't exist."

and the Kingdom of the Crystal Skull disappoints diehard fans. China hosts the Summer Olympic Games. Most important of all, a fresh new face, in the form of an inspiring young senator from Illinois, stepped into the national spotlight.

Barack Obama's entire campaign strategy was summarized in two simple words: "hope,"

and "change." He capitalized on his newness. No one seemed to know much about Obama. The fact that Obama's background had not yet been combed through and examined by the American people served to be both a powerful strength and a significant weakness.

Obama was an outsider, a youthful community organizer untainted by the cynicism and corruption of Washington. However, opponents were able to say anything, invent any rumor,

- and highlight any questionable detail with little public resistance.

Viral

e m a i l s published in 2008 suggested that he was secretly a Muslim. Websites like World Net Daily continue to question his citizenship. Said Senior Kira Gale, "Even though I don't support Obama, I think that the personal attacks were pretty ridiculous."

Obama presented a blank slate, onto which Americans projected their



Photo Credit: United Press International

every desire and dream. His record was limited, but Americans assumed that he would be able to fix all of their burgeoning problems.

Young Americans were particularly supportive of Obama. CNN exit polls showed that they had favored Obama by thirty-four percent. Obama led by an average of six percent in polls conducted by Rasmussen Reporting, Gallup, and NBC News.

As the only public high school in what may be the most liberal city in the nation, Rindge and Latin was flush with support. Said Senior Turney Mckee, "Support was pretty unanimous. People were really

enthusiastic about him. The idea that he wasn't awesome just didn't exist."

The adulation was so clear that the Global Language Monitor, an organization devoted to maintain a comprehensive dictionary, officially recognized a word to define it: Obamamania.

In 2008, one thing was clear. Americans wanted change. Eight years of the George W. Bush administration and eight years of constant war overseas had made the American people weary. They wanted something else. Anything else. Senior Aidan Dunbar commented on the situation: "People definitely wanted change, I mean, that's

what Obama ran on. Just that one word: change." Obama was elected by a wide seven percent margin.

This election year, Obama will have very little of that support. He has been reduced from an image, and ideal of the perfect liberal president, to merely a man. He has limits, and we have seen them. He has flaws, and we have recognized them. He is no longer full of the infinite potential we saw four years ago.

Although he won handily in 2008, the president will face an uphill battle in this year's election, whether he faces Romney, Gingrich, Paul, or Santorum in the general election.

A Habitat for Humanity

New Club at CRLS To Build Homes for the Homeless

By Kevin Xiong Register Forum Editor

The Habitat for Humanity Club, a new CRLS club started by two juniors, has been planning fundraisers since November in hopes of raising \$750 to travel to Boston and participate in building a house for a homeless family in April 2012.

Within the first two months of its launch, the student-led group quickly attracted over 40 volunteers, who range from CRLS freshmen to seniors. The club's most recent fundraiser, a Lunar New Year lunch sale, was a huge success.

The club is partnered with Habitat for



The Habitat for Humanity Club meets on Mondays in Ms. Weisbart's room (1609). Photo Credit: Larry Aaronson

Humanity International, a non-profit organization that aims to provide families of all backgrounds, races, and religions with a place to live. To this date, Habitat has provided over 400,000 families with housing.

If you are interested in organizing fun-

draisers, earning community service hours, and giving back to the community, join the Habitat for Humanity Club! Contact Kevin Xiong or Alex Kirby via FirstClass, or visit the club's Facebook group. The club meets on Mondays after school in Ms. Weisbart's room (room 1609).

AROUND SCHOOL

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Students expressing their views on the role of a principal An instructional and operational leader for the school that can promote academic excellence along with support of the CRLS community is a common goal for all across the Cambridge Public School District.

Superintendent Young expressed that an ideal principal should be able to take on the responsibilities of "management and leadership." Young added, "A principal must know how to balance doing the right things with doing things right."

Though the forum was designed to allow the Superintendent to gain input from CRLS students about what they are looking for in a principal, some students seemed to focus on school wide issues.

The students communicated that school spirit and the achievement gap were all issues that needed to be tackled.

When asked what students wanted out of a principal, Student Body Vice President Aidan Dunbar expressed, "He or she needs to act in the best interest of the students. They need to be open-minded and willing to take risks."

Although some students found it difficult to stay away from being bias, they were able to express that the chosen principal should continue to focus on enforcing the school motto of Opportunity, Diversity, and Respect.

Students expressed that they would like to see the permanent principal lead the school in moving forward while understanding and maintaining the student perspective. They explained their concerns regarding deans following the same standards. Students also expressed their disapproval of the AVF policy and its "ineffectiveness."

"We need a principal with experience who will branch out to the CRLS community while staying future oriented," further explained junior Alejandra Villatoro.

Although Damon Smith is currently the interim principal and a possible candidate for the permanent principal, there is a traditional and necessary nationwide search.

The Search Advisory Committee, which consists of six CRLS faculty members, four parents, and school representatives Naomi Tsegaye and Grant Baker, will meet regularly adding to the people involved in the process of choosing the new principal. They will be reviewing surveys done by the students of CRLS in addition to screening resumes and interviews spanning from December all the way to the end of the school year for a new principal.

If you are interested in getting your voice heard in the selection process, take the CRLS Community Survey online at cpsd.us and send it to ballen@cpsd.us. Also feel free to contact the school representatives via email at 12ntsegaye@cpsd.us or 11gbaker@cpsd.us.

Although Jeff Young will have the final say in deciding who the principal will be next year, student input on the decision is highly encouraged and will be put into great consideration.

Money Behind the Military

Many CRLS Students Recently Polled Feel Education Funding More Important than Military Programs

By Clay Whitley Register Forum Staff

War is a very profitable business. World War Two made certain companies billions of dollars, and was responsible in part for bringing the United States out of its worst depression in history. President Dwight. D. Eisenhower realized this fact, and cautioned the American people to be careful of the military industrial complex (a term which he coined). He tells us:

less companies were making billions off of war. Lockheed Martin (70% of profits from weapons), Boeing (50% of profits from weapons), Northrop Grumman (75% of profits from weapons), and Raytheon (90% of profits from weapons) are all large players in the game. Naturally, they have everything to gain from warfare.

But where does this money to fund these companies come from? Where could the government possible get half a trillion dollars to pay for tary is doing as a "4", and 98% of all students agree that funding Education is more important than superfluous military programs.

Thalia Cachimuel, a junior said, "I feel like the department of education should have a higher percentage of funding. Making sure our children are educated is far more important than bombing some other country's children".

Junaid Syed, a senior agrees, saying, "In times of war or when there is an immediate threat to

> the US, defense spending can be jus-

"In the "I feel like the department of education counshould have a higher percentage of funding." of

government, we guard against the acquisition of unwarranted influence, whether sought or unsought, by the military industrial complex"

cils

His eerily prophetic words are unheeded though, and the military industrial complex made billions of dollars in profit off of the Cold War. By the time the 1990's rolled around, counta plane? From your wallet. 20% of the national budget goes to defense. The American taxpayer is funding every bullet shot, and every bomb dropped.

The consensus among Rindge students overwhelmingly anti-war it seems. On a scale of 1-10, the average Rindge student rated the job the militified. However, there is no excuse for defense spending to be so high when there is no immediate danger".

There are varying opinions on money and the military, however at the end of the day it is up to us, the citizens, to elect officials who will do the right thing. This year's seniors will have an opportunity to voice their

Are Guns a God-Given Right?

CRLS Voices Opinions on Gun Control and the Right to Bear Arms

ByNatalie Schmitt Register Forum Staff

Gun control is currently one of the most debated issues in America. The United States has been reported to have the highest rate of firearm violence among industrialized nations, with around 30,000 firearm related deaths a year. The United States has some of the most relaxed

gun control laws laws, that greatly affect the

safety of the entire population. It's important to understand the rights entitled to all US citizens, but also how these rights have been manipulated, and what can be done to prevent future tragedies.

Second The Amendment states that: "a well-regulated militia, being necessary to the security of a free state, the right of the people to keep and bear arms shall not be

were first ratified militias were formed for the protection of the citizens, but now we have an organized police force for that exact purpose.

The biggest question up for debate concerning gun control is whether or not the 2nd Amendment "protects a collective or individual right to bear arms." (Dist. of Columbia v. Heller) Pro-Gun activists strongly believe that it is their con- they're going to have this

infringed" When the states Booth, a Senior and budding political activist, when interviewed on the topic said: "If you're putting such powerful things into the hands of kids who really don't know what they're doing and are just trying to act tough and think that a 'big bang' will make them seem tough, then they're going to get into some stuff that they don't even realize they're getting into. And

> huge impact that they don't realize even they have."

"72% of CRLS students surveyed that an individual has the right to own a gun..."

> When asked about their views on gun control, 72% of CRLS students surveved believe that an indi-

vidual has the right to own a gun because it is protected under the 2nd Amendment. Most of those surveyed claimed that one of the major causes for gun violence is the presence of drugs and gangs in urban areas. Rosa

fects on the nation's attitude towards guns on the youth of America. Children who grow up in an environment where guns are frequently used for hunting, self defense, and by street gangs, are more likely to use a gun.

Some say guns are a classic American tradition, and others see them as ticking time bombs being thrown into the hands of the nation's youth.

stitutional right to own a Booth also highlights the efgun and to use it to defend their family and property.

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Panamaniacs!

By John Tournas Register Forum Correspondent

A few weeks ago in the heart of Panama, people from all around the world were tapping their feet and clapping their hands to the sound of sweet, sweet jazz. Musicians were playing at venues throughout Panama City, and jam sessions were swinging long into the night. The sky was blue, and the sea was green, and the city was alive with music. It was the Panama Jazz Festival.

Because of the diligent efforts of Guillermo Nojechowicz, who organized our concerts and fundraisers and helped us jump numerous hurdles in getting the trip approved, a group of six CRLS students/jazz ambassadors (including this Register Forum news correspondent) were fortunate enough to be able to attend and play in this amazing week-long festival. Along with him and us six students, Vice Principal Bobby Tynes and nurse Tracy Rose also came along to chaperone and play with us.

The festival lasted from January 16th to the 22nd, and featured a plethora of musical opportunities. Each day, we would wake up and eat breakfast around 8:00 AM. Then, between breakfast and lunch, we were able to roam free and attend master classes given by students from

Berklee College of Music and the New England Conservatory. These college students would generally talk about the finer points of playing a certain instrument.

We would then break for lunch, and would attending master resume classes or mini-concerts for the rest of the afternoon.

As one might expect when attending a jazz festival, there was always a concert at night, which was this particular news correspondent's favorite part. Wednesday night, the legendary pianist Chucho Valdez played several mind-bogglingly virtuosic solo pieces, as well as several beautiful duets with singer Omara Portuondo. Thursday night, heading the bill was the John think that being somewhere where the type of



CRLS Latin Jazz Ensemble and Vice-Principal Bobby Tynes tear up the stage. Photo Credit: Larry Aaronson

Scofield Trio. John Scofield, a jazz-fusion guitarist led his trio through the entire spectrum of jazz, from classy jazz standards to face-melting fusion! Friday night, perhaps most spectacular of all, was legendary saxophonist Carlos Garnett. Later that night we got to chat with him, and I'll never forget the advice he gave us: "Never let

> drugs, women, or ego get in the way of your playing," then turning to our female flautist Phoebe Rueben, "sorry."

Then at about midnight, we would hit a Jam session at the Hotel Panama, and listen to that until 2 AM.

It is hard to put into words how this trip affected me. There was so much mu-

sic everywhere, and so much positive energy, that I could almost feel my skin soaking it up. I could feel my love of music growing every day.

Senior Alec Arceneaux had similar feelings: "I'd say it [the trip] inspired me to never let music not be a part of my life."

Junior Phoebe Rueben had this to say: "I

music I was playing was so appreciated made me feel like I had a connection to more people around the world, and really reminded me why I love playing so much. On a more social level, I got to meet people with similar interests to my own who live in Panama, and had a chance to talk to them and make friends with them because of it."

One of the things that I was astonished to see was the number of young musicians excited about the music being played. From percussionists to French horn players, many of whom were much younger than me (and better musicians), there was always an excited pair of kids sitting near me at a concert or clinic. It was inspiring to see how positively this festival was affecting the community.

What made this festival so great, I think, was how people could forget the issues and turmoil of everyday life and just play with one another. No one was thinking about anything but music, really. Junior and bassist Tyler O'Keefe put it best: "It made me think about the simpler things in life, like what really makes me happy, and how I don't need expensive things or material things, and I can be happy just doing the things I love to, like play music."

Scholarship Season in Full Swing

Jacob Colbath-Hess Register Forum Editor

Having just submitted their last college applications, CRLS niors may be tempted to heave a sigh of relief, close their eyes, and coast the rest of the way through second semester. their

But what they may not know is that scholarship season is in full swing. It is the other half of the college process: once you get in you have to figure out how to pay for it. The many scholarship application deadlines are fast ap-

Scholarships are an important way for students to help deal with the every increasing cost of college something that can run upward of \$50,000 per year!

Photo Credit: Chris Roderick

Seniors who haven't'

already started the scolarship search are not alone. Augie

Cummings, '12 said, "I probshould've started looking, but I've been focusing on my college applications and finals." But those who haven't

of scholarship opportunities still available. Some seniors, including Fahim Simha have been proactive: "I started researching scholarships during the summer, and I think I've found a cou-

"Everyone should, at the very least, apply for the city of Cambridge scholarship, but more is ideal... you only get out of it what you put in."

> ple I'm going to apply for." Dan Weathersby, a guidance counselor in LC

> S explained how the process works: "There are three types of scholarships:

may have already passed. spair! There are a plethora found online; Regional - er ideas Rindge students can which are listed in a packet we handed out, and local which will be distributed in early February. " Seniors should have gotten a list of possible scholarships in their homeroom,

> with deadlines that range from January 6th to May 1st. Additional copies can

be acquired by asking Ms DiClemente, the school scholarship coordinator.

A full list of scholarship received by past CRLS senior is available on the

proaching, some in fact started yet should not de- National - which can be CRLS website, and for othcheck out www.finaid.org, www.fastweb.org, www. nelliemae.org, www.collegenet.org, and www.collegeboard.com. All of these link are in the scholarship packet, and on Naviance.

> When asked how many scholarship students should try to apply for Mr Weathersby had this to say: "Everyone should at the very least apply for the city of Cambridge scholarship, but more is ideal: its really a very efficient and good use of you time, as far as paying for college goes. But, you only get out of it what you put in."

AROUND SCHOOL

CSV Catapults CRLS Seniors to College

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relieved...even though I've got eleven more to go, it's a huge weight off my shoulders."

"Try to stay stress free," she added, "because nothing else will get done if you get stressed."

For those who have applied early, the experience has been different because of their work earlier in the school year.

Andy Cox, applied to college early and heard back from his top choice, Michigan Tech. "I was probably one of the first in the school to get into college," he commented, "So I get to watch everybody struggle with application deadlines, essays, recommendations, and everything else, and just chuckle because I'm done with all of that already."

One CRLS guidance counselor revealed, "Naviance has made the

process more efficient. Naviance has helped students manage the process better." This same guidance counselor also said that "the most important thing is to do well in school academically, and to get involved in some aspect of school community."

Many things have changed in the college process over these past

generations. Laura
Margosian, a leader of the of the Cambridge School
Volunteers (CSV)
college program,
mentioned, "The college application process is much more competitive than it used to be. Students have a lot more pressure to do well on standardized tests, perform better in classes and be well rounded in their extra curricular activities."

"With college applications more competitive then ever, the college essay has become a distinguishing factor," explained Ms. Margosian. "Although the Common Application makes it easier for students to apply to more schools, there are often multiple supplemental essays required. For many students additional scholarship essays are needed. This can be an overwhelming process and volunteers assist with all the

"Start early! Look at colleges now, and figure out what you want to do for the rest of your life."

phases. Our goal is not just about students producing polished essays but to help them draw out their personal stories and find meaning, develop outlines and action steps, improve grammar comprehension through revisions, and uphold their authentic voice in the their final drafts."

For the students who haven't finished, the CSV

has helped many seniors in different stages of the college process. The CSV tutors include a college and career counselor, parents, a financial aid consultant, grad students, and even an assistant attorney general. The group meets in the CCRC (College and Career Resource Center), and has done everything from helping seniors choose colleges, to brainstorming personal

essay themes, to organizing outlines, to editing drafts, and to looking for financial aid and scholarships.

In fact, several seniors have already been awarded full tuition scholarships. The tutors, who meet at 2:30 to 4:30 on Wednesdays, have helped up to 70 students, as of December. This program will continue to be offered until April as long as there is student attendance. Juniors are also encouraged to participate. The program will conclude with a pre-graduation party

in April 2012.

To all juniors and underclassmen who are tired of listening to teachers telling them to do well in school, listening to seniors who went through this process might give you some insight.

Senior, Alexandros Zervos, who also utilized the CSV College program weekly for mentoring support, advised that while "everybody says they're going to start in the summer, but almost nobody does. However, for those who do, they usually are much less stressed senior year." Another upperclassman, Alex Sender, agreed, and emphasized to "start EARLY!!! Look at colleges now, and figure out what you want to do for the rest of your life."

While technology has helped to change the way college applications are completed, being familiar with the process always makes the experience much easier.



Photo Credit: Larry Aaronson

Ms. Giacchino teaches Latin 1 through AP Latin and is the only Latin teacher at CRLS. She has been a teacher for 21 years. You can contact her via her email, mgiacchino@cpsd.us, or find her in her room, 2321.

By Kevin Xiong Register Forum Editor

RF: Why did you choose to come to CRLS to teach?

MG: The day I visited CRLS, a student started interviewing me, asking me why I wanted to come, what I planned to teach, etc. I realized that coming to CRLS would be fun; the students here are spontaneous and always want to know the "why."

RF: What do you value most in a classroom?

MG: Students who ask good questions. It shows that they're thinking about what's going on and making connections.

RF: Why do you teach Latin?

MG: I love words. I spend a lot of time in Latin classes with students looking at English words

In the Spotlight: Ms. Giacchino

An Interview with CRLS' Only Latin Teacher

that come from Latin, and I'm still always learning new words! Latin is also a really interesting language. Because of its structure, there is a lot of flexibility in how you can write a sentence. It makes reading Latin literature challenging and exciting.

RF: What is palio pecunia?

MG: I start off each year by dividing the class into teams. Teams can earn pecunia (Latin for "money") through sharing accomplishments, exciting news, pity moments, or anything, really! Everyone shares a part of each others' lives, and it connects the students. At the end of the semester, each team uses their pecunia to buy extra points on the final exam.

RF: What inspired you to incorporate palio pecunia into your classes?

MG: Five years ago, I went to a beautiful, close-knit city in Italy called Siena. The lives of the people who live there revolve around the palio, a horse race that happens twice annually. When I was there, I realized that the palio was much more than just a horse race. It was a way of life that formed a deep connection that united the city, and I wanted to bring that into my class-room. Palio pecunia was my way of bringing that connection into my classroom. When students feel like they are part of a community, they enjoy coming to class and are more willing to invest themselves in their work.

RF: What is one thing you'd like all students to take away from your class?

MG: A love of words and a love of learning.

RF: What are you most excited about right now?

MG: In the past two semesters, I've worked with half a dozen seniors doing graduation projects. I am so excited by the limitless possibilities of

these projects, and I'm awestruck by the caliber of work that each of these students has produced. I don't think that there are many large urban public schools that offer their students such an incredible opportunity for independent learning.

RF: What do you consider your greatest achievement?

MG: Getting two full-size chariots for my class.

RF: What is your greatest talent?

MG: Telling stories.

RF: Do you have a personal motto?

MG: Ovid, a Roman poet, once wrote: "Dripping water hollows out stone." Interestingly, the quote comes from a series he wrote for Roman men on how to pick up women, but it's still an amazingly powerful quote, no matter what the context.

RF: What do you think about CRLS?

MG: CRLS is one of the most dynamic and exciting schools I've ever been a part of. I love the broad array of opportunities available to students and the broad variety of students in this school. I also am continually inspired when I hear from students about what they are learning from the great colleagues I work with.



Ms. Giacchino's AP Latin class poses during second period. Photo Credit: Larry Aaronson

AROUND SCHOOL





RINDGE SCHOOL OF TECHNICAL ARTS

The East Cambridge Savings Bank Summer Internship and its role as a CRLS Rindge School of Technical Arts Program

Student tellers in the Bank Operations class work in our school bank for the academic year of 2010-2012. Our branch, open since 1989, is now open every day from 11:08-1:06 in Room R1409.



Jean Ronald Ogando

My name is Jean Ronald Ogando. I am a senior at Cambridge Rindge and Latin. Last summer I joined the internship program at the East Cambridge Savings Bank. This program was really helpful in terms of acquisition of general life skills, because I learned a lot and gained a solid experience. The skills that I have learned are computer skills, customer service and interpersonal skills. The internship showed me how to serve customers as a bank teller.

The internship gave me the opportunity to be in a position to help others. For example, while I was a trainee in the program there was one student who came to the bank to complete a bank transactions, he did not know any English. Being a bank teller who spoke and understood his language, Haitian Creole, I was able to help him complete the transaction. I would definitely recommend the internship to other juniors because it is a wonderful experience that helps students builds life skills such as computer, customer service, and interpersonal skills.



At the end of the summer I had a week of training at the main branch, of the East Cambridge Savings Bank. During the training I learned how serious the bank enforces their security system and punishments.

When it comes to life skills I've learned how to do transactions, like cashing checks, withdrawing, and depositing. These skills will help me in the future if I ever decide that I want to work at a bank. Because having these skills in my resume will show them that I already have experience, and would make training easier.

Also I found the training to be fun at the same time simple because of the students that were in it and our trainers. The CRLS is full of classes that students can take which leads students into leaving their four years of high school with some type of skill(s). I, Naika Clergeau will be leaving the CRLS with banking skills; which will help me in the future when I go off to school for business major.



Faraz Africawala





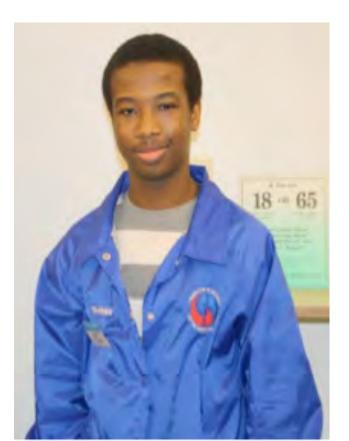
Naika Clergeau

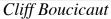
My experience at the ECSB was very challenging. I learned how the bank system works with rules and regulations. They also taught me how to identify the counterfeit checks and fake money.

I also learned that customer privacy should be confidential. I also learned how to be patient with customers. We also practice some good listening skills. The best thing that I liked in training was the dress code which reminds us that we were acting as professionals.

I would recommend this course to juniors because it gives the opportunity to see how banks work in the real world; it also shows the opportunity of gaining jobs in future. At last I would say that this was the best experience of my life and it was very knowledgeable and was also fun.

I was asked by Ms. Desire to join the bank operations course. I had to be trained to be a teller at the East Cambridge Savings Bank. I went to the interview and I got a letter saying that I was accepted. On the first day of training I had mixed feelings. I was feeling excited, nervous and happy at the same time. I met our trainer Lisa Pacheco who was lovely and greeted us very nicely. We had to dress up professionally. That one week of training was very intense, fun and serious. I would recommend this class because it is a new experience, it is fun and it is a step forward to a better job in the future. If I had to take the training again, I would be more than happy to because it was an experience of a lifetime, and I also had a lot of fun. Thank you Lisa Pacheco, Danny Alvarez, and Ms. Desire for this amazing opportunity.









Elisa Miranda

Since I was a child, I wanted to be an accountant, but my mom didn't really support this idea because in Haiti a simple accountant doesn't really make good money. I'm glad and lucky that I had the opportunity to pursue this great experience that changed my life. I would recommend this program to juniors that like to learn not only about bank operations, but about life and anything interesting. Juniors might like to have this experience and see the program for themselves. Learning is fun, so whenever you get the opportunity to have a new experience, you should take it.



Over the week of full time employment, I learned a lot about what life has in store for me. First of all, it gave me a taste of a workplace that requires professionalism, politeness and responsibility. Along with six other CRLS students, I had the opportunity to learn how to be a clerk/teller from Lisa Pacheco and Danny Alvarez, our supervisors. We did mock transactions, and improved our customer service skills. Not only did this show me how it feels to be on the other side of a bank counter, it put me on the path that leads into being a financier, which is my dream profession.

At the end of that week, I knew the parts of a check, security procedures and courtesy in a bank. I really felt like a hardworking adult. Therefore, I recommend this course to juniors so they can also know how it feels. They will know how important it is to be responsible, punctual, and hardworking.



Hadas Gafo





Michael Noelsaint

During my junior year, my business management teacher, Ms. Desire, talked to me about an internship program at East Cambridge Saving Bank. A group of students from Cambridge Rindge and Latin were chosen to take this course. We all went to an interview and eight of us received a letter that says we were accepted to the program. For one week, seven hours a day, we were trained to become a teller/clerk at ECSB. We learned how to be responsible for balancing a cash drawer, accepting deposit, cashing checks, interpersonal skills etc. Becoming a teller thought me how to work on my finance it also gave me an opportunity to get familiar with the business world.

I would recommend this course to any junior who wants to learn about managing money. "Banks usually hire high school graduates. They prefer those who have had some clerical experience. Students can prepare in high school for a job as a teller by taking business math or courses in which they learn to use "Smoking" Cont'd from page 1



Photo Credit: Maha Shahid

stress. Another student confessed, "I was in a stressful relationship at the time, and I started relying on smoking."

For many teens, the line between a cigarette once in a while and an addiction is easy to cross. Once crossed, quitting is not easy. One student, who turned to smoking to relieve stress and depression, admitted, "My parents are pressuring me to quit, and honestly, I don't want to die - I started to like life."

He then explained why quitting is hard: "I have built in routines, like smoking before, during, and after school, and in social situations. Also, I don't want to go through the physical withdrawal." Quitting smoking is more than slapping on a patch- there are still many physical, habitual, and social changes to accommodate. He reflected, "At first, you feel tough and cool and the head rush is amazing. Then, the rush goes away, and you have to smoke to get through the day, or have a cigarette to concentrate. It ends up being a crutch."

Some students do not want to quit right now. "I feel the numerous mental and social benefits of smoking outweigh the negative effects at this point in my life," he revealed. "I find it very therapeutic and relaxing and at certain points of the day I have guaranteed pleasure. But if smoking became something that were to prevent me from doing things that I love to do, then I would quit."

Some students, however, are embarrassed by their habit. One admitted anonymously, "I'm still ashamed of my habit, and that's what's going to make me quit in the end, not scientific proof."

"The damage it does to you is not worth it. There is a vast difference between how I felt as a smoker and how I feel now. Just quit. Don't start."

Every day, 6,000 minors will try their first cigarette. One study showed that of those who become smokers, 95% said they would definitely quit within five years, but 75% were still smoking seven years later.

Though the negative effects of smoking are common knowledge, peer pressure to smoke and glamorized smoking in the media is also common. Teens are impressionable, susceptible to nicotine addiction, and vulnerable to peer pressure. The result: one in five continue to participate in a physically devastating habit.

"The damage it does to you is not worth it," advised Ms. Wegman, a CRLS teacher and former smoker. "There is a vast difference between how I felt as a smoker and how I feel now. Just quit. Don't start."

Costa Rica in the House

CRLS Represents Costa Rica in Harvard Model United Nations Conference

By Naomi Tsegaye Register Forum Correspondent

On January 26, 2012, 13 CRLS students went off to participate in the national Harvard Model United Nations (HMUN) conference hosted at the Sheraton Hotel in the Prudential Center. HMUN hosted 2900 students from over 37 countries who participated in 30 committees.

Model UN is an international relations simulation for high school students. It is an opportunity for students to debate issues world leaders face and to respond to these issues by creating resolutions to these global problems. In the conference students regard each other by the countries they rep-

It was evident from the opening ceremony how excited students were to dive into the topics they would be debating and resolving. Students from India, China, England, Bahamas, Azerbaijan and many other countries came ready to get in the role of a delegate for the country they were assigned. CRLS had the honor of representing Costa Rica in 11 of 30 committees.

"Overall, the conference went very well. It was nice meeting so many new faces and getting to see some old ones."

As president of the Model UN club Jordan Smith had a lot to say about the conference.

"Overall, the Conference went very well. It was nice meeting so many new faces and getting to see some old ones. I thought

that as a delegation we did pretty well this year and I look forward to attending the next conference."

Jordan hopes to continue prepar-

"Model UN allowed me to challenge my ideas as an individual and argue what was right for my country. I met people form all over the world."

ing for the next conference, which will be held in New York City. Students who participate in the conference at New York are given the opportunity to go to the United Nations and engage in voting on a resolution for their issue.

Vice President Bersabell Yeshitla enjoyed the conference and what it had to offer. "Model UN allowed me to challenge my ideas as an individual and argue what was right for my country. I met people from all over the world everywhere from Hong Kong to the Bahamas to the UK."

Similarly Talia Kudan was happy to share that, "It was really exciting to meet people from around the world with a common passion of global awareness".

As full time advisor of the club for Mr. Kells attended the four day conference with the students checking in and having the opportunity to observe the diverse topics students were asked to resolve. He will continue to advise the club as it is not over yet.

The club meets Mondays after school at 2:40 in Mr. Kells' room.

The ISFC Commemorates Worldwide Holidays

On December 21, 2011, English Language Learners (ELL's), their teachers, and several Deans gathered in the International Student and Family Center in commemoration of various international traditions customarily celebrated in the U.S and throughout the world during the month of December and in the beginning of each New Year. Specifically designed for the occasion, two giant cakes and other delicious goodies were very much part of the event. Everyone who responded to the invitation savored some large

pieces of the cakes, and most of all, seemed to have enjoyed the event.



Ms. Rose Mallard and her period 4 ESL 1 students enjoy cake in the ISFC. Photo Credit: Yvon Lamour



Yvon Lamour, Marly Mitchell, and Bernadette Desire. Photo Credit: Yvon Lamour

Changing of the Guard

RF Editors Turn Over Their Colors to New Staff

Gabriel Sanchez Register Forum Editor

This will not be a ceremony with any trumpets or drums. It will not have any bright flags or banners. It will be silent, and more metaphorical.

Starting Tuesday 17th of January, editors Jacob Colbath-Hess, Owen McCartney, Turney McKee, Gabriel Sanchez, and Jortheir duties as editors to the new Journalism 2 class.

The class, which debuted this year, was an experiment that began with a few students who would serve as a full-time editing staff for the school newspaper. The class, which met first-period, did editing, writing, and layout design. In addition to editing pieces written by Journalism 1 students and club corresponpartment.

The Register Forum is the oldest student-run newspaper in the country, but retaining staff has been a recurring issue. The paper is staffed by Journalism classes and members of the journalism club (which meets Thursdays in room 2309). Editors have always been hard to hold on to.

In previous years, volunteers edited the Register Forum on their own time. This became a problem due to lack of staffing towards the end of the year, when senior editors' schedules grew busy. English Language Arts teacher Mr.

dan Smith, will hand over dents, Journalism 2 students wrote articles with topics ranging from the reuniting of all grades at CRLS, Henry Louis Gates Jr. coming to speak, interviews with Superintendent Jeff Young and Interim Principle Damon Smith, to December's Hairspray, put on by the Visual and Performing De-

> Established in 1891 as the C.M.T.S Register Matteo designed this course to teach journalism students

the finer points of making a professional paper. For those interested in joining a Journalism class, the club, or being a correspondent, talk with Mr.

- whether online or in print - The Register Forum will continue to cover the news of our high school. The Register Forum will continue to Matteo (room 2309). While do its best to live up to its' motto: "Listening to every the future of this class is unvoice, printing what you certain, the paper will continue to go on so as long as need to hear." there are dedicated writers,

photographers, and editors.

And of course, as long as

the paper has an audience

REGISTER FORUM

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Faculty Advisor

"Listening to every voice,

printing what you need to hear"



Left to right: Gabriel Sánchez, Mr. Matteo, Jordan Smith, Jacob Colbath-Hess, Turney Mckee. Head in picture: Owen McCartney. Photo Credit: Larry Aaronson

The Register Forum: More than Just a Paper

By Kevin Xiong Register Forum Editor

Although I've always played the role of student writer and club member, today I join five seniors (Isaac Bieber, Samantha Gaudet, Elijah Harris, Leo Weissburg, and Bersabell Yeshitla) in Journalism II, a new course that aims to im-

prove students' journalistic writing skills in addition to introducing the delicate art of formatting and publishing a paper to aspiring journalists. Being a Register Forum editor-in-chief is a prestigious role, and I am honored and humbled to share this title with my five hard-working colleagues.

My path to becoming an editor began with my freshman year at Rindge.

The second week of school, I recall walking into Mr. Matteo's classroom and proposing an idea for an article one controversial policy of the freshman academy that banned students from carrying backpacks into classrooms, hallways, and the cafeteria.

Mr. Matteo, the faculty advisor, gave me the green light for the story and summarized, in one word, the essence of journalism: objectivity. A journalist must report the truth – which is never a single story – and achieve balance in his presentation of evidence. Holding fast to this word, I began my investigations for the article.

I faced incredible difficulty.

As a student in the freshman campus myself, I immediately felt biased against the policy. The students and teachers I interviewed, too, resented the inconvenience of pushing and pulling backpacks into and out of lockers during passing periods. How could I blind my own perspective while creating an objective piece of journalistic writing?

Nevertheless, stubborn little me had set the expectation to start my career in journalism with my best foot forward. I cast my opinions aside and built up the strength to interview Filo-



Top row (left to right): Elijah Harris, Isaac Bierer, Leo Weissburg, Kevin Xiong; bottom row: Samantha Gaudet, Bersabell Yeshitla. Photo Credit: Larry Aaronson

mena "Filo" Silva, the dean who was widely considered the most ardent "enforcer" of the backpack policy. From Filo, I discovered the other side of the story (pardon the cliché); the administrators had their reasoning as well in establishing the policy. The policy was introduced to ensure student safety in the Longfellow's small and inadequately designed classrooms.

My article was, to the best of my ability, objective. Yet after its publication, I received criticism from both sides - many students did not agree with the administrators' reasoning, nor did the staff supporting the policy approve of the student opinions I had shared in the article. I accepted the criticism. I felt that I had uncovered a corner of the greater picture that is journalism: an objective search for and presentation of the truth.

> I've come a long way since my first story. I've learned about the inverted pyramid structure of an article, proper ways to conduct interviews, the tedious process of using InDesign to format a publication, and especially the importance of teamwork and compromise when working with a group of gifted writers and editors. I view *The Register Forum* as much more than a monthly publication. I see it as a child who requires time and care. There's the drafting process: finding a good story, writing a strong lead, the five Ws; followed by the editing process: spelling, grammar, and structural revision; and then there's formatting and publication. Finally, after all those processes, there are the reactions – sometimes a journalist is commended for his efforts, and sometimes he is criticized.

Simultaneously, The Register Forum is like a parent – a wise and caring mentor who never fails to teach her advisees lessons of honesty, objectivity, persistence, and patience.

The Register Forum is the product of a tight-knit family of student correspondents, staff, and editors. Join the family today. Perhaps you, too, will embark on a journey to understand the living and breathing "school newspaper" you hold in your hands.

Meet Your Meat



Photo Credit: Abco Enterprises

By **Keely Curliss** Register Forum Staff

You remember elementary school, walking down the cafeteria line and wondering what that pink "meat" actually was. Or maybe you remember the soggy hamburger patties that were served almost daily in the main cafeteria last year. This "meat" is the product of an industry that feeds millions of Americans.

In 1906 Upton Sinclair published The Jungle, a novel that played a large role in the reform of the food industry. After President Roosevelt read about the unsanitary realities of the meat industry, it inspired him to pass the Food and Drug act. This was the first law governing food safety in America.

our meat industry has changed significantly. Despite these changes, the system still has its flaws. Since 1970, the consumption of chicken alone in America has tripled: as a country we now consume 8.5 million chickens a year. This increased demand necessitated increased supply, and factory farming was born.

Factory farming is a technique used to raise Since The Jungle, animals for meat as rapidly

as possible. It takes an ordinary chicken 70 days to develop into a full size bird, but with hormones and a 24 hour buffet of fattening grain feed available to these birds in the warehouses where they are raised, a chicken can now reach factory standard weight in just 40 days. Cows, which normally develop fully after about 14 months, have been bred, shot up with hormones, and fed a dense diet of corn grain feed so that

meat, companies treat meat with chemicals and additives. In 2010, Taco Bell was sued for abusing meat additives. Their "beef" was found to contain only 35% real beef. Ground beef is one of the most likely carriers of E. Coli bacteria due to its preparation process. As such, factories often treat ground beef with harsh methods such as bleaching to kill off bacteria. Senior Aidan Dunbar commented on the Taco Bell case: "You

"You can call a lot of stuff meat or beef when in actuality it's less than half real beef as shown by the whole Taco Bell incident last year, that seems ridiculous to me."

they reach full size and market weight in just 7 months.

Sara Goldstein, a Junior, noted: "I've read Fast Food Nation, honestly so many more people would be vegetarians if they knew where half their food and meat was actually coming from."

For many, this new style of farming seems practical and efficient. Despite these perceived benefits, it does not come without risk. In order to keep foodborne illness out of our

can call a lot of stuff meat or beef when in actuality its less than half real beef as shown by the whole Taco Bell incident last year, that seems ridiculous to me."

If you are what you eat, then perhaps when eating meat you should go the extra mile to know exactly what it is you are shoving in your mouth. Our new cafeteria now provides recognizable meat dishes, but if you are dining at Angelo's or at Mona Lisa, be wary.

A Blast from the Past: The Local Food Movement

By Mica Agate Register Forum Staff

One could say that the Local Food Movement has been active since the beginning of time, but today we refer to it as a new way to consume food. The concept is to prepare and eat food that comes from your geographic area in order to cut down on one's negative impact on the environment.

These days, when one goes to the average grocery store, they can find clementines from Spain, hamburgers from Texas, and apples from New Zealand. Food is transported by ships, trains, trucks, and planes all emitting CO2 into the environment, contributing to global warming. Some have pledged to take a step towards doing what they can to sustain a more environmentally friendly system known as the Local Food Movement.

People choose to buy local foods to help support small farmers, get better organic food, keep money in the regional economy, or to create stronger connections and relationships in the local community. Jackie Truesdale, a Cambridge resident,

states, "I try to mostly eat community sustained agriculture (CSA). I feel connected to the food. It doesn't come on a plane from Chile and you get a chance to meet the people who grow the food. That is very important to me." The same goes for farmers markets. Individuals turn to farmers markets to meet and interact with the people that harvest their food. This also helps to assure folks that their food is safer and not contaminated with salmonella, e coli, or other dangerous pesticides.

A common asked question is; are there really any negative consequences by transporting food around the globe? In an article published by World Watch Magazine, author Sarah DeWeerdt states, "The impact depends on how the food was transported, not just how far. For example, trains are ten times more efficient at moving freight, ton for ton than trucks are. So you can be eating potatoes trucked in from 100 miles away or potatoes traveling by rail from 1,000 miles away. The greenhouse gas emissions associated with their transport from farm to table would be roughly the same."

Another commonly asked question is; is local food better? Yes, probably—but not in the way many people think. An SUV carrying a tub of organic tomatoes to a local farmers market can be just as harmful as a train caring tons of potatoes from Iowa to the East Coast.

When Cambridge Rindge and Latin student were surveyed about the Local Movement, only 48% of students knew what the term even meant. Many people are not interested in where their food comes from, or simply can't find information about questions they might have.

"Eating is an agricultural act," says Wendell Berry, a poet and activist. In this day and age, when we are becoming more environmentally thoughtful about future generations, it matters not just what we eat but how the food we eat came to be. By returning to our roots we can find a more sustainable way to live and survive on this planet.



Local Produce. Photo Credit: Erika Lehmann

Give Up the Funk!

CRLS Music Performance Club Gives Students the Chance to Express Their Musical Talents

> By Elijah Harris Register Forum Editor

The strumming of the guitar. The banging of the drums. The energy of the vocals. This is just some of what students in the Music Performance Club experience at every practice.

Mondays have taken on a new meaning for these students because, after school ends, it's off to the basement of the Arts Building for them to practice playing music amongst other musicians and learn new songs for school performances.

The Music Performance Club, or MPC, performs at many school events such as concerts, pep rallies, sporting events, etc., and is a chance for students to show their talents and what they're capable of and a chance to gain exposure to the performing world.

Students in the music performance club are: Alec Arceneaux, Elijah Harris, Jamie McCann, Francois Noel, Tyler O'Keefe, Kahlil Oppenheimer, Emily Ronna, and Shoyo Sato. These students were asked the question, "What does music mean to you



Members of the Music Performance Club (left to right): Alec Arceneaux, Kahlil Oppenheimer, Shoyo Sato, Tyler O'Keefe, Jamie McCann, Elijah Harris, Emily Ronna, Francois Noel. Photo Credit: Larry Aaronson

and how does it affect your everyday life?"

Emily Ronna, senior, states that, "I feel Music's more like my identity than a form of expression, if you want to get deep about it." Junior Tyler O'Keefe says, "It makes me feel alive. When an important role in these students' lives, you listen to a song that "hits home" it resonates."

Music doesn't only happen within school clubs though, it plays a big role outside of these MPC isn't the only club out there, there are clubs too. Senior Derek Cafua says, "Music means so much more when played rather than just listened to. Playing an instrument is a completely different story. There's nothing better

than playing the songs you hear everyday on piano, or playing the guitar for the ladies. Mulike I don't know who I am unless I'm performing. sic is essential. If it wasn't for music I'd be lost. Music is my inspiration; music is Life."

> It's pretty obvious that music plays and in the lives of many other students, inside and outside of school programs. And so much more ways to get involved in music within the school and outside of the school that there's no reason why not to get involved.

Will You Be My Valentine?

By Samantha Gaudet Register Forum Editor

Ever since Christmas break ended, all you hear around school or read on Facebook is about Valentine's Day and how CRLS students either are excited, would like a valentine, or hate the whole concept of this holiday.

Every year, right before Valentines Day the CRLS student government offers an array of carnations and teddy bears to

to that send somespecial one, or maybe even your best friend. Regardless of the wide

range of opinions about this holiday, it still is just another day here at CRLS, so dont let it be any different!

What do you think majority of the students and staff members feel about this holiday? Do they think it's a legitimate holiday, or just some random day to give candy and flowers? Everyone is going to have their own opinion, but don't let that change yours.

The history behind Valentines Day is actually pretty interesting. According to one legend, Saint Valentine actually sent the first "valentine" greeting himself. While he was in prison, it's believed that Valentine fell in love with



"Valentines Day is cute! But when you're single, it's just a drag."

a girl who visited him during his time in prison. Before his death, it is said that he wrote her a letter, which he signed "From your Valentine," an expression we are still using today,

During the month of February, retailers and florists get great business due to the substancial amount of customers they recieve. Not only do people go to the

store and see all the items for this holiday, they also watch it on TV with all the commercials or even on the radio, they advertise everything and make sure its out there for everyone to know.

Emmanuella Nunes, a senior, stated that "Valentine's Day is cute when you have a boyfriend or girlfriend, but it shouldn't be the only day you show the person you love that you love them, you should do that regardless."

Jordan-Rodrigues, also a senior, mentions, "Valen-

tines Day is cute! But when you're single, it's just a drag." Although their opinions on this holiday are

very different, students will most likely agree with either.

Whether you think Valentine's Day is cute, stupid, or even pointless. It's still a holiday that a majority of people celebrate.

Don't think just because you don't have a boyfriend or girlfriend your Valentine's Day has to be boring or lame, enjoy it with a good group of friends.

Opportunity - Diversity - Respect

CRLS UNSUNG HEROES

2nd Quarter 2011-2012

Learning Community C

The Unsung Hero

Scarlette Nord – Academic Performance, Respect Alex Eliacin – Most Improved Marcus Faison – Leadership, Citizenship, Respect **Carlos Santos** – Character, Respect

Learning Community R



Elorpheton Deneus – Character, Studentship, Athletics Hubens Cius - Contribution to a positive school climate, Arts Kimberlee Gonsalves-Laro – Citizenship, Athletics and Peer Leadership

Demetrius Brooks – Leadership, Citizenship, Contribution to a positive school climate

Learning Community L

Learning Community S



Marco Pineda-Perlera — Stewardship/Contribution to a positive school climate, Community Service

Betsida Abebe – Citizenship, Community Service **Samantha Sauld** – Academic Performance, Stewardship/Contribution

to a positive school climate Elizabeth Houston- Stewardship/Contribution to a positive school

climate, Academic Performance/Studentship, Character



Eleanor Lieberman- Academics, Leadership, Character and Attendance

Federico Roitman - Contribution to a positive school climate, Character, Academic Performance

Jose Aponte - Academics, Attendance, Character Olivia Harris – Contribution to a positive school climate, Academics

and Character

Sponsored by: Cambridge Rindge and Latin School and

Friends of Cambridge Rindge and Latin School (FOCRLS)

Girls Hockey Team Burnin' Up the Ice

Cambridge Plans on Topping Successes of Last Season

> By Isaac Bierer Register Forum Editor

Five years ago, the CRLS women's hockey team won one single game and lost 19. Since then, they have steadily improved each season. Last year, the team's record was 12-6-2, and they made an appearance in the state tournament. This season, the team hopes to build on last year's performance, and are off to a good start.

With a record of 9-4-1 the girls fully expect to make it to states again.

"I am proud of the teams improvement, and the commitment and the dedication have increased incredible amounts," says nior



cole Giampa who leads the team in goals. "I think our record and effort is showing that."

This season's success is due to the team's depth and the ability of the girls to work together. From seniors down to eighth



Above: Coaches Kevin Mitrano, Katelyn Greene, and Kristin Cokely with the girls hockey Team. Below left and right: action from a game against Masconomet on January 25.

Photo Credit: Larry Aaronson

graders, everyone is a part of this season's wins. Junior goalie Ruby Johnson said that "While we might not have as deep a bench as some other teams, we have three solid lines."

That is not to say that this season has been constantly successful. Accord-

ing to head coach Kevin Mitrano, the team experienced a serious slump before December break. In late December, Cambridge lost 7-2 to Watertown, a team that Mitrano says, was "a team we should have been beating." Cambridge also suffered a loss to Mas-

conomet a few days later. However, Cambridge went

to work in the next month and ended up beating Watertown on the 21st of January and Masconomet on the 25th. Mitrano says that this comeback "says a lot about the girls."

The team has been working very

hard, and this spirit can be seen during their games. Larry Aaronson, who attended a recent game, said "I was just blown away by their stamina, their persistence, and their heart."

Johnson thinks that keeping up the team's record and seeing success in the state tournament



will depend on maintaing a strong mentality as a team. "We can't get cocky," Johnson says. "The teams we will see at states will be a lot better than the teams in our league."

For Mitrano, it's all about hard hard work. "We're focusing on the small battles. If we can win the puck, we can win the period, if we can win the period we can win the game."

Boys Hockey Team Electrifies Fans

Cambridge Working Hard to Put Team on Path of Success

By Turney Mckee Register Forum Editor

Despite their most recent game, a 4-2 loss to Everett, the CRLS Men's Hockey program (4-5) appears poised to do well in the coming weeks. Their

record is substantially better than it has been in previous years, and up until

now they have demonstrated skill that extends past their starting line.

CRLS Senior and Varsity captain Byron Cohen had this to say regarding this year's squad. "This is the best we've played in recent years. Our defensive starters are holding it chapter for the program. down and we have play- Their recent success has ers of a caliber we haven't made the Gore Street Ice seen in ages." Cohen went Rink a destination for Rindon to address two of the key ge students eager to cheer issues that plague our icebound Falcons. "If anything we're having issues when it comes to depth and consistency," says Cohen, "We in Maine, where I'm origi-

haven't seen in ages."

ginning of an exciting new

on the home team. Abby Borron ('14), who attended the most recent home match, explained that "back

nally from, "This is the best we've played in recent every body years...we have players of a caliber we would go and watch hockey

> often play well, but we're caught prone to make unnecessary mistakes." Regardless, morale is high both on the ice and in the locker room. Although the Falcon's lost their most recent game, it did mark the be-

games. I'm glad it's finalon here." The Falcons still have a long season ahead of them, and they fully intend to build on the foundation that they've laid down. For a complete schedule, visit the athletic department section on the CRLS website.

Falcons 2011 Girls Hockey Schedule

2/11	WILMINGTON
2/15	GARDNER/ST BERNARDS
2/19	MARBLEHEAD/SWAMPSCOTT

BURLINGTON

WINTHROP/LYNN



Falcons 2011 Boys Hockey Schedule

2/8 **MINUTEMAN**

2/11 **TYNGSBORO**

2/12 **OBRYANT**

2/20